Daily Activities Schedule Is Subject To Change. Check with concierge for changes that may occur. Concierge- 202-349-3400, Jordan Asrat ~ Director of Activities ~ 202- 660-7881 ~ Email- yasrat1@jhmi.edu (Please ask your Care Manager if you need a mask) Commons (A) = Movie Side & **Commons (B) = Piano Side**

Monday, August 21, 2023

*****10:00am The Great American Trivia Quiz

*****11:00am *Commons **Balance and Motion** "Michael Rosengart"

NCSF Certified Personal Trainer. Strength Coach, Prehab Specialist

"They Shall Not Grow Old" *****1:00pm

Using state-of-the-art technology and materials from the BBC and Imperial War Museum, filmmaker Peter Jackson allows the story of World War I to be told by the men who were there. Life on the front is explored through the voices of the soldiers, who discuss their feelings about the conflict, the food they ate, the friends they made and their dreams of the future.

Streaming	Amazon Prime 1hrs, 39min, ®
• Year	2019
• Director	Peter Jackson
• Starring	Peter Jackson
• Genres	Documentary International
• Subtitles	English
• Audio	English

***** 3:00pm Afternoon Social

♦ 3:30pm Bingo

*Library

*Commons

*Library

*Commons

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Tuesday, August 22, 2023

*****10:00am The Great American Trivia Quiz

*Library

*****11:00am Tech Support with Jordan & Marco

• Sign up with Concierge - 11:30am – 4:00pm In residents' room.

* 11:00am Tai Chi "Edward Pratt" *Commons Edward Pratt is a Tai Chi Chuan and Martial Arts Coach. He has over 30 yrs. of Martial Arts experience and about 15 yrs. of experience in Tai Chi Chuan.

*1:30pm Scenic Van ride (Makeup for last week) (Basilica of the National Shrine of the Immaculate Conception) (This is to make up for last week's missed trip.)

- Weather Permitting (makeup for last week's cancelation.)
- Sign up with Concierge
- Bus Loading & Departure Schedule
 - 1:10pm Wheelchair & Transfer residents Meet in the Bistro @ 1:10pm
 - 1:20pm -Walk on the bus residents- Meet in the Bistro @ 1:20pm
 - 1:25pm Waiting list loading
- **1:30pm** Bus will depart To avoid losing your place, please arrive 5 minutes before your scheduled loading time.

* 2:00pm	Dominos	*Bistro
* 3:00pm	Afternoon Social	*Library
* 3:30pm	Word find With Adela	*Library

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Wednesday, August 23, 2023

*****10:00am The Great American Trivia Quiz

*Commons

*Commons

\$ 11:00am` Seated Exercise with Owen * Commons

Personal trainer and corrective exercise specialist since 2007 Former professional rugby player. Representing USA at the 2007 rugby World Cup and South Africa in the junior World Cup in 2001.

* 1:30pm "Genius"

One day in 1929, a wildly developing book manuscript lands on the table of renowned editor Maxwell Perkins' desk. He realizes that Thomas Wolfe, the author behind the script, is a dazzling talent and develops a close friendship with him.

• <u>Streamin</u>	g Prime Video - 1hr, 43min, PG-2	<u>13</u>	
• Year	2016		
• Directors	Michael Grandage		
• Starring	Starring Nicole Kidman, Colin Firth, Jude Law		
• Genres	Drama, Ambitious, Emotional, H	Drama, Ambitious, Emotional, Heartwarming	
• Audio	English		
* 2:00pm	Cooking Club	*Commons	
(.	<u>Baking Zucchini Brea</u> Join Us for a Delightful Zucchini A Warm Invitation for All R	Bread Delight:	
* 3:00 pm	Afternoon Social	*Library	
*3:30 pm	Word Find	*Library	
* 4:30pm	COCKTAIL HOUR	*Bistro	

Jordan Asi	ctivities Schedule Is Subject To Change. Che changes that may occur. Concierge- 202-34 rat ~ Director of Activities ~ 202- 660-7881 ~ En x your Care Manager if you need a mask) Commo Commons (B) = Piano Side	9-3400, nail- <u>yasrat1@jhmi.edu</u>
	Thursday, August 24, 20	<u>023</u>
* 10:00am	Trivia Mania	*Library
e i	Tech Support with Jordan & Marco with Concierge - 11:30am – 4:00pm In re your preferred support time-30 minutes p	esidents' room.
* 11:00am	Tai Chi	*Commons
	"Edward Pratt" ard Pratt is a Tai Chi Chuan and Martial over 30 yrs. of Martial Arts experience a of experience in Tai Chi Chua	and about 15 yrs.
*1:30pm	Bridge Club	*Bistro
* 2:00pm	Dominos with Adela	*Bistro
* 2:00pm	Creative Arts with Marco	*Commons
*3:00pm	Afternoon Social	*Library
* 3:30m	Balloon Tennis	* Commons

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Friday, August 25, 2023

* 10:00am	Trivia Quiz	*Library
* 11:00am F	Seated Exercise Class Exercise class led by the Legacy Rehab	*Commons Team
* 1:00pm	Catholic Mass & Holy Communion Rev. Father (Andy) Gonzalo Our Lady of Victory Catholic Chu	-
* 2:00opm	Crosswords	*Library
* 3:00pm	Afternoon Social	*Library
* 3:30pm	Bingo	*Commons

* 7:00pm "Genius" *Commons One day in 1929, a wildly developing book manuscript lands on the table of renowned editor Maxwell Perkins' desk. He realizes that Thomas Wolfe, the author behind the script, is a dazzling talent and develops a close friendship with him.

• <u>Streaming</u>	Prime Video - 1hr, 43min, PG-13
• Year	2016
• Directors	Michael Grandage
• Starring	Nicole Kidman, Colin Firth, Jude Law
• Genres	Drama, Ambitious, Emotional, Heartwarming
• Audio	English

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 Jordan Asrat ~ Director of Activities ~ 202- 660-7881 ~ Email- <u>vasrat1@jhmi.edu</u>
 (Please ask your Care Manager if you need a mask) Commons (A) = Movie Side & Commons (B) = Piano Side

Saturday, August 26, 2023

* 10:00am Trivia Quiz

*11:00am Seated Exercise Class

* 1:30pm "Genius"

One day in 1929, a wildly developing book manuscript lands on the table of renowned editor Maxwell Perkins' desk. He realizes that Thomas Wolfe, the author behind the script, is a dazzling talent and develops a close friendship with him.

• <u>Streamin</u>	ng Prime Video - 1hr, 43min, PG-	<u>-13</u>	
• Year	2016		
• Directors	Michael Grandage		
• Starring	Nicole Kidman, Colin Firth, Jud	e Law	
• Genres	Drama, Ambitious, Emotional, Heartwarming		
• Audio	English	-	
* 1:30pm	Bridge Club	*Bistro	
*2:00pm	Dominos	*Bistro	
* 3:00pm	Afternoon Social	*Library	
* 3:30p	Word find	*Library	
* 4:30pm	COCKTAIL HOUR	*Bistro	
Featuring themed Cocktail & Wine & Beer			

*Commons (A)

*Library

*Commons

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Sunday, August 27, 2023

*****10:00am Seated Exercise Class with Marco *Commons

*****11:00am Presbyterian Worship Service

*Commons

<u>11:30 am - 1:30pm</u>

Brunch In the dining room

*1:30 pm "Mozart's Requiem and Symphony No. 40" *Commons Conducted by Music Director Martin Pearlman, Boston Baroque's renowned orchestra and chorus perform three masterpieces by Wolfgang Amadeus Mozart: Symphony No. 40 in G minor, "Exsultate, jubilate" featuring soprano Amanda Forsythe, and the stunning Requiem in D featuring soloists soprano Amanda Forsythe, mezzo-soprano Ann McMahon Quintero, tenor Thomas Cooley, and bass-baritone Kevin Deas.

<u>Streaming: Amazon Prime – 1hr, 38min, (ALL)</u>

**	3:30pm	Bingo	*Commons (B)
*	3:00pm	Afternoon Social	*Library
	• Audio	English	
	• Subtitles	English	
	• Genres	Music Videos and C	Concerts, Arts, Entertainment, & Culture
		Thomas Cooley	
	• Starring	Amanda Forsythe, A	Ann McMahon Quintero,
	• Director	Martin Pearlman, K	athy Wittman and Ball Square Films
	• Year	2017	