



# OASIS ACTIVITY SCHEDULE



TODAY IS

**MONDAY, DECEMBER 11, 2023**

**10:00am** Coffee, Muffins & Armchair Travel

**10:30am** Balloon Tennis

**11:00am** Sit & Fit with Legacy

**11:30am** **LUNCH**

**1:30pm** Arts & Crafts:

**Mini Velvet Art Puzzles**



**2:30pm** Hors d'oeuvres & Frank Sinatra

**3:00pm** **BINGO!**

**3:30pm** Singalong with Susie Q

**4:30pm** **DINNER!**

*Daily Activities Schedule Is Subject To Change*



# OASIS ACTIVITY SCHEDULE



TODAY IS

**TUESDAY, DECEMBER 12, 2023**

10:00am Coffee, Muffins & Trivia

10:30am **Baking Club**

11:00am Table Tennis



11:30am

**LUNCH!**

1:30pm Walking Club

2:30pm Hors d'oeuvres and Elvis Presley Music

3:00pm **Jigsaw Puzzles**

3:30pm Pop Corn and Movie:

**“Becoming Jane” 2007(Part 1)**

4:30pm

**DINNER!**

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# OASIS ACTIVITY SCHEDULE



TODAY IS

**WEDNESDAY, DECEMBER 13, 2023**

10:00am Coffee, Muffins & Trivia

10:30am **RING TOSS GAME!**



11:00am Balance & Motion with Michael

12:00m **LUNCH!**

1:30pm **Spa Session**

2:30pm Hors d'oeuvres & Mozart

3:00pm **Finish the Expressions**

3:30pm **Music Therapy with Eduardo**



4:30pm **DINNER!**

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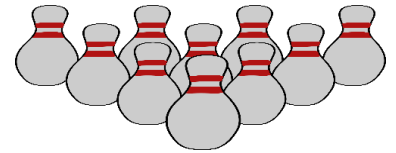


TODAY IS

**THURSDAY, DECEMBER 14, 2023**

10:00am Coffee, Muffins & Armchair Travel

10:30am **BEAN BAG BOWLING!**



11:00am **Balance & Motion with Michael**

11:30m

**LUNCH!**

1:30pm **Scenic Van Ride** (*Weather Permitting*)

2:30pm Putting golf with Care Team

3:00pm Hors d'oeuvres & Music /Care Team

3:30pm **An evening at the ballet**

**“Coppélia - Full Length Ballet by Bolshoi  
Theatre ft. Natalia Osipova”**

4:30pm

**DINNER!**

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# OASIS ACTIVITY SCHEDULE



TODAY IS

**FRIDAY, DECEMBER 15, 2023**

10:00am Coffee, Muffins & Trivia

10:30am **CORN HOLE GAME!**

11:00am **Zumba Seated Class with Alba**

11:30m **LUNCH!**

1:00pm **Communion and Prayers**

2:00 pm **Queen's High Tea**



2:30pm Hors d'oeuvres & Andre Rieu

3:00pm  **Poetry Reading**

3:30pm Pop Corn & Movie:

**“Becoming Jane” (Part 2)**

4:30pm **DINNER!**

**5:00pm – 7:00pm**

**Grand Oaks Holiday Party!**

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# OASIS ACTIVITY SCHEDULE



TODAY IS

**SATURDAY, DECEMBER 16, 2023**

**10:00am Coffee & Muffins with Trivia**

**10:30am Baking Club**

**11:00am My Bonnie Chair Exercises**

**Fun!**

**11:30am LUNCH!**

**1:30pm MUSIC THERAPY WITH FRAN**



**2:00pm Girls Scout Holiday Event**

**3:00pm Hors d'oeuvres with 50s Music**

**3:30pm BINGO!**

**4:30pm DINNER!**

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# OASIS ACTIVITY SCHEDULE



## TODAY IS

### **SUNDAY, DECEMBER 17, 2023**

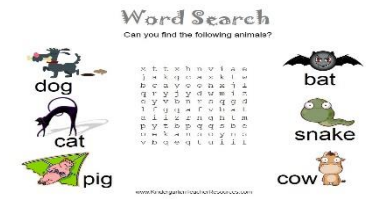
10:00am Coffee, Muffins & Balloon Tennis

10:30am **Seated Morning Stretch**

11:00am Sunday's Mass Live Streaming (National Shrine DC)

11:30m **LUNCH!**

1:30pm Word Search



2:30pm **Hors d'oeuvres with Broadway Tunes**

3:00pm **Finish the Expressions**

3:30pm **Fun with Arts & Crafts**

4:30pm **DINNER!**

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