Jordan Asrat ~ Director of Activities ~ 202-660-7881 ~ Email- <u>yasrat1@jhmi.edu</u> (Please ask your Care Manager if you need a mask) Commons (A) = Movie Side & Commons (B) = Piano Side



# HALLOWEEN COSTUMES WORD SCRAMBLE

WNEINI HET OHOP
LNODAD UCDK
DWEIKC THIWC
SSEUPORERHE
PREPLFA RGLI
PCOS & BBRSROE
DNRE
NSWO THIWE
LVDEI & LGEAN
GSKOLCDOLI
YBSOOCW
MSIMUME

Daily Activities Schedule Is Subject To Change. Check with concierge for changes that may occur. Concierge- 202-349-3400,

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#### Monday, October 16, 2023

**Commons (B) = Piano Side** 

**❖10:00am** The Great American Trivia Quiz \*Library

## \*11:00am Balance and Motion \*Commons "Michael Rosengart"

NCSF Certified Personal Trainer. Strength Coach, Prehab Specialist

### \*1:30pm Crip Camp: A Disability Revolution' \*Commons

A groundbreaking summer camp galvanizes a group of teens with disabilities to help build a movement, forging a new path toward greater equality.

<b>Streaming</b>	Prime Video 1 h 48 min
• Year	2022
<ul><li>Director</li></ul>	Nicole Newnham, Jim LeBrecht
• Executive Prod	lucers President Barack Obama, Michelle Obama, Tonia Davis, Priya Swaminathan, Howard Gertler
<ul> <li>Genres</li> </ul>	Documentary
<ul><li>Subtitles</li></ul>	English [CC]
<ul><li>Audio</li></ul>	English

**♦** 3:00pm Afternoon Social

\*Library

**♦** 3:30pm Bingo

\*Commons (B)

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#### Tuesday, October 17, 2023

**❖10:00am** The Great American Trivia Quiz \*Library

#### **❖11:00am** Tech Support with Jordan & Marco

11:00am – 4:00pm In residents' room.

Sign up with Concierge

Specify your preferred support time-30 minutes per resident

#### \*11:00am Tai Chi

\*Commons

#### "Edward Pratt"

Edward Pratt is a Tai Chi Chuan and Martial Arts Coach. He has over 30 yrs. of Martial Arts experience and about 15 yrs. of experience in Tai Chi Chuan.

#### **\*1:30pm** Shopping Trip (The Shops at Sumner Place)

Deadline to Sign up with concierge is – (9:00 am on Tuesday)

- Residents will have 1 hour to shop.
- Bus Drop off & Pick UP location- Safeway Grocery Store
- Weather Permitting

#### **Bus Loading & Departure Schedule**

- 1:10pm Wheelchair & Transfer residents Meet in the Bistro @ 1:10pm
- 1:20pm -Walk on the bus residents- Meet in the Bistro @ 1:20pm
- 1:25pm Waiting list starts loading
- 1:30pm Bus will depart To avoid losing your place, please arrive 5 minutes before your scheduled loading time.

To avoid losing your place, please arrive 5 minutes before your scheduled loading time.

<b>❖</b> 1:30pm	<b>Museum Planning Committee</b>	*Commons(A)
<b>❖</b> 3:00pm	Afternoon Social	*Library
<b>♦</b> 3:30pm	Word Find	* Library
<b>♦</b> 6:45pm	Grand Oaks Discussion Group In the Conference Room	

All Residents are welcome to Join.

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#### Wednesday, October 18, 2023

**❖ 10:00am** The Great American Trivia \*Library

**♦ 11:00am** Seated Exercise \* Commons

#### "Owen Lentz"

Personal trainer and corrective exercise specialist since 2007 Former professional rugby player. Representing USA at the 2007 rugby World Cup and South Africa in the junior World Cup in 2001.

#### **♦ 1:30pm** The Greatest Showman \*Commons

Hugh Jackman stars in this bold and original musical — inspired by the ambition and imagination of P.T. Barnum — celebrating the birth of show business and dreams coming to life.

#### Streaming Prime Video - 1 h 44 min.

• Year 2017

• Directors Michael Gracey

• Starring Michelle Williams, Hugh Jackman, Zac Efron

• Genres Drama

• Audio English

\* 2:00pm Spanish Class with Marco

2th floor Country Kitchen Northside

♦ 3:00pm Afternoon Social \*Library

\*3:30pm Balloon Tennis \* Commons

\*4:30pm Cocktail Hour \*Bistro

Featuring themed Cocktail & Wine & Beer

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#### Thursday, October 19, 2023

**❖ 10:00am** The Great American Trivia

\*Library

#### \*11:00am Tech Support with Jordan & Marco

11:30am – 4:00pm In residents' room.

Sign up with Concierge

Specify your preferred support time-30 minutes per resident

\*11:00am Tai Chi

\*Commons

#### "Edward Pratt"

Edward Pratt is a Tai Chi Chuan and Martial Arts Coach. He has over 30 yrs. of Martial Arts experience and about 15 yrs. of experience in Tai Chi.

**❖ 1:30pm** Monthly Movie Outings Committee \* Commons

\* 1:30pm Bridge Club

\*Bistro

1:30pm Dominos

\*Bistro

\*2:00pm Creative Art with Marco

\*Commons

Paint your own fall canvas, decorate a wooden tray with a spooky design or customize your own Halloween face masks.

**❖**3:00pm Afternoon Social

\*Library

**❖3:30m** Sing Along

\* Commons

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#### Friday, October 20, 2023

❖ 10:00am Trivia Quiz \*Library

❖ 11:00am Seated Exercise Class \*Commons(A)

**♦ 1:00pm** Catholic Mass & Holy Communion \*Chapel

Rev. Father (Andy) Gonzalo

Our Lady of Victory Catholic Church

2:00opm Word find 
 \*Library

\* 3:00pm Afternoon Social \*Library

❖ 3:30pm Bingo \*Commons

**❖ 7:00pm** The Greatest Showman \*Commons

Hugh Jackman stars in this bold and original musical — inspired by the ambition and imagination of P.T. Barnum — celebrating the birth of show business and dreams coming to life.

#### **Streaming Prime Video - 1 h 44 min.**

• Year 2017

• Directors Michael Gracey

• Starring Michelle Williams, Hugh Jackman, Zac Efron

• Genres Drama

• Audio English

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#### Saturday, October 21, 2023

\* 10:00am Trivia Quiz

\*Library

**♦ 11:00am** Seated Exercise Class

\*Commons (A)

**♦ 1:30pm** The Greatest Showman

\*Commons

Hugh Jackman stars in this bold and original musical — inspired by the ambition and imagination of P.T. Barnum — celebrating the birth of show business and dreams coming to life.

#### Streaming Prime Video - 1 h 44 min.

• Year 2017

• Directors Michael Gracey

• Starring Michelle Williams, Hugh Jackman, Zac Efron

• Genres Drama

• Audio English

•**`** 

**♦1:30pm** Bridge Club

\*Bistro

**♦ 2:00p Dominos** 

\* Bistro

**❖ 3:00pm** Afternoon Social

\*Library

**❖** 3:30pm Word find

\*Commons (B)

**❖ 4:30pm COCKTAIL HOUR** 

\*Bistro

Featuring themed Cocktail & Wine & Beer

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#### Sunday, October 22, 2023

**♦ 10:00am Seated Exercise Class** 

\*Commons (A)

\*11:00am Presbyterian Worship Service \*Commons (A)



The Three Tenors \*1:30 pm In Concert Rome, 1990

\*Commons (A)

On the evening of July 7, 1990, an 'impossible dream' came true: the three greatest tenors of the day joined forces with an orchestra of 200 musicians against a backdrop of the majestic scenery of ancient Rome.

#### <u>Streaming: Amazon Prime – 1h 25 min</u>

Director Brian Large

Starring José Carreras, Plácido Domingo, Luciano Pavarotti

Genres Arts, Entertainment, and Culture

Audio English

\* 3:00pm Afternoon Social

\*Library

**❖ 3:30pm** Bingo

\*Commons (B)