

# OASIS ACTIVITY SCHEDULE

TODAY IS

**MONDAY, AUGUST 14, 2023**

- 10:00am** Coffee, Muffins & Armchair Travel
- 10:30am** Noodle Hockey with Balloons
- 11:00am** **Sit & Fit with Legacy**
- 11:30am** **LUNCH**
- 1:30pm** Arts & Crafts: **Papier Mâché Work**
- 2:30pm** Hors d'oeuvres & Frank Sinatra
- 3:00pm** **BINGO!**
- 3:30pm** Singalong with Susie Q
- 4:30pm** **DINNER!**

*Daily Activities Schedule Is Subject To Change*

# OASIS ACTIVITY SCHEDULE

TODAY IS

**TUESDAY, AUGUST 15, 2023**

10:00am Coffee, Muffins & Trivia

10:30am **Baking Club**

11:00am Table Tennis



11:30am **LUNCH!**

1:30pm Walking Club

2:30pm Hors d'oeuvres and Glen Miller

3:00pm **Jigsaw Puzzles**

3:30pm Pop Corn and Movie:  
**“Casablanca” 1941**

4:30pm **DINNER!**

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# OASIS ACTIVITY SCHEDULE

TODAY IS

**WEDNESDAY, AUGUST 16, 2023**

10:00am Coffee/Muffins & Armchair Travel

10:30am **RING TOSS GAME!**



11:00am Sit & Fit With Alba

12:00m **LUNCH!**

1:30pm **Spa Session**

2:30pm Hors d'oeuvres & Mozart

3:30pm **French Club (Club François)**

4:00pm **French T.V. SHOW:**  
**Chef Table France**

4:30pm **DINNER!**

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# OASIS ACTIVITY SCHEDULE

TODAY IS

**THURSDAY, AUGUST 17, 2023**

**10:00am** Coffee/Muffins & Trivia

**10:30am** **BEAN BAG BOWLING!**

**11:00am** **Sit and Fit with Alba**

**11:30m** **LUNCH!**

**1:30pm** **Scenic Van Ride** (*Weather Permitting*)

**2:30pm** Putting golf with Care Team

**3:00pm** Hors d'oeuvres & Music  
with the Care Team

**3:45pm** **1960 Celebrities BINGO!**

**4:30pm** **DINNER!**

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# OASIS ACTIVITY SCHEDULE

TODAY IS

**FRIDAY, AUGUST 18, 2023**

10:00am Coffee, Muffins & Trivia

10:30am **The Parachute!**

11:00am **Seated Exercises with Alba**

12:00pm to 1:00 pm

**LUNCH BUNCH AT Assisted Living Dining Room!**

1:00pm **Communion and Prayers**

2:00 pm **Queen's High Tea**



2:30pm **Hors d'oeuvres & Andre Rieu**

3:00pm **Pleasant face exercises!**

3:30pm **Pop Corn & Movie:**

**"Casablanca" 1941**

4:30pm **DINNER!**

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# OASIS ACTIVITY SCHEDULE

TODAY IS

**SATURDAY, AUGUST 19, 2023**

**Today is INTERNATIONAL  
LIGHTHOUSE & LIGHTSHIP WEEKEND**

**10:00am** Coffee/Muffins & Armchair Travel

**10:30am** Lighthouse Facts & Trivia

**11:00am** **Balloon Tennis**

**11:30am** **LUNCH!**

**1:30pm** Lighthouse Word Search

**2:30pm** Hors d'oeuvres with  
Lighthouse Reminiscing Songs

**3:30pm** **BINGO!**

**4:30pm** **DINNER!**

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# OASIS ACTIVITY SCHEDULE

TODAY IS

**SUNDAY, AUGUST 20, 2023**

- 10:00am** Coffee/Muffins & Balloon Tennis
- 10:30am** Bible Study & Hymns
- 11:00am** **Live Stream Service**  
**Washington National Cathedral**  
Featuring prayers, Scripture readings,  
and hymnal music
- 11:30m** **LUNCH!**
- 1:30pm** Lighthouse **COLORING**
- 2:30pm** Hors d'oeuvres with  
Broadway show tunes
- 3:30pm** **Abstract Art Drawing**
- 4:30pm** **DINNER!**

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