

Daily Activities Schedule Is Subject To Change. Check with concierge for changes that may occur. Concierge- 202-349-3400, Jordan Asrat ~ Director of Activities ~ 202- 660-7881 ~ Email- yasrat1@jhmi.edu (Please ask your Care Manager if you need a mask) Commons (A) = Movie Side & Commons (B) = Piano Side

Monday, May 20, 2024

❖ 11:00am **Balance and Motion** *Commons
“Michael Rosengart”
NCSF Certified Personal Trainer. Strength Coach, Prehab Specialist

❖ 1:30pm **“Band of Brothers”** *Commons
1 season 10 episodes: Continues from last week. 2 episodes a week

2001 American war drama miniseries based on historian Stephen E. Ambrose's 1992 non-fiction book of the same name.

S1 E6 - Replacements: 1, 4min

The men of Easy Company fend off frostbite, hunger and the enemy while holding the line in a forest outside of Bastogne.

Streaming Max 1hr, 28min (TV-PG)

- Year 1996
- Director David Frankel, Mikael Salomon, Tom Hanks, David Leland, Richard Loncraine
- Starring Rick Gomez, Scott Grimes, Damian Lewis
- Genres Historical Documentary
- Rating Nudity, violence, alcohol use, smoking, language, sexual content
- Audio English

❖ 3:00pm **Afternoon Social** *Library

❖ 3:30pm **Health Talk with Legacy** *Commons
“What is Speech Therapy?”

Presented by:

Kara Wilson, M.S. CCC-SLP

Legacy Rehab Director, Grand Oaks Assisted Living

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Tuesday, May 21, 2024

❖ **11:00am Tech Support with Jordan** (Sign up with Concierge)
11:30am – 4:00pm Specify your preferred support time-30 minutes per/resident

❖ **11:00am Tai Chi** ***Commons**
“Edward Pratt”

Edward Pratt is a Tai Chi Chuan and Martial Arts Coach. He has over 30yrs. of Martial Arts experience and about 15 yrs. of experience in Tai Chi Chuan.

❖ **1:30pm Shopping Trip (The Shops at Sumner Place)**

- Deadline to Sign up with concierge is – (9:00 am on Tuesday)
- Residents will have 1 hour to shop.
- Bus Drop off & Pick UP location- **Safeway Grocery Store**

Bus Loading & Departure Schedule

- 1:10pm - Wheelchair & Transfer residents – Meet in the Bistro @ 1:10pm
- 1:20pm -Walk on the bus residents- Meet in the Bistro @ 1:20pm
- 1:30pm - Bus will depart –arrive 5 minutes before your scheduled loading time.

❖ **1:30pm Grand Oaks Book Club Meeting** ***Commons**
“Twenty Years Later” By Charlie Donlea

❖ **2:00pm Dominoes** ***Bistro**

❖ **3:00pm Afternoon Social:** ***Library**

❖ **3:30pm Art Lecture: Streaming** ***Commons**

Manet and the Birth of Impressionism

Manet is often cited as the father of Impressionism, and yet he stubbornly refused to show with them and was careful to maintain an aesthetic distance from Monet, Renoir and others. He looked down on them, preferring his own departure from the traditional art forms. British host Waldemar Januszczak tells the story of a complex and difficult man who started a revolution that continues to today.

Documentary, Arts, Entertainment, and Culture- 2009, 1hr, 30min

❖ **6:45pm Grand Oaks Discussion Group**
In the Conference Room – All Residents are welcome to Join.

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Thursday, May 23, 2024

❖ **Trivia with Laurie & Children** ***Bistro**

❖ **11:00am Tech Support with Jordan**

- 11:00pm – 4:00pm In residents' room.
- Sign up with Concierge
- Specify your preferred support time
- 30 minutes per resident

❖ **11:00am Tai Chi Residents & Children** ***Library**
“Edward Pratt”

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❖ **1:30pm Bridge Club** ***Bistro**

❖ **1:30pm Dominos** ***Bistro**

❖ **2:00pm Creative Art** ***Commons**

Bring your inspiration, be creative. We'll provide you with the sketchbook, Pencils, paint, canvas, and brushes

❖ **3:00pm Afternoon Social** ***Library**

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Friday, May 24, 2024

- ❖ 10:00am **Trivia Quiz** *Library
 - ❖ 11:00am **Seated Exercise Class with Legacy** *Commons
 - ❖ 1:00pm **Catholic Mass** *Chapel
- Father Andrews**
Our Lady of Victory Catholic Church
- ❖ 2:00pm **Word Find** *Library
 - ❖ 3:00pm **Afternoon Social** *Library
 - ❖ 3:30pm **Bingo** *Commons

- ❖ 7:00pm **“Our Friend”** *Commons

OUR FRIEND tells the inspiring and extraordinary true story of the Teague family--journalist Matt (Casey Affleck), his vibrant wife Nicole (Dakota Johnson) and their two young daughters--and how their lives are upended by Nicole's heartbreaking diagnosis of terminal cancer. As Matt's responsibilities as caretaker and parent become increasingly overwhelming, the couple's best friend Dane Fauchaux (Jason Segel) offers to come and help out.

Streaming [Prime Video](#) – 1hr, 40-

- Year 2021
- Directors Gabriela Cowperthwaite
- Starring Jason Segel, Dakota Johnson, Casey Affleck
- Genres Drama, Romance, Emotional
- Rating Ⓜ - (Alcohol use, foul language, sexual content)
- Audio English

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Saturday, May 25, 2024

- ❖ 10:00am Trivia Quiz *Library
- ❖ 11:00am Seated Exercise Class with
“Ash” *Commons

- ❖ 1:30pm “Our Friend” *Commons

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- ❖ 1:30pm Bridge Club *Bistro
- ❖ 2:00p Dominos *Bistro
- ❖ 3:00pm Afternoon Social *Library
- ❖ 3:30pm Bingo *Commons
- ❖ 4:30pm COCKTAIL HOUR *Bistro

Featuring themed Cocktail & Wine & Beer

