

OASIS ACTIVITY SCHEDULE

TODAY IS

MONDAY, FEBRUARY 05, 2024

10:00am Coffee, Muffins & Armchair Travel

10:30am Balloon Tennis

11:00am Sit & Fit with Legacy

11:30am **LUNCH**

1:30pm Arts & Crafts:

**Brushing Memories: Mini Canvas
Moments**

2:30pm Hors d'oeuvres & Frank Sinatra

3:00pm **BINGO!**

3:30pm Singalong with Susie Q

4:30pm **DINNER!**

Daily Activities Schedule Is Subject To Change

OASIS ACTIVITY SCHEDULE

TODAY IS

TUESDAY, FEBRUARY 06, 2024

10:00am Coffee, Muffins & Trivia

10:30am **Baking Club**

11:00am Table Tennis



11:30am **LUNCH!**

1:30pm Walking Club

2:30pm Hors d'oeuvres and Elvis Presley Music

3:00pm **Jigsaw Puzzles**

3:30pm Pop Corn and Movie:

“Pride & Prejudice” 1995(Ep 1)

4:30pm **DINNER!**

Daily Activities Schedule Is Subject To Change

OASIS ACTIVITY SCHEDULE

TODAY IS

WEDNESDAY, FEBRUARY 07, 2024

10:00am Coffee, Muffins & Trivia



10:30am **NEUROBIC EXERCISES**

11:00am Balance & Motion with Michael

12:00m **LUNCH!**

1:30pm **Spa Session**

2:30pm Hors d'oeuvres & Mozart



3:00pm **UNO (CARD GAME)**

3:30pm **French Club (Club Français)**

4:00pm **French T.V. SHOW:**

Chef Table France

4:30pm **DINNER!**

Daily Activities Schedule Is Subject To Change

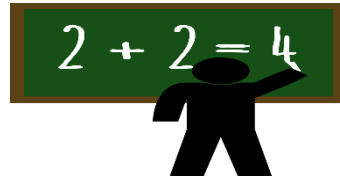
OASIS ACTIVITY SCHEDULE

TODAY IS

THURSDAY, FEBRUARY 08, 2024

10:00am Coffee, Muffins & Armchair Travel

10:30am **Math Club**



11:00am **Balance & Motion with Michael**

11:30m **LUNCH!**

1:30pm **Scenic Van Ride** (*Weather Permitting*)

2:30pm Putting golf with Care Team

3:00pm Hors d'oeuvres & Music /Care Team

3:45pm **An Evening at Broadway:**

"Second Chorus" 1940

PRIME

4:30pm **DINNER!**

Daily Activities Schedule Is Subject To Change

OASIS ACTIVITY SCHEDULE

TODAY IS

FRIDAY, FEBRUARY 09, 2024

10:00am Coffee, Muffins & Trivia

10:30am **CORN HOLE GAME!**

11:00am **Zumba Seated Class with Alba**

12:00pm to 1:00 pm

LUNCH BUNCH AT Assisted Living Dining Room!

1:00pm **Communion and Prayers**

2:00 pm **Queen's High Tea**



Tea Time

2:30pm **Hors d'oeuvres & Andre Rieu**

3:00pm **Pleasant face exercises!**

3:30pm **Pop Corn & Movie:**

“Pride & Prejudice” 1995(Ep 2)

4:30pm **DINNER!**

Daily Activities Schedule Is Subject To Change

OASIS ACTIVITY SCHEDULE

TODAY IS

SATURDAY, FEBRUARY 10, 2024

10:00am Coffee & Muffins with Trivia

10:30am **Seated Morning Stretch**

11:00am **Balloon Tennis**

11:30am **LUNCH!**

1:30pm **MUSIC THERAPY WITH FRAN**



2:00pm **Hand Massage**

3:00pm Hors d'oeuvres with 50s Music

3:30pm **BINGO!**

4:30pm **DINNER!**

Daily Activities Schedule Is Subject To Change

OASIS ACTIVITY SCHEDULE

TODAY IS

SUNDAY, FEBRUARY 11, 2024

10:00am Coffee, Muffins & Balloon Tennis

10:30am **Seated Morning Stretch**

11:00am Sunday's Mass Live Streaming (National Shrine DC)

11:30m **LUNCH**

1:30pm Word Search



2:30pm **Hors d'oeuvres with Broadway Tunes**

3:00pm **Finish the Expressions**

3:30pm **Fun with Arts & Crafts**

4:30pm **DINNER!**

Daily Activities Schedule Is Subject To Change