Daily Activities Schedule Is Subject To Change. Check with concierge for changes that may occur. Concierge- 202-349-3400,

Jordan Asrat ~ Director of Activities ~ 202-660-7881 ~ Email- yasrat1@jhmi.edu

(Please ask your Care Manager if you need a mask) Commons (A) = Movie Side & Commons (B) = Piano Side

### Monday, October 2, 2023

**❖10:00am** The Great American Trivia Quiz \*Library

\*11:00am Balance and Motion \*Commons "Michael Rosengart"

NCSF Certified Personal Trainer. Strength Coach, Prehab Specialist

## **♦1:30pm** American Factory \*Commons

In post-industrial Ohio, a Chinese billionaire opens a new factory in the husk of an abandoned General Motors plant. Early days of hope and optimism give way to setbacks as high-tech China clashes with working-class America. Academy Award for Best Documentary (Feature)

<b>Streaming</b>	Netflix 1 h 50 min	
• Year	2019	
<ul><li>Director</li></ul>	Julia Reichert, Steven Bognar	
<ul> <li>Starring</li> </ul>	Cao Dewang, Robert Allen, Jeff Daochuan Liu,	
<ul> <li>Genres</li> </ul>	Documentary	
<ul> <li>Subtitles</li> </ul>	English [CC]	
<ul><li>Audio</li></ul>	English, Mandarin	

**♦** 3:00pm Afternoon Social

\*Library

**♦** 3:30pm Bingo

\*Commons (B)

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### **Tuesday, October 3, 2023**

**❖10:00am** The Great American Trivia Quiz \*Library

### **❖11:00am** Tech Support with Jordan & Marco

11:00am – 4:00pm In residents' room.

Sign up with Concierge

Specify your preferred support time-30 minutes per resident

**♦ 11:00am** Tai Chi

\*Commons

## "Edward Pratt"

Edward Pratt is a Tai Chi Chuan and Martial Arts Coach. He has over 30 yrs. of Martial Arts experience and about 15 yrs. of experience in Tai Chi Chuan.

### **❖ 1:30pm** Shopping Trip (The Shops at Sumner Place)

Deadline to Sign up with concierge is – (9:00 am on Tuesday)

- Residents will have 1 hour to shop.
- Bus Drop off & Pick UP location- Safeway Grocery Store
- Weather Permitting

#### **Bus Loading & Departure Schedule**

- 1:10pm Wheelchair & Transfer residents Meet in the Bistro @ 1:10pm
- 1:20pm -Walk on the bus residents- Meet in the Bistro @ 1:20pm
- 1:25pm Waiting list starts loading
- 1:30pm Bus will depart To avoid losing your place, please arrive 5 minutes before your scheduled loading time.

<b>*</b> 2:00pm	Dominos	*Bistro
<b>*</b> 3:00pm	Afternoon Social	*Library
<b>*</b> 3:30pm	Crossword	*Commons (B)
A < 4=	$C = 10 \cdot 1 \cdot D$	

**♦**6:45pm Grand Oaks Discussion Group In the Conference Room

All Residents are welcome to Join.

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### Wednesday, October 4, 2023

**❖ 10:00am** The Great American Trivia \*Library

#### **♦ 11:00am** Seated Exercise with Owen

\* Commons

Personal trainer and corrective exercise specialist since 2007 Former professional rugby player. Representing USA at the 2007 rugby World Cup and South Africa in the junior World Cup in 2001.

### \* 1:00pm Empire of the Sun

\*Commons

A privileged English boy, is living in Shanghai when the Japanese invade and force all foreigners into prison camps. Jamie is captured with an American sailor named Basie (John Malkovich), who looks out for him while they are in the camp together. Even though he is separated from his parents and in a hostile environment, Jamie maintains his dignity and youthful spirits, providing a beacon of hope for the others held captive with him.

### Streaming Prime Video - 2 h 32 min, ®

• Year 1987

• Directors Steven Spielberg

• Starring Christian Bale, John Malkovich, Miranda Richardson

• Genres Comedy

• Audio English

### \* 2:00pm Spanish Class with Marco

2th floor Country Kitchen Northside

**♦ 3:00pm** Afternoon Social

\*Library

**♦3:30pm** Balloon Tennis

\*Library

\*4:30pm Cocktail Hour

\*Bistro

Featuring themed Cocktail & Wine & Beer

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(Please ask your Care Manager if you need a mask) Commons (A) = Movie Side &

### Thursday, October 5, 2023

**Commons (B) = Piano Side** 

\*10:00am Trivia tournament

\* Commons

# \*11:00am Tech Support with Jordan & Marco

11:30am – 4:00pm In residents' room. Sign up with Concierge Specify your preferred support time-30 minutes per resident

\* 11:00am Tai Chi

3:30m

\*Commons

\*Library

### "Edward Pratt"

Edward Pratt is a Tai Chi Chuan and Martial Arts Coach. He has over 30 yrs. of Martial Arts experience and about 15 yrs. of experience in Tai Chi Chuan

<b>*</b>	1:30pm	Bridge Club	*Bistro
<b>*</b>	1:30pm	Dominos	*Bistro
<b>*</b>	2:00pm	Creative Arts with Marco	*Commons
<b>*</b>	3:00pm	Afternoon Social	*Library

Sing Along

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### Friday, October 6, 2023

❖ 10:00am Trivia Quiz \*Library

\* 11:00am Seated Exercise Class \*Commons(A)

**♦ 1:00pm** Catholic Mass & Holy Communion \*Chapel

Rev. Father (Andy) Gonzalo

**Our Lady of Victory Catholic Church** 

❖ 3:00pm Afternoon Social \*Library

❖ 3:30pm Bingo \*Commons

### **❖ 7:00pm Empire of the Sun**

\*Commons

A privileged English boy, is living in Shanghai when the Japanese invade and force all foreigners into prison camps. Jamie is captured with an American sailor named Basie (John Malkovich), who looks out for him while they are in the camp together. Even though he is separated from his parents and in a hostile environment, Jamie maintains his dignity and youthful spirits, providing a beacon of hope for the others held captive with him.

### Streaming Prime Video - 2 h 32 min, ®

• Year 1987

• Directors Steven Spielberg

• Starring Christian Bale, John Malkovich, Miranda Richardson

• Genres Comedy

• Audio English

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### Saturday, October 7, 2023

\* 10:00am Trivia Quiz

\*Library

**♦ 11:00am** Seated Exercise Class

\*Commons (A)

### **❖ 1:30pm Empire of the Sun**

\*Commons

A privileged English boy, is living in Shanghai when the Japanese invade and force all foreigners into prison camps. Jamie is captured with an American sailor named Basie (John Malkovich), who looks out for him while they are in the camp together. Even though he is separated from his parents and in a hostile environment, Jamie maintains his dignity and youthful spirits, providing a beacon of hope for the others held captive with him.

#### Streaming Prime Video - 2 h 32 min, ®

• Year 1987

• Directors Steven Spielberg

• Starring Christian Bale, John Malkovich, Miranda Richardson

• Genres Comedy

• Audio English

• Audio English

**♦1:30pm** Bridge Club

\*Bistro

**♦ 2:00p** Word find

\*Library

**❖** 3:00pm Afternoon Social

\*Library

**❖** 3:30pm **Bingo** 

\*Commons

**❖ 4:30pm COCKTAIL HOUR** 

\*Bistro

Featuring themed Cocktail & Wine & Beer

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### Sunday, October 8, 2023

**♦ 10:00am Seated Exercise Class** 

\*Commons (A)

\*11:00am Presbyterian Worship Service \*Commons (A)

11:30 am ~ 1:30pm

# BRUNCH IN THE DINING ROOM

# \*1:00 pm Verdi, Rigoletto

\*Commons (A)

Juan Diego Flórez, Diana Damrau - Semperoper Dresden

Giuseppe Verdi's popular opera Rigoletto, here showcased at the Dresden Semperoper. The version released here stars two internationally-acclaimed singers, tenor Juan Diego Flórez and soprano Diana Damrau.

### Streaming: Amazon Prime – 2 h 16 min- 13+

• Year 2027

• Director Andreas Morell

Juan Diego Flórez, Diana Damrau, Željko Lučić Starring

Arts, Entertainment, and Culture, Genres

Music Videos and Concerts

 Audio **English** 

\* 3:00pm Afternoon Social

\*Library

\* 3:30pm Bingo

\*Commons (B)