

OASIS ACTIVITY SCHEDULE

TODAY IS

MONDAY, JANUARY 29, 2024

10:00am Coffee, Muffins & Armchair Travel

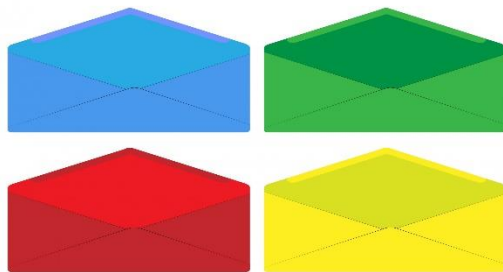
10:30am Balloon Tennis

11:00am Sit & Fit with Legacy

11:30am **LUNCH**

1:30pm Art & Craft:

Crafting Envelopes Together



2:30pm Hors d'oeuvres & Frank Sinatra

3:00pm **BINGO!**

3:30pm Singalong with Susie Q

4:30pm **DINNER!**

Daily Activities Schedule Is Subject To Change

OASIS ACTIVITY SCHEDULE

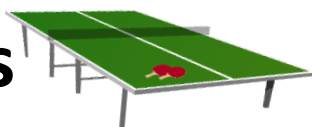
TODAY IS

TUESDAY, JANUARY 30, 2024

10:00am Coffee, Muffins & Trivia

10:30am **Baking Club**

11:00am Table Tennis



11:30am **LUNCH!**

1:30pm Walking Club

2:30pm Hors d'oeuvres and Elvis Presley Music

3:00pm **Jigsaw Puzzles**

3:30pm Pop Corn and Movie:

“The Sound of Music” 1965 (Part 1)

4:30pm **DINNER!**

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TODAY IS

WEDNESDAY, JANUARY 31, 2024

10:00am Coffee, Muffins & Trivia

10:30am Mini Golf

11:00am Balance & Motion with Michael

12:00m **LUNCH!**

1:30pm **Spa Session**

2:30pm Hors d'oeuvres & Mozart



3:00pm **Dominos**

3:30pm **French Club (Club Français)**

4:00pm **French T.V. SHOW:**
Chef Table France

4:30pm **DINNER!**

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TODAY IS

🌈🌈🌈🌈🌈 **THURSDAY, FEBRUARY 1, 2024** 🌈🌈🌈🌈🌈
BLACK HISTORY MONTH

10:00am Coffee, Muffins & Trivia

First Letter of the Month

10:30am **Dartboard**



11:00am **Balance & Motion with Michael**

11:30m **LUNCH!**

1:30pm **Scenic Van Ride** (*Weather Permitting*)

2:30pm Putting golf with Care Team

3:00pm Hors d'oeuvres & Music /Care Team

3:30pm **An Evening at the Opera:**

**“THE PHANTOM OF THE OPERA AT THE ROYAL
ALBERT HALL”**

4:30pm **DINNER!**

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TODAY IS

🍷🍷🍷🍷🍷 **FRIDAY, FEBRUARY 2, 2024** 🍷🍷🍷🍷🍷

10:00am Coffee, Muffins & Trivia

10:30am **CORN HOLE GAME!**

11:00am **Zumba Seated Class with Alba**

12:00pm to 1:00 pm

LUNCH BUNCH AT Assisted Living Dining Room!

1:00pm **Communion and Prayers**

2:00 pm **Queen's High Tea**



Tea Time

2:30pm **Hors d'oeuvres & Andre Rieu**

3:00pm **Poetry Reading**

3:30pm **Pop Corn & Movie:**

“The Sound of Music” 1965 (Part 2)

4:30pm **DINNER!**

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TODAY IS



SATURDAY, FEBRUARY 3, 2024



10:00am Coffee & Muffins with Trivia

10:30am **Balloon Tennis**

11:00am **Seated Exercises**

11:30am **LUNCH!**

1:30pm **WALKING CLUB**

2:30pm **Hand Massage**

3:00pm Hors d'oeuvres with 50s Music

3:30pm **BINGO!**

4:30pm **DINNER!**

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OASIS ACTIVITY SCHEDULE

TODAY IS



SUNDAY, FEBRUARY 4, 2024



10:00am Coffee, Muffins & Balloon Tennis

10:30am **Seated Morning Stretch**

11:00am Live Stream – Washington National Cathedral

- Featuring prayers, readings from Holy Scripture, and contemplative music.

11:30m **LUNCH**

1:30pm Word Search

2:30pm **Hors d'oeuvres with Broadway Tunes**

3:00pm **Finish the Expressions**

3:30pm **Fun with Arts & Crafts**

4:30pm **DINNER!**

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