

OASIS ACTIVITY SCHEDULE

TODAY IS

MONDAY, JULY 17, 2023

10:00am Coffee, Muffins & Armchair Travel

10:30am Noodle Hockey with Balloons

11:00am Sit & Fit with Legacy

11:30am **LUNCH**

1:30pm Arts & Crafts: **Bird Houses Painting**

2:30pm Hors d'oeuvres & Frank Sinatra

3:00pm **BINGO!**

3:30pm Singalong with Susie Q

4:30pm **DINNER!**

Daily Activities Schedule Is Subject To Change

OASIS ACTIVITY SCHEDULE

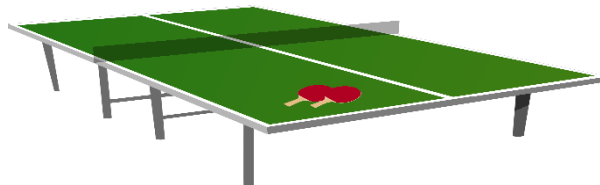
TODAY IS

TUESDAY, JULY 18, 2023

10:00am Coffee, Muffins & Trivia

10:30am **Baking Club**

11:00am Table Tennis



11:30am **LUNCH!**

1:30pm Walking Club

2:30pm Hors d'oeuvres and Glen Miller

3:00pm **Jigsaw Puzzles**

3:30pm Pop Corn and Movie:

“North & South” 2004 (Episode 1)

4:30pm **DINNER!**

Daily Activities Schedule Is Subject To Change

OASIS ACTIVITY SCHEDULE

TODAY IS

WEDNESDAY, JULY 19, 2023

10:00am Coffee, Muffins & Armchair Travel

10:30am **RING TOSS GAME!**



11:00am Balance & Motion with Michael

12:00m **LUNCH!**

1:30pm Spa Session

2:30pm Hors d'oeuvres & Mozart

3:00pm **BINGO!**

3:30pm **French Club (Club François)**

4:00pm **French Flashcards**

4:30pm **DINNER!**

Daily Activities Schedule Is Subject To Change

OASIS ACTIVITY SCHEDULE

TODAY IS

THURSDAY, JULY 20, 2023

10:00am Coffee, Muffins & Trivia

10:30am **Armchair Travel: Peru**

11:00am **Balance & Motion with Michael**

11:30m **LUNCH!**

1:30pm **Scenic Van Ride** (*Weather Permitting*)

2:30pm Putting golf with Care Team

3:00pm Hors d'oeuvres & Music /Care Team

3:45pm **Peru Coloring!**

4:30pm **DINNER!**

Daily Activities Schedule Is Subject To Change

OASIS ACTIVITY SCHEDULE

TODAY IS

FRIDAY, JULY 21, 2023

10:00am Coffee, Muffins & Trivia

10:30am **The Parachute!**

11:00am **Seated Exercises with Alba**

12:00pm to 1:00 pm

LUNCH BUNCH AT Assisted Living Dining Room!

1:00pm **Communion and Prayers**

2:00 pm **Queen's High Tea**



Tea Time

2:30pm Hors d'oeuvres & Andre Rieu

3:00pm **Pleasant face exercises!**

3:30pm Pop Corn & Movie:

“North & South” 2004 (Episode 2)

4:30pm **DINNER!**

Daily Activities Schedule Is Subject To Change

OASIS ACTIVITY SCHEDULE

TODAY IS

SATURDAY, JULY 22, 2023

10:00am Coffee & Muffins with Trivia

10:30am Armchair Travel

11:00am **Balloon Tennis**

11:30am **LUNCH!**

1:30pm Hand Massage

2:30pm Hors d'oeuvres with
50s and 60s Music

3:30pm **BINGO!**

4:30pm **DINNER!**

Daily Activities Schedule Is Subject To Change

OASIS ACTIVITY SCHEDULE

TODAY IS

SUNDAY, JULY 23, 2023

10:00am Coffee, Muffins & Balloon Tennis

10:30am Bible Study & Hymns

11:00am Live Stream – Washington National Cathedral

- Featuring prayers, readings from Holy Scripture, and contemplative music.

11:30m **LUNCH!**

1:30pm Walking Club

2:30pm Hors d'oeuvres with Broadway show tunes

3:30pm **Abstract Art Drawing**

4:30pm **DINNER!**

Daily Activities Schedule Is Subject To Change