

*Daily Activities Schedule Is Subject To Change. Check with concierge for changes that may occur. Concierge- 202-349-3400, Jordan Asrat ~ Director of Activities ~ 202- 660-7881 ~ Email- [yasrat1@jhmi.edu](mailto:yasrat1@jhmi.edu) (Please ask your Care Manager if you need a mask) Commons (A) = Movie Side & Commons (B) = Piano Side*

## **Monday, August 28, 2023**

❖ 10:00am The Great American Trivia Quiz \*Library

❖ 11:00am Balance and Motion \*Commons

### **“Michael Rosengart”**

*NCSF Certified Personal Trainer. Strength Coach, Prehab Specialist*

❖ 1:00pm **“They Shall Not Grow Old”** \*Commons

Using state-of-the-art technology and materials from the BBC and Imperial War Museum, filmmaker Peter Jackson allows the story of World War I to be told by the men who were there. Life on the front is explored through the voices of the soldiers, who discuss their feelings about the conflict, the food they ate, the friends they made and their dreams of the future.

#### **Streaming Amazon Prime 1hrs, 39min, ®**

- Year 2019
- Director Peter Jackson
- Starring Peter Jackson
- Genres Documentary International
- Subtitles English
- Audio English

❖ 3:00pm Afternoon Social \*Library

❖ 3:30pm Bingo \*Commons

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## **Tuesday, August 29, 2023**

❖ **10:00am The Great American Trivia Quiz \*Library**

❖ **11:00am Tech Support with Jordan & Marco**

- Sign up with Concierge - 11:30am – 4:00pm In residents' room.

❖ **11:00am Tai Chi “Edward Pratt” \*Commons**

Edward Pratt is a Tai Chi Chuan and Martial Arts Coach. He has over 30 yrs. of Martial Arts experience and about 15 yrs. of experience in Tai Chi Chuan.

❖ **1:30pm Shopping Trip (The Shops at Sumner Place)**

- Deadline to Sign up with concierge is – **(9:00 am on Tuesday)**
- Residents will have 1 hour to shop.
- Bus Drop off & Pick UP location- **Safeway Grocery Store**
- Weather Permitting

○ **Bus Loading & Departure Schedule**

- **1:10pm** - Wheelchair & Transfer residents – Meet in the Bistro @ 1:10pm
- **1:20pm** - Walk on the bus residents- Meet in the Bistro @ 1:20pm
- **1:25pm** - Waiting list starts loading
- **1:30pm** - Bus will depart – To avoid losing your place, please arrive 5 minutes before your scheduled loading time.

❖ **2:00pm Dominos \*Bistro**

❖ **3:00pm Afternoon Social \*Library**

❖ **3:30pm Word find With Adela \*Library**

❖ **7:00pm Grand Oaks Discussion Group  
In the Conference Room**

**(ALL RESIDENTS ARE WELCOME TO JOIN)**



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## **Thursday, August 31, 2023**

### ❖ 10:00am **Team Trivia Tournament**

**In the Commons**



**Bring your friends for an exciting Morning. Don't have a team? No Problem, help will be provided to form one.**

### ❖ 11:00am **Tech Support with Jordan & Marco**

- Sign up with Concierge - 11:30am – 4:00pm In residents' room.
- Specify your preferred support time-30 minutes per resident

### ❖ 11:00am **Tai Chi**

**\*Commons**

#### **“Edward Pratt”**

Edward Pratt is a Tai Chi Chuan and Martial Arts Coach. He has over 30 yrs. of Martial Arts experience and about 15 yrs. of experience in Tai Chi Chuan.

### ❖ 1:30pm

**Bridge Club**

**\*Bistro**

### ❖ 2:00pm

**Dominos with Adela**

**\*Bistro**

### ❖ 2:00pm

**Creative Arts with Marco**

**\*Commons**

### ❖ 3:00pm

**Afternoon Social**

**\*Library**

### ❖ 3:30m

**Balloon Tennis**

**\* Commons**

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## **Friday, September 1, 2023**

- ❖ 10:00am **Trivia Quiz** \*Library
- ❖ 11:00am **Seated Exercise Class** \*Commons  
**Exercise class led by the Legacy Rehab Team**
- ❖ 1:00pm **Catholic Mass & Holy Communion** \*Chapel  
Rev. Father (Andy) Gonzalo  
**Our Lady of Victory Catholic Church**
- ❖ 2:00opm **Crosswords** \*Library
- ❖ 3:00pm **Afternoon Social** \*Library
- ❖ 3:30pm **Bingo** \*Commons
- ❖ 7:00pm **“Lincoln”** \*Commons

From DreamWorks Pictures and legendary filmmaker Steven Spielberg comes an epic film that chronicles the untold story of the final four months of the man regarded as America's greatest President.

- **Streaming Prime Video - 2hr, 29min, PG-13**
- Year 2012
- Directors Steven Spielberg
- Starring Daniel Day-Lewis, Sally Field, David Strathairn
- Genres Drama, Historical, Inspiring
- Audio English

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## **Saturday, September 2, 2023**

- ❖ 10:00am **Trivia Quiz** \*Library
- ❖ 11:00am **Seated Exercise Class** \*Commons (A)

### ❖ 1:30pm **“Lincoln”** \*Commons

From DreamWorks Pictures and legendary filmmaker Steven Spielberg comes an epic film that chronicles the untold story of the final four months of the man regarded as America's greatest President.

- Streaming Prime Video - 2hr, 29min, PG-13
- Year 2012
- Directors Steven Spielberg
- Starring Daniel Day-Lewis, Sally Field, David Strathairn
- Genres Drama, Historical, Inspiring
- Audio English

- ❖ 1:30pm **Bridge Club** \*Bistro
- ❖ 2:00pm **Dominos** \*Bistro
- ❖ 3:00pm **Afternoon Social** \*Library
- ❖ 3:30p **Word find** \*Library
- ❖ 4:30pm **COCKTAIL HOUR** \*Bistro

**Featuring themed Cocktail & Wine & Beer**

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## Sunday, September 3, 2023

- ❖ 10:00am Seated Exercise Class with Marco \*Commons
- ❖ 11:00am Presbyterian Worship Service \*Commons

11:30 am ~ 1:30pm

## BRUNCH IN THE DINING ROOM

- ❖ 1:30 pm “Le Corsaire” \*Commons
- The Mariinsky Theater presents Le Corsaire (The Pirate), a ballet in three acts, with a libretto based on the poem The Corsair by Lord Byron.

### Streaming: Amazon Prime – 1hr, 36min, (PG)

- Year 2019
- Director François-René Martin
- Starring Alina Somova, Nadezdha Batoeva, Timur Askerov
- Genres Arts, Entertainment, & Culture
- Subtitles English
- Audio English

- ❖ 3:00pm Afternoon Social \*Library
- ❖ 3:30pm Bingo \*Commons (B)