

OASIS ACTIVITY SCHEDULE

TODAY IS

MONDAY, APRIL 22, 2024



10:00am Coffee, Muffins & Intern. Mother Earth Day Doc

10:30am **International Mother Earth Day Puzzle**

11:00am Sit & Fit with Legacy

11:30am **LUNCH**

1:30pm Arts & Crafts

"Spring Blossoms: Floral Frame Decorating"

2:30pm Hors d'oeuvres & Frank Sinatra

3:00pm **Earth Day BINGO!**

3:30pm Singalong with Susie Q

4:30pm **DINNER!**

Daily Activities Schedule Is Subject To Change

OASIS ACTIVITY SCHEDULE

TODAY IS

TUESDAY, APRIL 23, 2024

10:00am Coffee, Muffins & Trivia

10:30am **Baking Club**

11:00am Table Tennis



11:30am **LUNCH!**

1:30pm Walking Club

2:30pm Hors d'oeuvres and Elvis Presley Music

3:00pm **Jigsaw Puzzles**

3:30pm Pop Corn and Movie:

“The Parent Trap” 1961 (Part 1)

4:30pm **DINNER!**

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OASIS ACTIVITY SCHEDULE

TODAY IS

WEDNESDAY, APRIL 24, 2024

10:00am Coffee, Muffins & Fun Riddles

10:30am Mini Golf

11:00am **Balance & Motion with Michael**

12:00m **LUNCH!**

1:30pm *Golden Oasis: Senior Spa Experience*

2:30pm Hors d'oeuvres & Finish the Expressions

3:30pm **Celebration of Wisdom Cake Moment**



Music Therapy with Eduardo

4:30pm **DINNER!**

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TODAY IS

THURSDAY, APRIL 25, 2024

10:00am Coffee, Muffins & Armchair Travel



10:30am **Dartboard**

11:00am **Balance & Motion with Michael**

11:30m **LUNCH!**

1:30pm **Scenic Van Ride** (*Weather Permitting*)

2:30pm Putting golf with Care Team

3:00pm Hors d'oeuvres & Music /Care Team

3:30pm **An Evening at the Opera:**

**“THE PHANTOM OF THE OPERA AT THE
ROYAL ALBERT HALL”**

4:30pm **DINNER!**

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TODAY IS

FRIDAY, APRIL 26, 2024

10:00am Coffee, Muffins & Armchair Travel

10:30am **The Parachute**

11:00am Zumba Seated Class with Alba

12:00pm to 1:00 pm

LUNCH BUNCH AT Assisted Living Dining Room!

1:00pm **Communion and Prayers**

2:00pm **Queen's High Tea**



Tea Time

2:30pm Hors d'oeuvres & Andre Rieu

3:00pm **Ipad/Tablet Time Treasures**

3:30pm Pop Corn & Movie:

“The Parent Trap” 1961 (Part 2)

4:30pm **DINNER!**

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OASIS ACTIVITY SCHEDULE

TODAY IS

SATURDAY, APRIL 27, 2024

10:00am Coffee & Muffins with Trivia

10:30am **Balloon Tennis**

11:00am **Seated Exercises**

11:30am **LUNCH!**

1:30pm **WALKING CLUB**

2:30pm Hors d'oeuvres with 50s Music

3:00pm **Jigsaw Puzzles**

3:30pm **BINGO!**

4:30pm **DINNER!**

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TODAY IS

SUNDAY, APRIL 28, 2024

10:00am Coffee, Muffins & Balloon Tennis

10:30am **Seated Morning Stretch**

11:00am Live Stream – Washington National Cathedral

11:30m **LUNCH**

1:30pm Word Search

2:30pm **Hors d'oeuvres & Music from 50s**

3:00pm **Finish the Expressions**

3:30pm Movie:

“The Parent Trap” 1961

4:30pm **DINNER!**

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