

OASIS ACTIVITY SCHEDULE

TODAY IS

MONDAY, APRIL 15, 2024



10:00am Coffee, Muffins & World Art Day doc.

10:30am Balloon Tennis

11:00am Sit & Fit with Legacy

11:30am **LUNCH**

1:30pm Crafting Connections:

Louis Vuitton Art Inspired Project 2023 Collection

2:30pm Hors d'oeuvres & Frank Sinatra

3:00pm **BINGO!**

3:30pm Pop Corn & Movie:

“Little Women” 2019 (Part 1)

4:30pm **DINNER!**

Daily Activities Schedule Is Subject To Change

OASIS ACTIVITY SCHEDULE

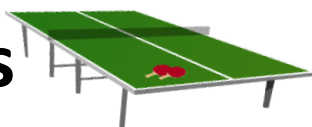
TODAY IS

TUESDAY, APRIL 16, 2024

10:00am Coffee, Muffins & Trivia

10:30am **Baking Club**

11:00am Table Tennis



11:30am

LUNCH!

1:30pm Walking Club

2:30pm Hors d'oeuvres and Elvis Presley Music

3:00pm **Jigsaw Puzzles**

3:30pm **Jeff Levin at The Piano**

4:30pm

DINNER!

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OASIS ACTIVITY SCHEDULE

TODAY IS

WEDNESDAY, APRIL 17, 2024

10:00am Coffee, Muffins & Trivia



10:30am **NEUROBIC EXERCISES**

11:00am Balance & Motion with Michael

12:00m **LUNCH!**

1:30pm *Golden Oasis: Senior Spa Experience*

2:30pm Hors d'oeuvres & Mozart

3:00pm **CHANCE-TAKER'S CHALLENGE BOARD**

3:30pm Remembering Great Minds:

Armstrong - A Neil Armstrong DOCUMENTARY

4:30pm **DINNER!**

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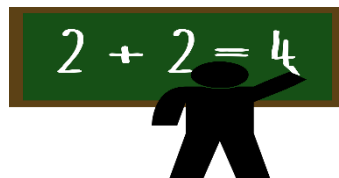
OASIS ACTIVITY SCHEDULE

TODAY IS

THURSDAY, APRIL 18, 2024

10:00am Coffee, Muffins & Armchair Travel

10:30am **Math Club**



11:00am **Balance & Motion with Michael**

11:30am **LUNCH!**

1:30pm **Scenic Van Ride** (*Weather Permitting*)

2:30pm Putting golf with Care Team

3:00pm Hors d'oeuvres & Music /Care Team

3:30pm **Singalong with Susie Q**

4:30pm **DINNER!**

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OASIS ACTIVITY SCHEDULE

TODAY IS

FRIDAY, APRIL 19, 2024

10:00am Coffee, Muffins & Trivia

10:30am **The Parachute!**

11:00am **Zumba Seated Class with Alba**

12:00pm to 1:00 pm

LUNCH BUNCH AT Assisted Living Dining Room!

1:00pm **Communion and Prayers**

2:00 pm **Queen's High Tea**



Tea Time

2:30pm Hors d'oeuvres & Andre Rieu

3:00pm **Pleasant face exercises!**

3:30pm Pop Corn & Movie:

“Little Women” 2019 (Part 2)

4:30pm

DINNER!

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OASIS ACTIVITY SCHEDULE

TODAY IS

SATURDAY, APRIL 20, 2024

10:00am Coffee & Muffins with Trivia

10:30am **Seated Morning Stretch**

11:00am **Balloon Tennis**

11:30am **LUNCH!**

1:30pm **WALKING CLUB**

2:30pm Hors d'oeuvres with 50s Music

3:00pm **Hand Massage**

3:30pm **BINGO!**

4:30pm **DINNER!**

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OASIS ACTIVITY SCHEDULE
TODAY IS
SUNDAY, APRIL 21, 2024

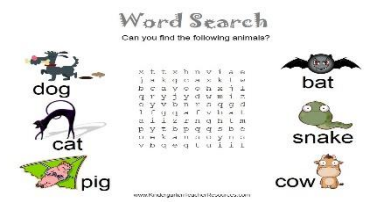
10:00am Coffee, Muffins & Balloon Tennis

10:30am **Seated Morning Stretch**

11:00am Sunday's Mass Live Streaming (National Shrine DC)

11:30m **LUNCH**

1:30pm Word Search



2:30pm **Hors d'oeuvres with Broadway Tunes**

3:00pm **Finish the Expressions**

3:30pm **Fun with Arts & Crafts**

4:30pm **DINNER!**

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