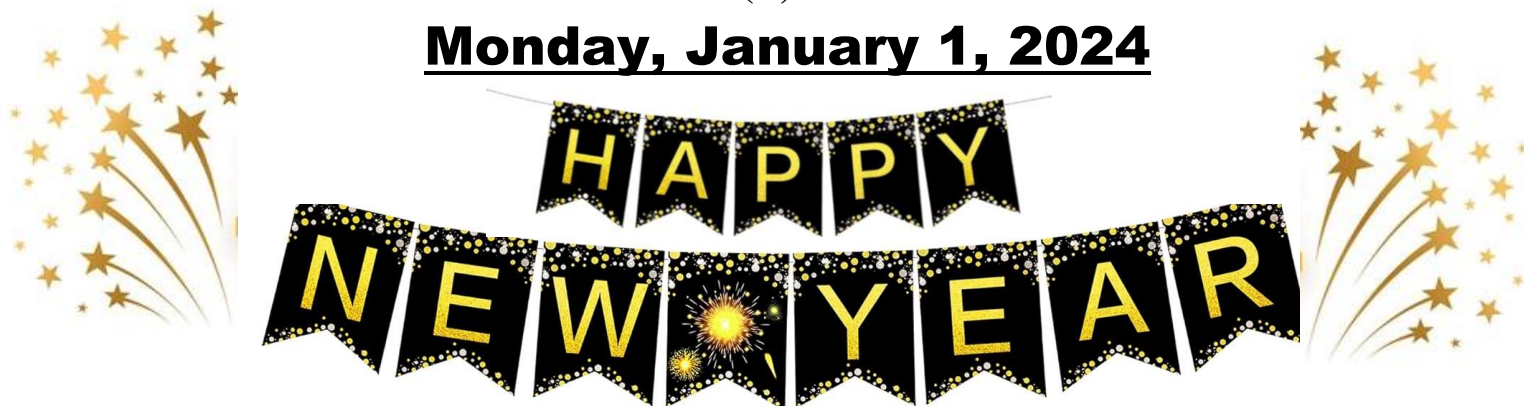


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**Monday, January 1, 2024**



❖ **11:00am**      **Taking Down The 1<sup>st</sup> floor Christmas Decorations**  
**with Jordan**

❖ **1:30pm**      **The Inventor:**      **\*Commons**  
**“Out for Blood in Silicon Valley”**

Alex Gibney’s documentary chronicles the rise and fall of Elizabeth Holmes’s former blood-testing company Theranos, which resulted in fraud charges for the young founder. The film is a great examination not just of the ambitious entrepreneur behind Theranos, but the employees, investors, whistleblowers, and journalists involved.

**Streaming**      **Netflix 1hr, 29min (16+)**

- Year      2020
- Director      Maite Alberdi
- Starring      Sezergio Chamy, Rómulo Aitken, Marta Olivares
- Genres      Documentary
- Audio      English

❖ **3:00pm**      **Afternoon Social**      **\*Library**

❖ **3:30pm**      **Bingo**      **\*Commons**

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## **Tuesday, January 2, 2024**

### ❖ **11:00am Tech Support with Jordan**

11:00am – 4:00pm In residents' room.

Sign up with Concierge

Specify your preferred support time-30 minutes per resident

### ❖ **11:00am Tai Chi**

**\*Commons**

### **“Edward Pratt”**

*Edward Pratt is a Tai Chi Chuan and Martial Arts Coach. He has over 30 yrs. of Martial Arts experience and about 15 yrs. of experience in Tai Chi Chuan.*

### ❖ **1:30pm Scenic Van Ride Potomac**

- Weather Permitting (makeup for last week's cancelation.)
- Sign up with Concierge
- Bus Loading & Departure Schedule
  - **1:10pm** - Wheelchair & Transfer residents: Meet in the Bistro @ 1:10pm
  - **1:20pm** - Walk on the bus residents- Meet in the Bistro @ 1:20pm
  - **1:25pm** - Waiting list loading

❖ *To avoid losing your place, please arrive 5 minutes before your scheduled loading time.*

### ❖ **3:00pm Afternoon Social**

**\*Library**

### ❖ **3:30pm Dominos**

**\* Library**

### ❖ **6:45pm**

**Grand Oaks Discussion Group  
In the Conference Room**

**All Residents are welcome to Join.**



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## **Thursday, January 4, 2024**

❖ **10:00am Trivia Tournament with Adela** \*Commons

❖ **11:00am Tech Support with Jordan**

11:30am – 4:00pm In residents' room.

Sign up with Concierge

Specify your preferred support time-30 minutes per resident

❖ **11:00am Tai Chi** \*Commons

### **“Edward Pratt”**

*Edward Pratt is a Tai Chi Chuan and Martial Arts Coach. He has over 30 yrs. of Martial Arts experience and about 15 yrs. of experience in Tai Chi.*

❖ **11:15am Taking down 4<sup>th</sup> Floor Christmas Trees with Adela**

❖ **1:30pm Dominos** \*Bistro

❖ **2:00pm Creative Art with Adela** \*Commons

*Paint your own fall canvas, decorate a wooden tray with a spooky design or customize your own Halloween face masks.*

❖ **3:00pm Afternoon Social** \*Library

❖ **3:30m Balloon Tennis** \* Commons

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## **Friday, January 5, 2024**

- ❖ 10:00am **Trivia Quiz** \*Library
- ❖ 11:00am **Seated Exercise Class with Legacy** \*Commons
- ❖ 1:00pm **Catholic Mass** \*Chapel

**Sean Phillips**

### **Our Lady of Victory Catholic Church**

**(Father Andy will be back on Jan 24<sup>th</sup>)**

- ❖ 2:00pm **Word find** \*Library
- ❖ 3:00pm **Afternoon Social** \*Library
- ❖ 3:30pm **Bingo** \*Commons
- ❖ 7:00pm **Coda** \*Commons

A famous pianist (Patrick Stewart) struggling with stage fright late in his career finds inspiration with a free-spirited music critic (Katie Holmes). CODA also stars Giancarlo Esposito.

#### **Streaming Netflix – 1hr, 37min (13+)**

- Year 2020
- Directors Claude Lalonde
- Starring Patrick Stewart, Katie Holmes, Giancarlo Esposito
- Genres Arts, Entertainment, and Culture
- Audio English

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## **Saturday, January 6, 2024**

❖ 10:00am **Trivia Quiz** \*Library

❖ 11:00am **Seated Exercise Class** \*Commons

❖ 1:30pm **Coda** \*Commons

A famous pianist (Patrick Stewart) struggling with stage fright late in his career finds inspiration with a free-spirited music critic (Katie Holmes). CODA also stars Giancarlo Esposito.

### **Streaming Netflix – 1hr, 37min (13+)**

- Year 2020
- Directors Claude Lalonde
- Starring Patrick Stewart, Katie Holmes, Giancarlo Esposito
- Genres Arts, Entertainment, and Culture
- Audio English

❖ 1:30pm **Bridge Club** \*Bistro

❖ 2:00p **Dominos** \*Bistro

❖ 3:00pm **Afternoon Social** \*Library

❖ 3:30pm **Word find** \*Commons

❖ 4:30pm **COCKTAIL HOUR** \*Bistro

**Featuring themed Cocktail & Wine & Beer**

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## **Sunday, January 7, 2024**

❖ **10:00am Seated Exercise Class** \*Commons  
• With Adela

❖ **11:00am Presbyterian Worship Service** \*Commons

12:00pm ~ 1:30pm

**IN THE DINING ROOM**



❖ **1:30 pm Ballet on Ice: Sleeping Beauty 2013** \*Commons

Set to the magnificent compositions of Pyotr Ilyich Tchaikovsky, The Sleeping Beauty retells the classic fairy tale love story through sublime world class ice dancing, breathtaking high speed lifts and throws, awe-inspiring aerial gymnastics and fire effects in a choreography by the award-winning Tony Mercer, all in the enchanting setting of a theater stage. Performed by a cast of world class i...

**Streaming: Amazon Prime – 1h 36min (G)**

- Year 2014
- Director Lunchbox Theatrical Productions
- Starring Vasilii Andreev, Yulia Ashcheulova, Bogdan Berezenko
- Genres Music Videos and Concerts
- Audio English

❖ **2:00pm Crosswords** \*Library

❖ **3:00pm Afternoon Social** \*Library

❖ **3:30pm Bingo** \*Commons