# OASIS ACTIVITY SCHEDULE TODAY IS MONDAY, MARCH 11, 2024

10:00am Coffee, Muffins & Armchair Travel

**10:30am Discovering the Alphabet with your Senses** 

11:00am Sit & Fit with Legacy

11:30am

### **LUNCH**

1:30pm Life Skills:

**Polishing Silverware** 

2:30pm Hors d'oeuvres & Frank Sinatra

3:00pm **BINGO**!

3:30pm Singalong with Susie Q

4:30pm

**DINNER!** 

# OASIS ACTIVITY SCHEDULE TODAY IS TUESDAY, MARCH 12, 2024

10:00am Coffee, Muffins & Trivia

10:30am Baking Club



11:30am **LUNCH**!

1:30pm Walking Club

2:30pm Hors d'oeuvres and Elvis Presley Music

3:00pm Jigsaw Puzzles

3:30pm Pop Corn and Movie: **"Pride & Prejudice" 1995 (Ep 5)**4:30pm **DINNER!**

## OASIS ACTIVITY SCHEDULE TODAY IS WEDNESDAY, MARCH 13, 2024

10:00am Coffee, Muffins & Trivia

10:30am Mini Golf

11:00am Balance & Motion with Michael

12:00m **LUNCH**!

1:30pm Spa Session

2:30pm Hors d'oeuvres & Mozart



3:00pm **Dominos** 

3:30pm Music Therapy with Eduardo

4:30pm **DINNER!** 

# OASIS ACTIVITY SCHEDULE TODAY IS THURSDAY, MARCH 14, 2024

10:00am Coffee, Muffins & Trivia



- 10:30am Dartboard
- 11:00am Balance & Motion with Michael
- 11:30m **LUNCH**!
- **1:30pm Scenic Van Ride** (Weather Permitting)
- 2:30pm Putting golf with Care Team
- 3:00pm Hors d'oeuvres & Music /Care Team

# 3:30pm An Evening at the Opera: "THE PHANTOM OF THE OPERA AT THE ROYAL ALBERT HALL" 4:30pm DINNER:

### OASIS ACTIVITY SCHEDULE TODAY IS FRIDAY, MARCH 15, 2024

10:00am Coffee, Muffins & Trivia

10:30am CORN HOLE GAME!

### 11:00am Seated Exercise Class with Alba

12:00pm to 1:00 pm

### LUNCH BUNCH AT Assisted Living Dining Room!

**1:00pm** Communion and Prayers

2:00 pm Queen's High Tea



Tea Time

2:30pm Hors d'oeuvres & Andre Rieu

3:00pm Poetry Reading

3:30pm Pop Corn & Movie: **"Pride & Prejudice" 1995 (Ep 6)** 

4:30pm



# OASIS ACTIVITY SCHEDULE TODAY IS SATURDAY, MARCH 16, 2024

### 10:00am Coffee & Muffins with Trivia

10:30am **Balloon Tennis** 

- 11:00am Seated Exercises
- 11:30am **LUNCH**!
- 1:30pm WALKING CLUB
- 2:30pm Hand Massage
- 3:00pm Hors d'oeuvres with 50s Music

3:30pm **BINGO**!

4:30pm **DINNER!** 

## OASIS ACTIVITY SCHEDULE TODAY IS SUNDAY, MARCH 17, 2024



10:00am Coffee, Muffins & Balloon Tennis

10:30am Seated Morning Stretch

11:00am Live Stream – Washington National Cathedral

11:30m **LUNCH** 

1:30pm Lucky Charms & Superstition Reminiscence

2:30pm Hors d'oeuvres & Irish Music

3:00pm Saint Patrick's Day Coloring

3:30pm Movie: "Waking Ned Devine" 1999

4:30pm **DINNER!** Daily Activities Schedule Is Subject To Change