

*Daily Activities Schedule Is Subject To Change. Check with concierge for changes that may occur. Concierge- 202-349-3400, Jordan Asrat ~ Director of Activities ~ 202- 660-7881 ~ Email- [yasrat1@jhmi.edu](mailto:yasrat1@jhmi.edu) (Please ask your Care Manager if you need a mask) Commons (A) = Movie Side & Commons (B) = Piano Side*

## **Monday, February 19, 2024**

❖ 11:00am **Balance and Motion** **\*Commons**

**“Michael Rosengart”**

*NCSF Certified Personal Trainer. Strength Coach, Prehab Specialist*

❖ 1:00pm **"Marian Anderson: The Whole World in Her Hands "** **\*Commons**

**Explore the life, career, art and legacy of the African American contralto and civil rights pioneer Marian Anderson. Anchored by key performances in her career, Marian Anderson: The Whole World in Her Hands shows how her quiet genius and breathtaking voice set the stage for Black performers in classical music, and a louder voice for civil rights.**

**Streaming** **Prime Video 1hr, 52 (16+)**

- |            |                             |
|------------|-----------------------------|
| • Year     | 2022                        |
| • Director | Rita Coburn                 |
| • Starring | Eric Carter, Lia Fitzgerald |
| • Genres   | Documentary                 |
| • Audio    | English                     |

❖ 3:00pm **Afternoon Social** **\*Library**

❖ 3:45pm **Bingo** **\*Commons**

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## **Tuesday, February 20, 2024**

### ❖ **11:00am Tech Support with Jordan**

11:30am – 4:00pm In residents' room. Sign up with Concierge  
Specify your preferred support time-30 minutes per resident

### ❖ **11:00am Tai Chi**

**\*Commons**

#### **“Edward Pratt”**

Edward Pratt is a Tai Chi Chuan and Martial Arts Coach. He has over 30yrs. of Martial Arts experience and about 15 yrs. of experience in Tai Chi Chuan.

### ❖ **1:30pm Shopping Trip (The Shops at Sumner Place)** Deadline to Sign up with concierge is – (9:00 am on Tuesday)

- Residents will have 1 hour to shop.
- Bus Drop off & Pick UP location- **Safeway Grocery Store**

#### **Bus Loading & Departure Schedule**

- 1:10pm - Wheelchair & Transfer residents – Meet in the Bistro @ 1:10pm
- 1:20pm - Walk on the bus residents- Meet in the Bistro @ 1:20pm
- 1:25pm - Waiting list starts loading
- 1:30pm - Bus will depart – arrive 5 minutes before your scheduled loading time.

### ❖ **1:30pm Grand Oaks Book Club Meeting**

**\*Commons**

#### **All the Light We Cannot See: by Doerr, Anthony**

### ❖ **3:00pm Afternoon Social:**

**\*Library**

### ❖ **3:00pm Art Lecture: Streaming**

**\*Commons**

#### **“The Vatican Museums”**

This historic documentary film illuminates and chronicles the great journey of the human spirit, a guided tour of the world's most spectacular and sacred repository of art, history, and faith.

**Documentary, Arts, Entertainment, and Culture- 2019, 2hrs, 34min**

### ❖ **6:45pm Grand Oaks Discussion Group**

**In the Conference Room - All Residents are welcome to Join.**

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## **Wednesday, February 21, 2024**

- ❖ 10:00am **The Great American Trivia** \*Library
- ❖ 11:00am **Sit and Fit with Owen** \* Commons

### **“Owen Lentz”**

*Personal trainer and corrective exercise specialist since 2007 Former professional rugby player. Representing USA at the 2007 rugby World Cup and South Africa in the junior World Cup in 2001.*

- ❖ 2:00pm **Spanish Club with Ms Olga Baer**  
**4<sup>th</sup> floor Country Kitchen/Northside**

**Come learn basic Conversational skills, verb conjugation and Culture. Practice by speaking every day phrases.**

- ❖ 1:30pm **“Field of Dreams”** \*Commons

When Iowa farmer Ray (Kevin Costner) hears a mysterious voice one night in his cornfield saying "If you build it, he will come," he feels the need to act. Despite taunts of lunacy, Ray builds a baseball diamond on his land, supported by his wife, Annie (Amy Madigan). Afterward, the ghosts of great players start emerging from the crops to play ball, led by "Shoeless" Joe Jackson

### **Streaming Prime Video – 1hr, 42min (PG)**

- Year 1989
- Directors Phil Alden Robinson
- Starring Kevin Costner, Amy Madigan, James Earl Jones
- Genres Drama, Fantasy
- Audio English

- ❖ 3:00pm **Afternoon Social: Valentine’s Day Flower Giveaway** \*Library
- ❖ 3:30pm **Balloon Tennis** \* Library
- ❖ 4:30pm **Cocktail Hour** \*Bistro
- Featuring themed Cocktail & Wine & Beer**

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## **Thursday, February 22, 2024**

❖ 10:00am Trivia Tournament with Adela \*Commons

❖ 11:00am Tech Support with Jordan

11:30am – 4:00pm In residents' room.

Sign up with Concierge

Specify your preferred support time-30 minutes per resident

❖ 11:00am Tai Chi \*Commons

### **“Edward Pratt”**

*Edward Pratt is a Tai Chi Chuan and Martial Arts Coach. He has over 30 yrs. of Martial Arts experience and about 15 yrs. of experience in Tai Chi.*

❖ 1:30pm Bridge Club \*Bistro

**2:00pm – 3:00pm**

In the commons



Join us in celebrating **NATIONAL CHILI DAY** at our annual Chili Cook-Off! Be a part of the excitement, become a judge, and indulge in the mouthwatering flavors of our delicious chili creations.

❖ 3:30m Sing Along \* Library

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## **Friday, February 23, 2024**

- ❖ 10:00am **Trivia Quiz** \*Library
- ❖ 11:00am **Seated Exercise Class with Legacy** \*Commons
- ❖ 1:00pm **Catholic Mass** \*Chapel

**Sean Phillips**

### **Our Lady of Victory Catholic Church**

- ❖ 2:00pm **Word find** \*Library
- ❖ 3:00pm **Afternoon Social** \*Library
- ❖ 3:30pm **Bingo** \*Commons
- ❖ 7:00pm **“Field of Dreams”** \*Commons

When Iowa farmer Ray (Kevin Costner) hears a mysterious voice one night in his cornfield saying "If you build it, he will come," he feels the need to act. Despite taunts of lunacy, Ray builds a baseball diamond on his land, supported by his wife, Annie (Amy Madigan). Afterward, the ghosts of great players start emerging from the crops to play ball, led by "Shoeless" Joe Jackson. But, as Ray learns, this field of dreams is about much more than bringing former baseball greats out to play.

#### **Streaming Prime Video – 1hr, 42min (PG)**

- Year 1989
- Directors Phil Alden Robinson
- Starring Kevin Costner, Amy Madigan, James Earl Jones
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## **Saturday, February 24, 2024**

- ❖ 10:00am Trivia Quiz \*Library
- ❖ 11:00am Seated Exercise Class \*Commons
- ❖ 1:30pm **“Field of Dreams”** \*Commons

When Iowa farmer Ray (Kevin Costner) hears a mysterious voice one night in his cornfield saying "If you build it, he will come," he feels the need to act. Despite taunts of lunacy, Ray builds a baseball diamond on his land, supported by his wife, Annie (Amy Madigan). Afterward, the ghosts of great players start emerging from the crops to play ball, led by "Shoeless" Joe Jackson. But, as Ray learns, this field of dreams is about much more than bringing former baseball greats out to play.

### **Streaming Prime Video – 1hr, 42min (PG)**

- Year 1989
- Directors Phil Alden Robinson
- Starring Kevin Costner, Amy Madigan, James Earl Jones
- Genres Drama, Fantasy
- Audio English

- ❖ 1:30pm Bridge Club \*Bistro
- ❖ 2:00p Dominos \*Bistro
- ❖ 3:00pm Afternoon Social \*Library
- ❖ 3:30pm Word find \*Commons
- ❖ 4:30pm COCKTAIL HOUR \*Bistro

**Featuring themed Cocktail & Wine & Beer**

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## **Sunday, February 25, 2024**

- ❖ **10:00am**      **Seated Exercise Class**      **\*Commons**
- ❖ **11:00am**      **Presbyterian Worship Service**      **\*Commons**

12:00pm ~ 1:30pm

Sunday Lunch

IN THE DINING ROOM



- ❖ **1:30 pm**      **“Giselle”**      **\*Commons**  
**(Laëticia Pujol, Nicolas Le Riche - Opéra National de Paris)**

Giselle, the Romantic ballet par excellence! Relive the story of a young country girl's innocent love for the Duke Albrecht. When she learns that he is already engaged to marry a princess, Giselle suffers violent hallucinations and then dies. In vengeance, the Queen of the Wilis-the ghosts of young girls who die before their time-condemns Albrecht to dance until he dies of exhaustion

**Streaming: Amazon Prime – 1hr, 50min (ALL)**

- Year                      2006
- Director                François Roussillon
- Starring                Laëtitia Pujol, Nicolas Le Riche, Marie-Agnès Gillot
- Genres                  Arts, Entertainment, and Culture
- Audio                    English

- ❖ **2:00pm** **Crosswords**      **\*Library**
- ❖ **3:00pm** **Afternoon Social**      **\*Library**
- ❖ **3:30pm**      **Bingo**      **\*Commons**