

UPCOMING EVENTS AT GRAND OAKS!

Mark Your Calendars

- **June 6** - Hempfield Area High School Choir– 54 singers
 - *Concert Time*-10:00-11:00am – *Location*-Commons
- June 6 - **EXPRESSIONS OF LIFE: A RESIDENT ART SHOWCASE**
 - **Time:** 4:00pm *Location:* Commons
- **June 10** - The Vinton Choir Performance
 - *Concert Time*- 2:30PM - *Location*-Commons
- **June 13** - Grand Oaks Book Club Meeting at 1:30pm in the Commons
- **June 16** - Father's Day- 11:30pm -1:30pm in the Courtyard and Dining Room
- **June 19** - Juneteenth (Emancipation Day) 3:30pm In the Commons
- **July 4** - Independence Day - 11:30pm -1:30pm in the Courtyard and Dining Room
- **September 2** - Labor Day - 11:30pm -1:30pm in the Courtyard and Dining Room
- **September 8-14** - National Assisted Living Week: “Inspiring Generations”

Daily Activities Schedule Is Subject To Change. Check with concierge for changes that may occur. Concierge- 202-349-3400, Jordan Asrat ~ Director of Activities ~ 202- 660-7881 ~ Email- yasrat1@jhmi.edu (Please ask your Care Manager if you need a mask) Commons (A) = Movie Side & Commons (B) = Piano Side

Monday, June 3, 2024

- ❖ **10:00am Coffee and Trivia with Makalya** *Library
- ❖ **11:00am Balance and Motion** *Commons
“Michael Rosengart”
NCSF Certified Personal Trainer. Strength Coach, Prehab Specialist
- ❖ **1:30pm: “Band of Brothers”** *Commons
1 season 10 episodes: Continues from last week. 2 episodes a week
2001 American war drama miniseries based on historian Stephen E. Ambrose's 1992 non-fiction book of the same name.
S1 E7 - The Breaking Point
After the winter, Easy Company must take the town of Foy despite an incompetent new commander.
Streaming Max 1hr, 15min (TV-PG)
- Year 1996
 - Director David Frankel, Mikael Salomon, Tom Hanks, David Leland, Richard Loncraine
 - Starring Rick Gomez, Scott Grimes, Damian Lewis
 - Genres Historical Documentary
 - Rating Nudity, violence, alcohol use, smoking, language, sexual content
- ❖ **1:45pm Hydration Station** *Bistro
- ❖ **2:15pm Dominoes** *Bistro
- ❖ **3:00pm Afternoon Social** *Library
- ❖ **3:30pm Bingo with Makalya** *Commons

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Tuesday, June 4, 2024

- ❖ **10:00am Coffee and Trivia with Makalya** *Library
- ❖ **11:00am Tech Support with Jordan** (Sign up with Concierge)
 - 11:30am – 4:00pm Specify your preferred support time-30 minutes per/resident
- ❖ **11:00am Tai Chi** *Commons

“Edward Pratt”

Edward Pratt is a Tai Chi Chuan and Martial Arts Coach. He has over 30yrs. of Martial Arts experience and about 15 yrs. of experience in Tai Chi Chuan.

- ❖ **1:30pm Shopping Trip (The Shops at Sumner Place)**
 - Deadline to Sign up with concierge is – (9:00 am on Tuesday)
 - Residents will have 1 hour to shop.
 - Bus Drop off & Pick UP location- **Safeway Grocery Store**

Bus Loading & Departure Schedule

 - 1:10pm - Wheelchair & Transfer residents – Meet in the Bistro @ 1:10pm
 - 1:20pm -Walk on the bus residents - Meet in the Bistro @ 1:20pm
 - 1:30pm - Bus will depart –arrive 5 minutes before your scheduled loading time.

- ❖ **2:00pm Dominoes** *Bistro
- ❖ **3:00pm Afternoon Social:** *Library
- ❖ **3:30pm Art Lecture: Streaming** *Commons

Exhibition on Screen: History's Greatest Painters: MATISSE

Audiences are invited to enjoy an intimate, behind-the-scenes documentary about this acclaimed exhibition, "Henri Matisse: The Cut-Outs." with contributions from people who knew Matisse and experts such as curators, historians. Plus breathtaking, specially commissioned performances by Royal Ballet principal dancer Zenaida Yanowsky and jazz musician Courtney Pine.

Documentary, Arts, Entertainment, and Culture- 2008, 1hr

- ❖ **6:45pm Grand Oaks Discussion Group**
In the Conference Room – All Residents are welcome to Join.

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Wednesday, June 5, 2024

- ❖ 10:00am **The Great American Trivia** *Library
- ❖ 11:00am **Sit and Fit with Owen** * Commons
- “Owen Lentz”**

Personal trainer and corrective exercise specialist since 2007 Former professional rugby player. Representing USA at the 2007 rugby World Cup and South Africa in the junior World Cup in 200

- ❖ 1:30pm **“Free Guy”** *Commons

When a bank teller discovers he's actually a background player in an open-world video game, he decides to become the hero of his own story -- one that he can rewrite himself. In a world where there's no limits, he's determined to save the day his way before it's too late, and maybe find a little romance with the coder who conceived him.

Streaming [Prime Video](#) – 1hr, 54min – (OSCAR® nominee)

- Year 2021
- Directors Shawn Levy
- Starring Ryan Reynolds, Jodie Comer, Taika Waititi
- Genres Comedy, Adventure, Science Fiction, Feel Good
- Rating PG-13 (*Violence, foul language, sexual content*)
- Audio English

- ❖ 2:00pm **Spanish Club with Ms Olga Baer**
4th floor Country Kitchen/Northside

Come learn basic Conversational skills, verb conjugation and Culture. Practice by speaking every day phrases.

- ❖ 3:00pm **Afternoon Social** *Library
- ❖ 3:30pm **Word Find** * Library
- ❖ 4:30pm **Cocktail Hour** *Bistro
- Featuring themed Cocktail & Wine & Beer**

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Thursday, June 6, 2024

❖ **10:00am LIVE CONCERT** *Commons
Performance by: Hempfield Area High School Choir

❖ **11:00am Tech Support with Jordan**

- 11:00pm – 4:00pm In residents' room.
- Sign up with Concierge
- Specify your preferred support time
- 30 minutes per resident

❖ **11:00am Tai Chi Residents & Children** *Library
“Edward Pratt”

Edward Pratt is a Tai Chi Chuan and Martial Arts Coach. He has over 30 yrs. of Martial Arts experience and about 15 yrs. of experience in Tai Chi.

❖ **1:15pm GARDENING WITH ADELA**
Meet in the 2nd Floor Courtyard
Planting Flowers and Vegetables



❖ **1:30pm Bridge Club** *Bistro

❖ **3:00pm Afternoon Social** *Library

❖ **3:30pm Sing Along** *Library

❖ **4:00pm EXPRESSIONS OF LIFE: A RESIDENT ART SHOWCASE**
Come celebrate and enjoy the amazing artwork created by our talented residents, with wine served!

In the Commons

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Friday, June 7, 2024

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|-----------|---|-----------------|
| ❖ 10:00am | Trivia Quiz | *Library |
| ❖ 11:00am | Seated Exercise Class with Legacy | *Commons |
| ❖ 1:00pm | Catholic Mass | *Chapel |
| | Father Andrews | |
| | <u>Our Lady of Victory Catholic Church</u> | |
| ❖ 2:00pm | Word Find | *Library |
| ❖ 3:00pm | Afternoon Social | *Library |
| ❖ 3:30pm | Bingo | *Commons |
| ❖ 7:00pm | “Free Guy” | *Commons |

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Saturday, June 8, 2024

- ❖ 10:00am Trivia Quiz *Library
- ❖ 11:00am Seated Exercise Class with “Ash” *Commons
- ❖ 1:30pm “Free Guy” *Commons

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- Directors Shawn Levy
- Starring Ryan Reynolds, Jodie Comer, Taika Waititi
- Genres Comedy, Adventure, Science Fiction, Feel Good
- Rating PG-13 (*Violence, foul language, sexual content*)
- Audio English

- ❖ 1:30pm Bridge Club *Bistro
- ❖ 2:00p Dominos *Bistro
- ❖ 3:00pm Afternoon Social *Library
- ❖ 3:30pm Bingo *Commons
- ❖ 4:30pm COCKTAIL HOUR *Bistro

Featuring themed Cocktail & Wine & Beer

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Sunday, June 9, 2024

❖ 10:00am **Seated Exercise Class** *Commons
With Adela

❖ 11:00am **Presbyterian Worship Service (Streaming)** *Commons

11:30am ~ 1:30pm

Sunday Brunch

IN THE DINING ROOM



❖ 1:30 pm **Ravel, Piano concerto in G major** *Commons
“Hélène Grimaud, Vladimir Jurowski”

A brilliant performance of Ravel's Piano concerto in G Major by Hélène Grimaud, a talented artist who has received various prestigious prizes and played with the greatest chamber musicians, such as Martha Argerich, Dmitri Bashkirov, Gidon Kremer, Shlomo Mintz, Gil Shaham etc.

Streaming: Amazon Prime – 1hr, 29min (ALL)- Live Performance.

- Starring Yuja Wang
- Director Anaïs Spiro
- Genres Arts, Entertainment, and Culture, Music Videos and Concerts
- Audio Wnglish
- Subtitles English

❖ 2:30pm **Commemoration of Memorial Day. Live Concert** *Commons
MESQUITE COMMUNITY MUSIC ENSEMBLES

❖ 3:00pm **Afternoon Social** *Library

❖ 3:30pm **Bingo** *Library