

# OASIS ACTIVITY SCHEDULE

TODAY IS

**MONDAY, APRIL 29, 2024**

**10:00am** Coffee, Muffins & Armchair Travel

**10:30am** Balloon Tennis

**11:00am** Sit & Fit with Legacy

**11:30am** **LUNCH**

**1:30pm** Art & Crafts:

**Bird Houses Painting**



**2:30pm** Hors d'oeuvres & Frank Sinatra

**3:00pm** **BINGO!**

**3:30pm** Singalong with Susie Q

**4:30pm** **DINNER!**

***Daily Activities Schedule Is Subject To Change***

# OASIS ACTIVITY SCHEDULE

TODAY IS

**TUESDAY, APRIL 30, 2024**

10:00am Coffee, Muffins & Trivia

10:30am **Baking Club**

11:00am Table Tennis



11:30am

**LUNCH!**

1:30pm Walking Club

2:30pm Hors d'oeuvres and Elvis Presley Music

3:00pm **Jigsaw Puzzles**

3:30pm Pop Corn and Movie:

**“Anchors Aweigh” 1945 (1<sup>st</sup> PART)**

4:30pm

**DINNER!**

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# OASIS ACTIVITY SCHEDULE

TODAY IS

**WEDNESDAY, MAY 1, 2024**

10:00am Coffee, Muffins & Trivia

First Letter of the Month



10:30am **NEUROBIC EXERCISES**

11:00am Balance & Motion with Michael

12:00m **LUNCH!**

1:30pm *Golden Oasis: Senior Spa Experience*

2:30pm Hors d'oeuvres & Mozart

3:00pm **FINISH THE EXPRESSIONS**

3:30pm **French Club (Club Français)**

4:00pm **French T.V. SHOW:**

**Chef Table France**

4:30pm **DINNER!**

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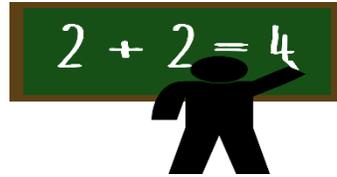
# OASIS ACTIVITY SCHEDULE

TODAY IS

**THURSDAY, MAY 2, 2024**

10:00am Coffee, Muffins & Armchair Travel

10:30am **Math Club**



11:00am **Balance & Motion with Michael**

11:30am **LUNCH!**

1:30pm **Scenic Van Ride** (*Weather Permitting*)

2:30pm Putting golf with Care Team

3:00pm Hors d'oeuvres & Music /Care Team

3:45pm **An Evening at Broadway:**

“Anastasia The Musical  
(Anastasia- Act)”

4:30pm **DINNER!**

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# OASIS ACTIVITY SCHEDULE

TODAY IS

**FRIDAY, MAY 3, 2024**

10:00am Coffee, Muffins & Trivia

10:30am **No Air – Air Hockey**

11:00am **Seated exercises with Alba**

12:00pm to 1:00 pm

**LUNCH BUNCH AT Assisted Living Dining Room!**

1:00pm **Communion and Prayers**

2:00 pm **Queen's High Tea**



*Tea Time*

2:30pm **Hors d'oeuvres & Andre Rieu**

3:00pm **Pleasant face exercises!**

3:30pm **Pop Corn & Movie:**

**“Anchors Aweigh” 1945 (2<sup>nd</sup> PART)**

4:30pm

**DINNER!**

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**OASIS ACTIVITY SCHEDULE**  
**TODAY IS**  
**SATURDAY, MAY 4, 2024**

10:00am Coffee & Muffins with Trivia

10:30am **Seated Morning Stretch**

11:00am **Balloon Tennis**

11:30am **LUNCH!**

1:30pm **WALKING CLUB**

2:30pm Hors d'oeuvres with 50s Music

3:00pm **Cinco de mayo decoration**

3:30pm **BINGO!**

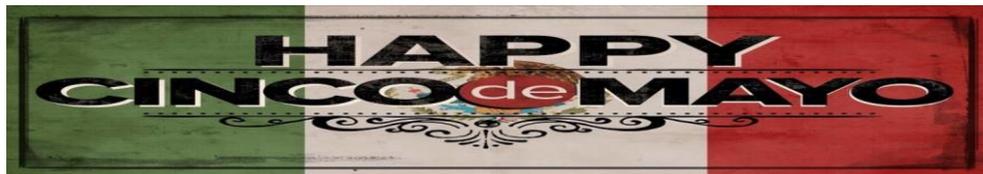
4:30pm **DINNER!**

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# OASIS ACTIVITY SCHEDULE

TODAY IS

**SUNDAY, MAY 5, 2024**



10:00am Coffee, Muffins & The History of 5 de mayo

10:30am **Seated Morning Stretch**

11:00am Sunday's Mass Live Streaming

11:30m **LUNCH**

1:30pm Music Therapy with Eduardo

2:30pm **Tequila Time: Cinco de Mayo shout-out**



**Mock Sangria & Margarita: Cheese Dip Delight**

3:00pm Pass the Sombrero game



3:30pm Pop Corn & Movie:

**"Anchors Aweigh" 1945 (1<sup>st</sup> PART)**

4:30pm **DINNER!**

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