

Daily Activities Schedule Is Subject To Change. Check with concierge for changes that may occur. Concierge- 202-349-3400,

Jordan Asrat ~ Director of Activities ~ 202- 660-7881 ~ Email- yasrat1@jhmi.edu

(Please ask your Care Manager if you need a mask) Commons (A) = Movie Side & Commons (B) = Piano Side

RESIDENTS' RIGHTS MONTH WORD SEARCH

"AMPLIFY YOUR VOICES"

Y L D N E I R F S E E I R A
T N E M E C R O F N E V U T
I R E L I A B L E E E S I T
L N S C O N E Y A A H C N E
A P P R O A C H A B L E A N
I I N O E R N I E A M S M T
T E A A V A E T D N P L S I
N C I E I S D V O I A E D V
E R S S T C O R A L I D U E
D N I A C C I B H L C O B S
I I E C A V H S H E U M M T
F A O C N T A O Y E A E O E
N E Y E E U N M I H A L S E
O U E S A F E T Y C P O T M
C O F S T N E D I S E R L H

Access

Approachable

Confidentiality

Environment

Fun

Physician

Role models

Active

Attentive

Core Values

Esteem

Health

Reliable

Safety

Advocacy

Choice

Enforcement

Friendly

Ombudsman

Residents

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Monday, October 23, 2023

FLU SHOT & COVID-19 VACCINE CLINIC

10am-3:00pm IN THE COMMONS

VACCINES WILL BE ADMINISTERED BY FLOORS

- ❖ 1st FLOOR = 10:00am – 10:30am
- ❖ 2nd FLOOR = 10:30am – 12:00pm
- ❖ 3rd FLOOR = 1:00pm – 2:00pm
- ❖ 4th FLOOR = 2:00pm – 3:00pm

❖ 11:00am Balance and Motion *Library

“Michael Rosengart”

NCSF Certified Personal Trainer. Strength Coach, Prehab Specialist

❖ 1:30pm **THE AMERICAN BUFFALO:** *Commons

A Film by Ken Burns

Episode 1: For thousands of years, America’s national mammal numbered in the tens of millions, sustaining the Native people of the Great Plains, whose cultures became spiritually intertwined with the animal. By the 1880s the buffalo had been driven to the brink of extinction by newcomers to the continent.

Streaming Prime Video- 2 Episodes- 1 h, 54min-(TV-14)

- Year 2023
- Director Ken Burns
- Starring Peter Coyote
- Genres Documentary
- Subtitles English [CC]

❖ 3:00pm Afternoon Social *Library

❖ 3:30pm Bingo *Commons

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Tuesday, October 24, 2023

- ❖ **10:00am The Great American Trivia Quiz *Library**
- ❖ **11:00am Tech Support with Jordan & Marco**
11:00am – 4:00pm In residents' room.
Sign up with Concierge
Specify your preferred support time-30 minutes per resident
- ❖ **11:00am Tai Chi *Commons**
- “Edward Pratt”**
- Edward Pratt is a Tai Chi Chuan and Martial Arts Coach. He has over 30 yrs. of Martial Arts experience and about 15 yrs. of experience in Tai Chi Chuan.*
- ❖ **1:30pm Scenic Ride – Navy Yard**
- Sign up with Concierge
 - Bus Loading & Departure Schedule
 - 1:10pm - Wheelchair & Transfer residents: Meet in the Bistro @ 1:10pm
 - 1:20pm -Walk on the bus residents- Meet in the Bistro @ 1:20pm
 - 1:25pm - Waiting list loading
 - 1:30pm – Bus will depart.
- To avoid losing your place, please arrive 5 minutes before your scheduled loading time.***
- ❖ **3:00pm Afternoon Social *Library**
- ❖ **3:30pm Word Find *Library**
- ❖ **6:45pm Grand Oaks Discussion Group**
In the Conference Room

ALL RESIDENTS ARE WELCOME TO JOIN.

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Wednesday, October 25, 2023

❖ 10:00am The Great American Trivia *Library

❖ 11:00am **RESIDENT FORUM** * Commons

We want to hear from you

In honor of Residents' Rights Month, themed 'Amplify Your Voice,' we invite you to share your preferences and experiences and to actively play a role in ensuring your voice is heard, making your home a better place.

All Residents Are Invited to Attend

❖ 1:30pm **The Burial** (New Movie) *Commons

Inspired by true events, when a handshake deal goes sour, funeral home owner Jeremiah O'Keefe (Academy Award® winner Tommy Lee Jones) enlists charismatic attorney Willie E. Gary (Academy Award® winner Jamie Foxx) to save his family business. Tempers flare and laughter ensues as the unlikely pair bond while exposing corporate corruption and racial injustice in this inspirational, triumphant story.

Streaming Prime Video - 2 h 7 min. ®

- Year 2023
- Directors Maggie Betts
- Starring Tommy Lee Jones, Jamie Foxx, Jurnee Smollett
- Genres Drama, Comedy
- Audio English

❖ 3:00pm **Afternoon Social** *Library

❖ 3:30pm **Balloon Tennis** * Commons

❖ 4:30pm **COCKTAIL HOUR** *Bistro

Featuring themed Cocktail & Wine & Beer

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Thursday, October 26, 2023

- ❖ **10:00am The Great American Trivia** *Library
- ❖ **11:00am Tech Support with Jordan**
11:30am – 4:00pm In residents’ room.
Sign up with Concierge
Specify your preferred support time-30 minutes per resident
- ❖ **11:00am Tai Chi** *Commons
“Edward Pratt”
Edward Pratt is a Tai Chi Chuan and Martial Arts Coach. He has over 30 yrs. of Martial Arts experience and about 15 yrs. of experience in Tai Chi.
- ❖ **1:30pm Monthly Movie Outings Committee** * Commons
- ❖ **1:30pm Bridge Club** *Bistro
- ❖ **1:30pm Dominos** *Bistro
- ❖ **1:30pm INTERNAL EVENTS & HOLIDAYS** *Commons
PLANNING COMMITTEE
- ❖ **2:00pm Creative Art with Marco** *Commons
Paint your own fall canvas, decorate a wooden tray with a spooky design or customize your own Halloween face masks.
- ❖ **3:00pm Afternoon Social** *Library
- ❖ **3:30m Sing Along** * Commons

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Friday, October 27, 2023

- ❖ 10:00am **Trivia Quiz** *Library
- ❖ 11:00am **Seated Exercise Class** *Commons(A)
- ❖ 1:00pm **Catholic Mass & Holy Communion** *Chapel
Rev. Father (Andy) Gonzalo
Our Lady of Victory Catholic Church
- ❖ 2:00opm **Word find** *Library
- ❖ 3:00pm **Afternoon Social** *Library
- ❖ 3:30pm **Bingo** *Commons
- ❖ 7:00pm **The Burial** (New Movie) *Commons

Inspired by true events, when a handshake deal goes sour, funeral home owner Jeremiah O'Keefe (Academy Award® winner Tommy Lee Jones) enlists charismatic attorney Willie E. Gary (Academy Award® winner Jamie Foxx) to save his family business. Tempers flare and laughter ensues as the unlikely pair bond while exposing corporate corruption and racial injustice in this inspirational, triumphant story.

Streaming Prime Video - 2 h 7 min. ®

- Year 2023
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Saturday, October 28, 2023

- ❖ 10:00am **Trivia Quiz** *Library
- ❖ 11:00am **Seated Exercise Class** *Commons

- ❖ 1:30pm **The Burial** (New Movie) *Commons

Inspired by true events, when a handshake deal goes sour, funeral home owner Jeremiah O'Keefe (Academy Award® winner Tommy Lee Jones) enlists charismatic attorney Willie E. Gary (Academy Award® winner Jamie Foxx) to save his family business. Tempers flare and laughter ensues as the unlikely pair bond while exposing corporate corruption and racial injustice in this inspirational, triumphant story.

Streaming Prime Video - 2 h 7 min. ®

- Year 2023
- Directors Maggie Betts
- Starring Tommy Lee Jones, Jamie Foxx, Jurnee Smollett
- Genres Drama, Comedy
- Audio English

- ❖ 1:30pm **Bridge Club** *Bistro
- ❖ 2:00p **Dominos** *Bistro
- ❖ 3:00pm **Afternoon Social** *Library
- ❖ 3:30pm **Word Find** *Library
- ❖ 4:30pm **COCKTAIL HOUR** *Bistro



Featuring themed Cocktail & Wine & Beer

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Sunday, October 29, 2023

❖ **10:00am Seated Exercise Class** *Commons

❖ **11:00am Presbyterian Worship Service** *Commons

——
11:30 am ~ 1:30pm
BRUNCH
IN THE DINING ROOM
——

❖ **1:30 pm Giselle - Laëticia Pujol, Nicolas Le Riche - Opéra National de Paris** *Commons

Giselle, the Romantic ballet par excellence! Relive the story of a young country girl's innocent love for the Duke Albrecht. When she learns that he is already engaged to marry a princess, Giselle suffers violent hallucinations and then dies.

Streaming: Amazon Prime – 1h, 50 min (All Age)

- Year 2006
- Director François Roussillon
- Starring Laëticia Pujol, Nicolas Le Riche, Marie-Agnès Gillot
- Genres Arts, Entertainment, and Culture
- Audio English

❖ **3:00pm Afternoon Social** *Library

❖ **3:30pm Bingo** *Commons