Daily Activities Schedule Is Subject To Change. Check with concierge for changes that may occur. Concierge- 202-349-3400,

Jordan Asrat ~ Director of Activities ~ 202-660-7881 ~ Email- yasrat1@jhmi.edu

(Please ask your Care Manager if you need a mask) Commons (A) = Movie Side & Commons (B) = Piano Side

Monday, July 31, 2023

❖10:00am The Great American Trivia Quiz *Library

*11:00am Balance and Motion *Commons "Michael Rosengart"

NCSF Certified Personal Trainer. Strength Coach, Prehab Specialist

♦1:30pm The Impressionists

*Commons

Season 1 S1 E3-Painting People

Waldemar continues his investigation of the Impressionists, focusing this time on the people they painted and in particular the subjects of Degas, Caillebotte and the often forgotten Impressionist women artists.

Streaming	Prime Video 59 min
• Year	2011
Director	Waldemar Januszczak
Genres	Documentary
 Subtitles 	English [CC]
Audio	English

♦ 3:00pm Afternoon Social

*Library

♦ 3:30pm Bingo

*Commons (B)

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Tuesday, August 1, 2023

❖10:00am The Great American Trivia Quiz *Library

❖11:00am Tech Support with Jordan & Marco

11:30am – 4:00pm In residents' room. Sign up with Concierge Specify your preferred support time-30 minutes per resident

*11:00am Tai Chi

*Commons

"Edward Pratt"

Edward Pratt is a Tai Chi Chuan and Martial Arts Coach. He has over 30 yrs. of Martial Arts experience and about 15 yrs. of experience in Tai Chi Chuan.

❖ 1:30pm Scenic Van ride (Navy Yard)

Weather Permitting (makeup for last week's cancelation.)

- Sign up with Concierge
- Bus Loading & Departure Schedule
- 1:10pm Wheelchair & Transfer residents Meet in the Bistro @
- 1:20pm -Walk on the bus residents- Meet in the Bistro @ 1:20pm
- 1:25pm Waiting list loading
- 1:30pm Bus will depart To avoid losing your place, please arrive 5 minutes before your scheduled loading time.

♦ 2:00pm Dominos

❖ 3:00pm Afternoon Social *Library

♦ 3:30pm Word find *Commons (B)

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Wednesday, August 2, 2023

❖ 10:00am The Great American Trivia Quiz

*Commons

♦ 11:00am` Seated Exercise with Owen

* Commons

Personal trainer and corrective exercise specialist since 2007 Former professional rugby player. Representing USA at the 2007 rugby World Cup and South Africa in the junior World Cup in 2001.

* 1:30pm "Cool Hand Luke"

*Commons

When Luke Jackson (Paul Newman) is arrested for drunkenly vandalizing parking meters, he is sentenced to serve time on a prison chain gang. Although the warden, guards and prisoners all try to break Luke's spirit, it becomes clear that Luke is not about to play by anyone else's rules.

Streaming Prime Video - 2 h 6 min

• Year 1967

• Directors Stuart Rosenberg

• Starring Paul Newman, George Kennedy, Lou Antonio

• Genres Drama, Bleak.

• Audio English

❖ 3:00pm Afternoon Social

*Library

❖3:30pm Word Find

*Library

❖ 4:30pm COCKTAIL HOUR

*Bistro

6:45pm - 8:00pm

❖Grand Oaks Discussion Group

*Bistro

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Thursday, August 3, 2023

*10:00am Trivia Quiz

*Library

❖ 11:00am Tech Support with Jordan & Marco

11:30am – 4:00pm In residents' room.

Sign up with Concierge

Specify your preferred support time-30 minutes per resident

* 11:00am Tai Chi

*Commons

"Edward Pratt"

Edward Pratt is a Tai Chi Chuan and Martial Arts Coach. He has over 30 yrs. of Martial Arts experience and about 15 yrs. of experience in Tai Chi Chuan.

* 1:30pm Dominos

*Bistro

❖ 3:00pm

Afternoon Social

*Library

❖ 3:30m

Balloon Tennis

* Commons

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Friday, August 4, 2023

❖ 10:00am Trivia Quiz *Library

* 11:00am Seated Exercise Class *Commons(A)

♦ 1:00pm Catholic Mass & Holy Communion *Chapel

Rev. Father (Andy) Gonzalo

Our Lady of Victory Catholic Church

* 3:00pm Afternoon Social *Library

❖ 3:30pm Bingo *Commons

❖ 7:00pm "Cool Hand Luke" *Commons

When Luke Jackson (Paul Newman) is arrested for drunkenly vandalizing parking meters, he is sentenced to serve time on a prison chain gang. Although the warden, guards and prisoners all try to break Luke's spirit, it becomes clear that Luke is not about to play by anyone else's rules.

Streaming Prime Video - 2 h 6 min

• Year 1967

• Directors Stuart Rosenberg

• Starring Paul Newman, George Kennedy, Lou Antonio

• Genres Drama, Bleak.

• Audio English

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Saturday, August 5, 2023

* 10:00am Trivia Quiz

*Library

*11:00am Seated Exercise Class

*Commons (A)

❖ 1:30pm "Cool Hand Luke"

*Commons

When Luke Jackson (Paul Newman) is arrested for drunkenly vandalizing parking meters, he is sentenced to serve time on a prison chain gang. Although the warden, guards and prisoners all try to break Luke's spirit, it becomes clear that Luke is not about to play by anyone else's rules.

Streaming Prime Video - 2 h 6 min

• Year 1967

• Directors Stuart Rosenberg

• Starring Paul Newman, George Kennedy, Lou Antonio

• Genres Drama, Bleak.

• Audio English

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♦ 1:30pm Bridge Club

*Bistro

♦ 2:00p Word find

*Library

* 3:00pm Afternoon Social

*Library

❖ 3:30pm **Dominos**

*Commons (B)

❖ 4:30pm COCKTAIL HOUR

*Bistro

Featuring themed Cocktail & Wine & Beer

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Sunday, August 6, 2023

*10:00am Seated Exercise Class

*Commons (A)

*11:00am Presbyterian Worship Service

*Commons (A)

11:30 am ~ 1:30pm

BRUNCH

IN THE DINING ROOM

*1:30 pm Patrice Bart, Coppélia - Dorothée Gilbert, José Martinez, Mathias *Commons (A)

Premiered in Paris in 1870, and inspired by the fantastical writings of E.T.A Hoffmann, Coppélia tells the story of a young man who falls in love with an exquisite automaton. He is finally brought to his senses by his fiancée. In his production from the magnificent Palais Garnier, choreographer Patrice Bart reveals his interpretation of the ballet.

Streaming: Amazon Prime – 1 h 35 min

Director Vincent Bataillon

Starring Léo Delibes, Patrice Bart, Ezio Toffolutti

Genres Arts, Entertainment, and Culture

Subtitles English [CC]

Audio English

❖ 3:00pm Afternoon Social

*Library

❖ 3:30pm Bingo

*Commons (B)