

# OASIS ACTIVITY SCHEDULE

TODAY IS

**MONDAY, FEBRUARY 26, 2024**

10:00am Coffee, Muffins & Balloon Tennis

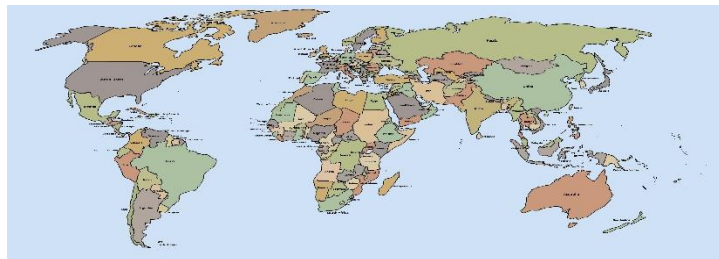
10:30am **Discover the Alphabet with your Senses**

11:00am Sit & Fit with Legacy

11:30am **LUNCH**

1:30pm Art & Craft:

Global **Palette Journey**



2:30pm Hors d'oeuvres & Frank Sinatra

3:00pm **BINGO!**

3:30pm Singalong with Susie Q

4:30pm **DINNER!**

***Daily Activities Schedule Is Subject To Change***

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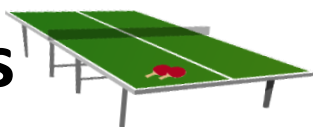
TODAY IS

**TUESDAY, FEBRUARY 27, 2024**

10:00am Coffee, Muffins & Trivia

10:30am **Baking Club**

11:00am Table Tennis



11:30am

**LUNCH!**

1:30pm Walking Club

2:30pm Hors d'oeuvres and Elvis Presley Music

3:00pm **Jigsaw Puzzles**

3:30pm Pop Corn and Movie:

**“Pride & Prejudice” 1996 (Ep 3)**

4:30pm

**DINNER!**

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# OASIS ACTIVITY SCHEDULE

TODAY IS

**WEDNESDAY, FEBRUARY 28, 2024**

10:00am Coffee, Muffins & Armchair Travel

10:30am **Mini Golf**

11:00am **Balance & Motion with Michael**

12:00m **LUNCH!**

1:30pm **Spa Session**

2:30pm Hors d'oeuvres & Mozart

3:00pm **Celebration of Wisdom Cake Moment**



3:30pm **Music Therapy with Eduardo**

4:30pm **DINNER!**

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# OASIS ACTIVITY SCHEDULE

TODAY IS

**THURSDAY, FEBRUARY 29, 2024**

10:00am Coffee, Muffins & Armchair Travel



10:30am **Dartboard**

11:00am **Balance & Motion with Michael**

11:30m **LUNCH!**

1:30pm **Scenic Van Ride** (*Weather Permitting*)

2:30pm Putting golf with Care Team

3:00pm Hors d'oeuvres & Music /Care Team

3:30pm **An Evening at the Ballet:**

**"BALLET La Traviata"**

4:30pm **DINNER!**

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# OASIS ACTIVITY SCHEDULE

TODAY IS

**FRIDAY, MARCH 1, 2024**

10:00am Coffee, Muffins & Armchair Travel

**First Letter of the Month**

10:30am **THE PARACHUTE!**

11:00am **Seated Exercises with Alba**

12:00pm to 1:00 pm

**LUNCH BUNCH AT Assisted Living Dining Room!**

1:00pm **Communion and Prayers**

2:00 pm **Queen's High Tea**



*Tea Time*

2:30pm Hors d'oeuvres & Andre Rieu

3:00pm **Poetry Reading**

3:30pm Pop Corn & Movie:

**“Pride & Prejudice” 1996 (Ep 4)**

4:30pm **DINNER!**

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# OASIS ACTIVITY SCHEDULE

TODAY IS

**SATURDAY, MARCH 2, 2024**

10:00am Coffee & Muffins with Trivia

10:30am **Balloon Tennis**

11:00am **Seated Exercises**

11:30am **LUNCH!**

1:30pm **WALKING CLUB**

2:30pm **Hand Massage**

3:00pm Hors d'oeuvres with 50s Music

3:30pm **BINGO!**

4:30pm **DINNER!**

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# OASIS ACTIVITY SCHEDULE

TODAY IS

**SUNDAY, MARCH 3, 2024**

10:00am Coffee, Muffins & Balloon Tennis

10:30am **Seated Morning Stretch**

11:00am Live Stream – Washington National Cathedral

- Featuring prayers, readings from Holy Scripture, and contemplative music.

11:30m

**LUNCH**

1:30pm Word Search



2:30pm **Hors d'oeuvres with Broadway Tunes**

3:00pm **Finish the Expressions**

3:30pm **Fun with Arts & Crafts**

4:30pm

**DINNER!**

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