



MONDAY, NOVEMBER 6, 2023

10:00am Coffee, Muffins & Armchair Travel

10:30am Balloon Tennis

11:00am Sit & Fit with Legacy

11:30am **LUNCH**

1:30pm Life Skills: Polishing Silverware

2:30pm Hors d'oeuvres & Frank Sinatra

3:00pm **BINGO**!

3:30pm Singalong with Susie Q

4:30pm **DINNER!**





TUESDAY, NOVEMBER 7, 2023

10:00am Coffee, Muffins & Trivia:

Which Store is Best?

10:30am Baking Club

11:00am Table Tennis



11:30am **LUNCH!**

1:30pm Walking Club

2:30pm Hors d'oeuvres and Glen Miller

3:00pm Jigsaw Puzzles

3:30pm Pop Corn and Movie:

"Love & Friendship" 2016(1st Part)

4:30pm **DINNER!**





WEDNESDAY, NOVEMBER 8, 2023

10:00am Coffee, Muffins & Armchair Travel

10:30am RING TOSS GAME!

11:00am Balance & Motion with Michael

12:00m **LUNCH!**

1:30pm Spa Session

2:30pm Hors d'oeuvres & Mozart

3:00pm Finish the Expressions

3:30pm Remembering Great Minds:

Sir Isaac Newton. Unhappy Scientific Genius

4:30pm **<u>DINNER!</u>**

Daily Activities Schedule Is Subject To Change



THURSDAY, NOVEMBER 9, 2023

INVENTORS' DAY

10:00am Coffee, Muffins & The incredible story of

the boy who invented Braille

10:30am BEAN BAG BOWLING!

11:00am Balance & Motion with Michael

11:30m **LUNCH!**

1:30pm Scenic Van Ride (Weather Permitting)

2:30pm Putting golf with Care Team

3:00pm Hors d'oeuvres & Music /Care Team

3:45pm An evening at the Ballet:

"Franz Lehar, THE MERRY WIDOW, New York City Opera"

4:30pm **DINNER!**

Daily Activities Schedule Is Subject To Change





FRIDAY, NOVEMBER 10, 2023

10:00am Coffee, Muffins & Armchair Travel

10:30am The Parachute!

11:00am Seated Exercises with Alba

12:00pm to 1:00 pm

LUNCH BUNCH AT Assisted Living Dining Room!

1:00pm Communion and Prayers

2:00 pm Queen's High Tea



Tea Time

2:30pm Hors d'oeuvres & Andre Rieu

3:00pm Pleasant face exercises!

3:30pm Pop Corn & Movie:

"Love & Friendship" 2016 (2nd Part)

4:30pm **DINNER!**

Daily Activities Schedule Is Subject To Change





SATURDAY, NOVEMBER 11, 2023



10:00am Coffee & Muffins with Trivia

10:30am Baking Club

11:00am Ballon Tennis

11:30am **LUNCH!**

1:30pm PATRIOTIC MUSIC WITH FRAN



2:00pm <u>VETERENS</u> <u>DAY PINNING</u> <u>CEREMONY</u>

2:30pm Hors d'oeuvres with 50s Music

3:30pm **BINGO!**

4:30pm **<u>DINNER</u>**





SUNDAY, NOVEMBER 12, 2023

10:00am Coffee, Muffins & Balloon Tennis

10:30am Seated Morning Stretch

11:00am Live Stream – Washington National Cathedral

 Featuring prayers, reading from Holy Scripture, and contemplative music.

11:30m **LUNCH!**

1:30pm



2:30pm Hors d'oeuvres with Broadway Tunes

3:00pm Finish the Expressions

3:30pm Fun with Arts & Crafts

4:30pm **DINNER**