

OASIS ACTIVITY SCHEDULE

TODAY IS

MONDAY, FEBRUARY 12, 2024

10:00am Coffee, Muffins & Armchair Travel

10:30am Discovering the Alphabet with your Senses

11:00am Sit & Fit with Legacy

11:30am **LUNCH**

1:30pm Life Skills:

Polishing Silverware

2:30pm Hors d'oeuvres & Frank Sinatra

3:00pm **BINGO!**

3:30pm Singalong with Susie Q

4:30pm **DINNER!**

Daily Activities Schedule Is Subject To Change

OASIS ACTIVITY SCHEDULE

TODAY IS

TUESDAY, FEBRUARY 13, 2024

Happy Mardi Gras

10:00am Coffee, Muffins & Trivia

10:30am *Shrove Tuesday Pancake Party*

11:00am **MARDI GRAS PARADE**

11:30am **LUNCH!**

1:30pm Walking Club

2:30pm Hors d'oeuvres and Mardi Gras Music

3:00pm **Jigsaw Puzzles**

3:30pm Pop Corn and Movie:

“An Affair to Remember” 1957 (Part 1)

4:30pm **DINNER!**

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OASIS ACTIVITY SCHEDULE

TODAY IS

WEDNESDAY, FEBRUARY 14, 2024

Happy Valentines Day



10:00am Coffee, Muffins & Trivia

10:30am Reminiscence: **How you met your husband/wife?**

11:00am Balance & Motion with Michael

12:00m **LUNCH!**

1:30pm **Spa Session**

2:30pm Hors d'oeuvres & Love Songs

3:00pm **Valentine's Day Poem**

3:30pm **Music Therapy with Eduardo**

4:30pm **DINNER!**

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TODAY IS

THURSDAY, FEBRUARY 15, 2024

10:00am Coffee, Muffins & Trivia



10:30am **Dartboard**

11:00am **Balance & Motion with Michael**

11:30am **LUNCH!**

1:30pm **Scenic Van Ride** (*Weather Permitting*)

2:30pm Putting golf with Care Team

3:00pm Hors d'oeuvres & Music /Care Team

3:30pm **An Evening at Broadway:**

**“My Favorite Broadway: The Leading Ladies-
Full Concert 09/28/98”**

4:30pm **DINNER!**

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TODAY IS

FRIDAY, FEBRUARY 16, 2024

10:00am Coffee, Muffins & Trivia

10:30am **THE PARACHUTE!**

11:00am **Seated Exercises with Alba**

12:00pm to 1:00 pm

LUNCH BUNCH AT Assisted Living Dining Room!

1:00pm **Communion and Prayers**



2:00 pm **Red Hat Tea**

2:30pm Hors d'oeuvres & Andre Rieu

3:00pm **Poetry Reading**

3:30pm Pop Corn & Movie:

“An Affair to Remember” 1957 (Part 1)

4:30pm **DINNER!**

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TODAY IS

SATURDAY, FEBRUARY 17, 2024

10:00am Coffee & Muffins with Trivia

10:30am **Balloon Tennis**

11:00am **Seated Exercises**

11:30am **LUNCH!**

1:30pm **WALKING CLUB**

2:30pm Hors d'oeuvres with 50s Music

3:00pm **Hand Massage**

3:30pm **BINGO!**

4:30pm **DINNER!**

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TODAY IS

SUNDAY, FEBRUARY 18, 2024

10:00am Coffee, Muffins & Balloon Tennis

10:30am **Seated Morning Stretch**

11:00am Live Stream – Washington National Cathedral

- Featuring prayers, readings from Holy Scripture, and contemplative music.

11:30m

LUNCH

1:30pm Word Search



2:30pm **Hors d'oeuvres with Broadway Tunes**

3:00pm **Finish the Expressions**

3:30pm **Movie:**

“An Affair to Remember” 1957

4:30pm

DINNER!

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