

OASIS ACTIVITY SCHEDULE

TODAY IS

MONDAY, DECEMBER 25, 2023



10:00am Coffee, Muffins & Armchair Travel

10:30am Balloon Tennis

11:00am **"Festive Unwrapping Memories"**



11:30am **LUNCH**

1:30pm Arts & Crafts: **Colorful Christmas Reminiscence**

2:30pm Hors d'oeuvres & Frank Sinatra

3:00pm **Christmas BINGO!**

3:30pm Singalong with Susie Q

4:30pm **DINNER!**

Daily Activities Schedule Is Subject To Change

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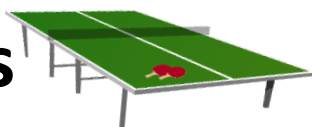
TODAY IS

TUESDAY, DECEMBER 26, 2023

10:00am Coffee, Muffins & Trivia

10:30am **Baking Club**

11:00am Table Tennis



11:30am

LUNCH!

1:30pm Walking Club

2:30pm Hors d'oeuvres and Elvis Presley Music

3:00pm **Jigsaw Puzzles**

3:30pm Pop Corn and Movie:

“Holiday Inn” 1942(Part 1)

4:30pm

DINNER!

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TODAY IS

WEDNESDAY, DECEMBER 27, 2023

10:00am Coffee, Muffins & Trivia

10:30am **NEUROBIC EXERCISES**



11:00am Balance & Motion with Michael

12:00m **LUNCH!**

1:30pm **Spa Session**

2:30pm Hors d'oeuvres & Mozart

3:00pm **Finish the Expressions**

3:30pm **Music Therapy with Eduardo**



4:30pm **DINNER!**

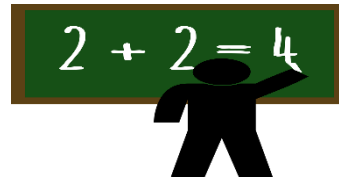
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TODAY IS

THURSDAY, DECEMBER 28, 2023

10:00am Coffee, Muffins & Armchair Travel



10:30am **Math Club**

11:00am **Balance & Motion with Michael**

11:30m **LUNCH!**

1:30pm **Scenic Van Ride** (*Weather Permitting*)

2:30pm Putting golf with Care Team

3:00pm Hors d'oeuvres & Music /Care Team

3:30pm **New Year Concert:**

**“FRANZ WELSER – NEW YEAR’S CONCERT
2013”(PRIME)**

4:30pm **DINNER!**

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TODAY IS

FRIDAY, DECEMBER 29, 2023

10:00am Coffee, Muffins & Trivia

10:30am **The Parachute!**

11:00am **Zumba Seated Class with Alba**

12:00pm to 1:00 pm

LUNCH BUNCH AT Assisted Living Dining Room!

1:00pm **Communion and Prayers**

2:00 pm **NEW YEAR'S RESOLUTIONS**

2:30pm Hors d'oeuvres & Andre Rieu

3:00pm **HAPPY NEW YEAR'S COUNTDOWN**

3:30pm Pop Corn & Movie:

"Holiday Inn" 1942 (Part 2)

4:30pm

DINNER!

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TODAY IS

SATURDAY, DECEMBER 30, 2023

10:00am Coffee & Muffins with Trivia

10:30am **Baking Club**

11:00am **Ring Toss Game!**

11:30am **LUNCH!**

1:30pm **MUSIC THERAPY WITH FRAN**



2:00pm **Hand Massage**

3:00pm Hors d'oeuvres with 50s Music

3:30pm **BINGO!**

4:30pm **DINNER!**

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TODAY IS



SUNDAY, DECEMBER 31, 2023

NEW YEAR'S EVE 2024



10:00am Coffee, Muffins & Balloon Tennis

10:30am **Seated Morning Stretch**

11:00am Sunday's Mass Live Streaming
(National Shrine DC)

11:30m **LUNCH!**

1:30pm Word Search

2:30pm **Hors d'oeuvres with
Broadway Tunes**

3:00pm **Finish the Expressions**

3:30pm **Fun with Arts & Crafts**

4:30pm **DINNER!**

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