

OASIS ACTIVITY SCHEDULE

TODAY IS

MONDAY, JANUARY 15, 2024

10:00am Coffee, Muffins & **MLK Day Trivia:**
"Remembering Dr. King's Legacy"

10:30am Balloon Tennis

11:00am Sit & Fit with Legacy

11:30am **LUNCH**

1:30pm Crafting Connections:
Louis Vuitton Art Inspired Projects
2023 Collection

2:30pm Hors d'oeuvres & Frank Sinatra

3:00pm **BINGO!**

3:30pm Remembering MLK Together
"Unity Song Circle"

4:30pm **DINNER!**

TUESDAY, JANUARY 16, 2024

Daily Activities Schedule Is Subject To Change

OASIS ACTIVITY SCHEDULE

TODAY IS

10:00am Coffee, Muffins & Trivia

10:30am **Baking Club**

11:00am Table Tennis



11:30am

LUNCH!

1:30pm Walking Club

2:30pm Hors d'oeuvres and Elvis Presley Music

3:00pm **Jigsaw Puzzles**

3:30pm Pop Corn and Movie:

“Northanger Abbey” 2008(Part 1)

4:30pm

DINNER!

WEDNESDAY, JANUARY 17, 2024

Daily Activities Schedule Is Subject To Change

OASIS ACTIVITY SCHEDULE

TODAY IS

10:00am Coffee, Muffins & Trivia

10:30am **Mini Golf**

11:00am **Balance & Motion with Michael**

12:00m **LUNCH!**

1:30pm **Spa Session**

2:30pm Hors d'oeuvres & Mozart



3:00pm **Dominos**

3:30pm **Remembering Great Minds**

THE UNTOLD STORY OF JANE AUSTEN | BEHIND

CLOSED DOORS | TIMELINE

4:30pm **DINNER!**

THURSDAY, JANUARY 18, 2024

Daily Activities Schedule Is Subject To Change

OASIS ACTIVITY SCHEDULE

TODAY IS

10:00am Coffee, Muffins & Armchair Travel



10:30am **Dartboard**

11:00am **Balance & Motion with Michael**

11:30m **LUNCH!**

1:30pm **Scenic Van Ride** (*Weather Permitting*)

2:30pm Putting golf with Care Team

3:00pm Hors d'oeuvres & Music /Care Team

3:30pm **An Evening at the Opera:**

“THE PHANTOM OF THE OPERA”

4:30pm **DINNER!**

FRIDAY, JANUARY 19, 2024

Daily Activities Schedule Is Subject To Change

OASIS ACTIVITY SCHEDULE

TODAY IS

10:00am Coffee, Muffins & Trivia

10:30am **CORN HOLE GAME!**

11:00am **Zumba Seated Class with Alba**

12:00pm to 1:00 pm

LUNCH BUNCH AT Assisted Living Dining Room!

1:00pm **Communion and Prayers**

2:00 pm **Queen's High Tea**



Tea Time

2:30pm Hors d'oeuvres & Andre Rieu

3:00pm **Poetry Reading**

3:30pm Pop Corn & Movie:

“Northanger Abbey” 2008 (Part 2)

4:30pm **DINNER!**

SATURDAY, JANUARY 20, 2024

Daily Activities Schedule Is Subject To Change

OASIS ACTIVITY SCHEDULE

TODAY IS

10:00am Coffee & Muffins with Armchair Travel

10:30am **Balloon Tennis**

11:00am **Seated Morning Stretch**

11:30am **LUNCH!**

1:30pm **WALKING CLUB**

2:30pm Hors d'oeuvres with 50s Music

3:00pm **Hand Massage**

3:30pm **BINGO!**

4:30pm **DINNER!**

SUNDAY, JANUARY 21, 2024

Daily Activities Schedule Is Subject To Change

OASIS ACTIVITY SCHEDULE

TODAY IS

10:00am Coffee, Muffins & Balloon Tennis

10:30am **Seated Morning Stretch**

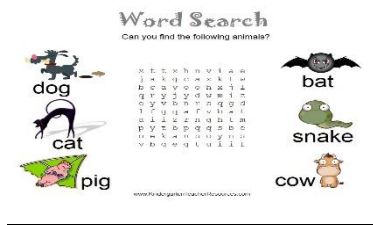
11:00am Live Stream – Washington National Cathedral

- Featuring prayers, readings from Holy Scripture, and contemplative music.

11:30am

LUNCH

1:30pm Word Search



2:30pm **Hors d'oeuvres with Broadway Tunes**

3:00pm **Finish the Expressions**

3:30pm **Fun with Arts & Crafts**

4:30pm

DINNER!

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