

OASIS ACTIVITY SCHEDULE

TODAY IS

MONDAY, JULY 3, 2023

10:00am Coffee, Muffins & Armchair Travel

10:30am Noodle Hockey with Balloons

11:00am Sit & Fit with Legacy

11:30am **LUNCH**

1:30pm Arts & Crafts: **STAR WREATH**

2:30pm Hors d'oeuvres & Frank Sinatra

3:00pm **4th of JULY BINGO!**

3:30pm Pop Corn and Movie:

“Yankee Doodle Dandy” 1942 (1st part)

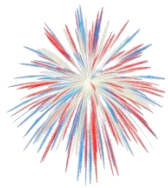
4:30pm **DINNER!**

Daily Activities Schedule Is Subject To Change

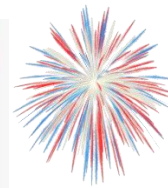
OASIS ACTIVITY SCHEDULE

TODAY IS

TUESDAY, JULY 4, 2023



Happy 4th of July!



10:00am Coffee, Muffins & Trivia

10:30am Baking Club: 4th of JULY CAKE

11:00am Beer Pong



11:30am LUNCH!

1:30pm Walking Club

2:30pm Hors d'oeuvres and Glen Miller

3:00pm 4th of July Word Finder

3:30pm 4th of July Live Music with Jeff

4:30pm DINNER!

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OASIS ACTIVITY SCHEDULE

TODAY IS

WEDNESDAY, JULY 5, 2023

10:00am Coffee, Muffins & Armchair Travel

10:30am **RING TOSS GAME!**



11:00am Balance & Motion with Michael

12:00m **LUNCH!**

1:30pm Spa Session

2:30pm Hors d'oeuvres & Mozart

3:30pm **French Club (Club Français)**

4:00pm **Chef Table French**

4:30pm **DINNER!**

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OASIS ACTIVITY SCHEDULE

TODAY IS

THURSDAY, JULY 6, 2023

10:00am Coffee, Muffins & Trivia

10:30am **BEAN BAG BOWLING!**

11:00am **Balance & Motion with Michael**

11:30m **LUNCH!**

2:00pm **Scenic Van Ride** (*Weather Permitting*)

2:30pm Putting golf with Care Team

3:00pm Hors d'oeuvres & Music /Care Team

3:45pm **Cup stacking competition!**

4:30pm **DINNER!**

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OASIS ACTIVITY SCHEDULE

TODAY IS

FRIDAY, JULY 7, 2023

10:00am Coffee, Muffins & Trivia

10:30am **Balloon Tennis**

11:00am **Seated Exercises**

12:00pm to 1:00 pm

LUNCH BUNCH AT Assisted Living Dining Room!

1:00pm **Communion and Prayers**

2:00 pm **Queen's High Tea**



Tea Time

2:30pm Hors d'oeuvres & Andre Rieu

3:00pm **Pleasant face exercises!**

3:30pm Pop Corn & Movie:

“Yankee Doodle Dandy” 1942(2nd part)

4:30pm **DINNER!**

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OASIS ACTIVITY SCHEDULE

TODAY IS

SATURDAY, JULY 8, 2023

10:00am Coffee & Muffins with Trivia

10:30am Armchair Travel

11:00am **Balloon Tennis**

11:30am **LUNCH!**

1:30pm Hand Massage

2:30pm Hors d'oeuvres with
50s and 60s Music

3:30pm **BINGO!**

4:30pm **DINNER!**

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OASIS ACTIVITY SCHEDULE

TODAY IS

SUNDAY, JULY 9, 2023

10:00am Coffee, Muffins & Balloon Tennis

10:30am Bible Study & Hymns

11:00am Live Stream – Washington National Cathedral

- Featuring prayers, readings from Holy Scripture, and contemplative music.

11:30m BIRTHDAY LUNCH!

2:00pm Walking Club

2:30pm Hors d'oeuvres with Broadway show tunes

3:30pm Abstract Art Drawing

4:30pm DINNER!

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