

OASIS ACTIVITY SCHEDULE

TODAY IS

MONDAY, MARCH 18, 2024

10:00am Coffee, Muffins & Armchair Travel

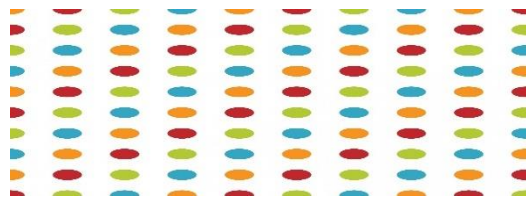
10:30am Balloon Tennis

11:00am Sit & Fit with Legacy

11:30am **LUNCH**

1:30pm Crafting Connections:

Louis Vuitton Art Inspired Projects



2023 Collection

2:30pm Hors d'oeuvres & Frank Sinatra

3:00pm **BINGO!**

3:30pm Singalong with Susie Q

4:30pm **DINNER!**

Daily Activities Schedule Is Subject To Change

OASIS ACTIVITY SCHEDULE

TODAY IS

TUESDAY, MARCH 19, 2024
Welcome Spring

10:00am Coffee, Muffins & Trivia

10:30am **Baking Club**

11:00am Table Tennis



11:30am

LUNCH!

1:30pm Walking Club

2:30pm Hors d'oeuvres and Elvis Presley Music

3:00pm **Jigsaw Puzzles**

3:30pm Pop Corn and Movie: **(Part 1)**

“James Bond: From Russia with Love” 1963

4:30pm

DINNER!

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OASIS ACTIVITY SCHEDULE

TODAY IS

WEDNESDAY, MARCH 20, 2024

10:00am Coffee, Muffins & Trivia 

10:30am **NEUROBIC EXERCISES**

11:00am Balance & Motion with Michael

12:00m **LUNCH!**

1:30pm **Picture Word Search-Flowers**

2:30pm Hors d'oeuvres & Mozart

3:00pm **CHANCE-TAKER'S CHALLENGE BOARD**

3:30pm **Remembering Great Minds:**

**WINSTON CHURCHILL - BRITAIN'S GREATEST PRIME
MINISTER DOCUMENTARY**

4:30pm **DINNER!**

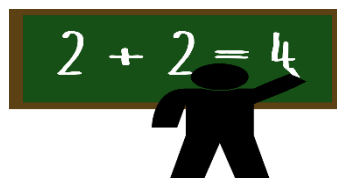
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OASIS ACTIVITY SCHEDULE

TODAY IS

THURSDAY, MARCH 21, 2024

10:00am Coffee, Muffins & Armchair Travel



10:30am **Math Club**

11:00am **Balance & Motion with Michael**

11:30m **LUNCH!**

1:30pm Scenic Van Ride (*Weather Permitting*)

Cheery Blossom Tour at Tidal Basin

2:30pm Putting golf with Care Team

3:00pm Hors d'oeuvres & Music /Care Team

3:45pm **An Evening at Broadway:**

“Les Miserables 10th Anniversary Concert”

4:30pm **DINNER!**

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OASIS ACTIVITY SCHEDULE

TODAY IS

FRIDAY, MARCH 22, 2024

10:00am Coffee, Muffins & Trivia

10:30am **CORN HOLE GAME!**

11:00am **Seated Zumba Seated with Alba**

12:00pm to 1:00 pm

LUNCH BUNCH AT Assisted Living Dining Room!

1:00pm **Communion and Prayers**

2:00 pm **Queen's High Tea**



2:30pm Hors d'oeuvres & Andre Rieu

3:00pm **Pleasant face exercises!**

3:30pm Pop Corn & Movie: ***(Part 2)***

“James Bond: From Russia with Love” 1963

4:30pm

DINNER!

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OASIS ACTIVITY SCHEDULE

TODAY IS

SATURDAY, MARCH 23, 2024

10:00am Coffee & Muffins with Trivia

10:30am **Seated Morning Stretch**

11:00am **Balloon Tennis**

11:30am **LUNCH!**

1:30pm **WALKING CLUB**

2:00pm **Hand Massage**

3:00pm Hors d'oeuvres with 50s Music

3:30pm **BINGO!**

4:30pm **DINNER!**

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OASIS ACTIVITY SCHEDULE

TODAY IS

SUNDAY, MARCH 24, 2024

10:00am Coffee, Muffins & Balloon Tennis

10:30am **Seated Morning Stretch**

11:00am Sunday's Mass Live Streaming
(National Shrine DC)

11:30m **Monthly Birthday LUNCHEON**

1:30pm Word Search

2:30pm **Hors d'oeuvres w/Broadway Tunes**

3:00pm **Finish the Expressions**

3:30pm **Fun with Arts & Crafts**

4:30pm **DINNER!**

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