



OASIS ACTIVITY SCHEDULE



TODAY IS

MONDAY, NOVEMBER 20, 2023

10:00am Coffee, Muffins & Armchair Travel

10:30am Balloon Tennis

11:00am **Sit & Fit with Legacy**

11:30am **LUNCH**

1:30pm Arts & Crafts: **Stuff the Turkey**

2:30pm Hors d'oeuvres & Frank Sinatra

3:00pm **Thanksgiving BINGO!**

3:30pm Singalong with Susie Q

4:30pm **DINNER!**

Daily Activities Schedule Is Subject To Change



OASIS ACTIVITY SCHEDULE



TODAY IS

TUESDAY, NOVEMBER 21, 2023

10:00am Coffee, Muffins & Trivia:

Which Store is Best?

10:30am **Baking Club**

11:00am Table Tennis



11:30am

LUNCH!

1:30pm Walking Club

2:30pm Hors d'oeuvres and Glen Miller

3:00pm **Jigsaw Puzzles**

3:30pm Pop Corn and Movie:

“Home for the Holidays” 1995(1st Part)

4:30pm

DINNER!

Daily Activities Schedule Is Subject To Change



OASIS ACTIVITY SCHEDULE



TODAY IS

WEDNESDAY, NOVEMBER 22, 2023

10:00am Coffee, Muffins & Armchair Travel

10:30am **RING TOSS GAME!**



11:00am Balance & Motion with Michael

12:00m **LUNCH!**

1:30pm **Thanksgiving Word Finder**

2:30pm Hors d'oeuvres & Mozart

3:00pm **Finish the Expressions**

3:30pm **Music Therapy with Eduardo**

4:30pm **DINNER!**

Daily Activities Schedule Is Subject To Change



OASIS ACTIVITY SCHEDULE



TODAY IS

THURSDAY, NOVEMBER 23, 2023



10:00am Coffee, Muffins & Thanksgiving Trivia

10:30am **The Thanksgiving Day Parade!**

11:00am **Balloon Tennis**

11:30m **Thanks Giving Day LUNCH!**



1:30pm **Coloring Thanksgiving**

2:30pm **"PASS THE PLATE"**

3:00pm Hors d'oeuvres & Music /Care Team

3:30pm **Thanksgiving Singalong**

4:30pm **DINNER!**

FRIDAY, NOVEMBER 24, 2023

Daily Activities Schedule Is Subject To Change



OASIS ACTIVITY SCHEDULE



TODAY IS

10:00am Coffee, Muffins & Armchair Travel

10:30am **The Parachute!**

11:00am **Seated Exercises**

12:00pm to 1:00 pm

LUNCH BUNCH AT Assisted Living Dining Room!

1:00pm **Communion and Prayers**

2:00 pm **Queen's High Tea**



Tea Time

2:30pm **Hors d'oeuvres & Andre Rieu**

3:00pm **Pleasant face exercises!**

3:30pm **Pop Corn & Movie:**

“Home for the Holidays”

1995 (2nd Part)

4:30pm

DINNER!

Daily Activities Schedule Is Subject To Change



OASIS ACTIVITY SCHEDULE



TODAY IS

SATURDAY, NOVEMBER 25, 2023

10:00am Coffee & Muffins with Trivia

10:30am **Baking Club**

11:00am **Ballon Tennis**

11:30am **LUNCH!**

1:30pm **MUSIC THERAPY WITH FRAN**



2:00pm **Hand Massage**

2:30pm Hors d'oeuvres with 50s Music

3:30pm **BINGO!**

4:30pm **DINNER!**

Daily Activities Schedule Is Subject To Change



OASIS ACTIVITY SCHEDULE



TODAY IS

SUNDAY, NOVEMBER 26, 2023

10:00am Coffee, Muffins & Balloon Tennis

10:30am **Seated Morning Stretch**

11:00am Live Stream – Washington National Cathedral

- Featuring prayers, reading from Holy Scripture, and contemplative music.

11:30m **LUNCH!**

1:30pm  *Poetry* Reading

2:30pm **Hors d'oeuvres with Broadway Tunes**

3:00pm **Finish the Expressions**

3:30pm **Fun with Arts & Crafts**

4:30pm **DINNER!**

Daily Activities Schedule Is Subject To Change