

# UPCOMING EVENTS AT GRAND OAKS!

## Mark Your Calendars

- **Tech support**
  - With Makayla (High school volunteers are available to assist residents on the days they are working)
  - Every Thursday, 11 a.m. to 4 p.m.
- **July 4 - Independence Day**
  - Time: 11:30am -1:30pm – Location: Courtyard and Dining Room
- **July 11- Grand Oaks Book Club-** (2<sup>nd</sup> Thursday of each month)
  - **Time:** 1:30pm - **Location:** Commons
- **July 31- MONTHLY RESIDENT FORUM**
  - **Time:** 11:00am – **Location:** In the Commons
- **August 8- Grand Oaks Book Club**
  - **Time:** 1:30pm - **Location:** Commons
- **August 28 - MONTHLY RESIDENT FORUM**
  - **Time:** 11:00am – **Location:** In the Commons
- **September 2 - Labor Day**
  - **Time:** 11:30pm -1:30pm – **Location:** Courtyard and Dining Room
- **September 8-14 - National Assisted Living Week:**
  - Theme: **“Inspiring Generations”**

*Daily Activities Schedule Is Subject To Change. Check with concierge for changes that may occur. Concierge- 202-349-3400, Jordan Asrat ~ Director of Activities ~ 202- 660-7881 ~ Email- [yasrat1@jhmi.edu](mailto:yasrat1@jhmi.edu) (Please ask your Care Manager if you need a mask) Commons (A) = Movie Side & Commons (B) = Piano Side*

## **Monday, July 1, 2024**

- ❖ **10:00am Coffee and Trivia with Makayla** \*Library
- ❖ **11:00am Balance and Motion** \*Commons  
**“Michael Rosengart”**  
*NCSF Certified Personal Trainer. Strength Coach, Prehab Specialist*
- ❖ **1:30pm: “The Little Drummer Boy:”** \*Commons  
**“Bernstein on Mahler”**  
In this enlightening film, Leonard Bernstein-the first conductor to record all of Mahler's symphonies-recalls his experiences with the composer's music and explores its brilliance in performances with the Vienna Philharmonic and more.  
**Streaming Prime Video 1 hr, 24min**
- Year 1984
  - Director Leonard Bernstein
  - Starring Christa Ludwig, Vienna Philharmonic
  - Genres Documentary
  - Rating (7+)
- ❖ **1:45pm Hydration Station** \*Bistro
- ❖ **2:00pm Dominoes** \*Bistro
- ❖ **3:00pm Afternoon Social** \*Library
- ❖ **3:30pm Bingo with Makayla** \*Commons

*Daily Activities Schedule Is Subject To Change. Check with concierge for changes that may occur. Concierge- 202-349-3400, Jordan Asrat ~ Director of Activities ~ 202- 660-7881 ~ Email- [yasrat1@jhmi.edu](mailto:yasrat1@jhmi.edu) (Please ask your Care Manager if you need a mask) Commons (A) = Movie Side & Commons (B) = Piano Side*

## **Tuesday, July 2, 2024**

- ❖ **10:00am** Coffee and Trivia with Makayla \*Library
- ❖ 10am -4pm Tech support with Gran
- ❖ **11:00am** Balance and Motion \*Commons

### **“Michael Rosengart”**

*NCSF Certified Personal Trainer. Strength Coach, Prehab Specialist*

- ❖ **1:30pm** Shopping Trip (The Shops at Sumner Place)
    - Deadline to Sign up with concierge is – (9:00 am on Tuesday)
    - Residents will have 1 hour to shop.
    - Bus Drop off & Pick UP location- **Safeway Grocery Store**
- Bus Loading & Departure Schedule**
- 1:10pm - Wheelchair & Transfer residents – Meet in the Bistro @ 1:10pm
  - 1:20pm -Walk on the bus residents - Meet in the Bistro @ 1:20pm
  - 1:30pm - Bus will depart –arrive 5 minutes before your scheduled loading time.

- ❖ **2:00pm** Dominoes \*Bistro
- ❖ **3:00pm** Afternoon Social \*Library
- ❖ **3:30pm** Art Lecture: Streaming \*Commons

### **Painting the Modern Garden: Monet to Matisse**

Claude Monet was arguably the most important painter of gardens in the history of art, but he was not alone. Great artists like Van Gogh, Bonnard, Sorolla, Sargent, Pissarro and Matisse all saw the garden as a powerful subject for their art. These great artists, along with many other famous names, feature in an innovative and extensive exhibition from The Royal Academy of Arts in London.

**Documentary, Arts, Entertainment, and Culture- 2016, 1hr**

- ❖ **6:45pm** Grand Oaks Discussion Group  
**In the Conference Room – All Residents are welcome to Join.**

*Daily Activities Schedule Is Subject To Change. Check with concierge for changes that may occur. Concierge- 202-349-3400,  
Jordan Asrat ~ Director of Activities ~ 202- 660-7881 ~ Email- [yasrat1@jhmi.edu](mailto:yasrat1@jhmi.edu)  
(Please ask your Care Manager if you need a mask) Commons (A) = Movie Side &  
Commons (B) = Piano Side*

## **Wednesday, July 3, 2024**

- ❖ 10:00am      **The Great American Trivia**      \*Library
- ❖ 11:00am      **Monthly Resident Forum**      \* Commons

A 1-hour Forum with Grand Oaks Department Directors and Managers.

**All Residents Are Invited to Attend**

Make your voice heard at the Resident Forum meeting! Department managers will address your questions or concerns. Join us to shape our community together!

- ❖ 1:30pm      **“Jojo Rabbit”**      \*Commons

Jojo is a lonely German boy who discovers that his single mother is hiding a Jewish girl in their attic. Aided only by his imaginary friend -- Adolf Hitler -- Jojo must confront his blind nationalism as World War II continues to rage on..

Streaming [Prime Video](#) – 1hr, 43min, (PG13)

- Year                      2019
- Directors                Taika Waititi
- Starring                 Scarlett Johansson, Roman Griffin Davis, Thomasin McKenzie,
- Genres                    Comedy, Drama

- ❖ 2:00pm      **Spanish Club with Ms Olga BaerVert**  
**4<sup>th</sup> floor Country Kitchen/Northside**

Come learn basic Conversational skills, verb conjugation and Culture. Practice by speaking every day phrases.

- ❖ 2:15pm      **Indoor/Outdoor Walking Club with Adela**  
**Meet me in the Library**

- ❖ 3:00pm      **Afternoon Social**      \*Library

- ❖ 3:30pm      **Balloon Tennis**      \* Commons

- ❖ 4:30pm      **Cocktail Hour**      \*Bistro

**Featuring themed Cocktail & Wine & Beer**

*Daily Activities Schedule Is Subject To Change. Check with concierge for changes that may occur. Concierge- 202-349-3400, Jordan Asrat ~ Director of Activities ~ 202- 660-7881 ~ Email- [yasrat1@jhmi.edu](mailto:yasrat1@jhmi.edu) (Please ask your Care Manager if you need a mask) Commons (A) = Movie Side & Commons (B) = Piano Side*

## **Thursday, July 4th, 2024**



- ❖ **10:00am** Coffee and Trivia with Makayla \*Commons
- ❖ **11:00am** Tech Support with Makayla: Sign up with Concierge
  - 11:00pm – 4:00pm In residents' room- 30 minutes per resident
  - Specify your preferred support time
- ❖ **11:00am** Balance and Motion \*Commons  
"Michael Rosengart"  
*NCSF Certified Personal Trainer. Strength Coach, Prehab Specialist*
-   **11:30am -1:30pm**    
**4<sup>th</sup> of July BBQ Celebration**
- Courtyard and Dining Room (Courtyard is weather permitting)**  
**Live Music by Ordinary People Inc Trio Band**
- ❖ **1:15pm** Hydration Station \*Bistro
- ❖ **1:30pm** Bridge Club \*Bistro
- ❖ **3:00pm** Afternoon Social \*Library
- ❖ **3:30pm** Sing Along \*Library
- ❖ **8:00pm** The DC 4th of July fireworks \*Commons

**The fireworks display on the National Mall will start at 9:09 PM**  
**will be broadcast on PBS1. RCN channel 26**

*Daily Activities Schedule Is Subject To Change. Check with concierge for changes that may occur. Concierge- 202-349-3400, Jordan Asrat ~ Director of Activities ~ 202- 660-7881 ~ Email- [yasrat1@jhmi.edu](mailto:yasrat1@jhmi.edu) (Please ask your Care Manager if you need a mask) Commons (A) = Movie Side & Commons (B) = Piano Side*

## **Friday, July 5, 2024**

- ❖ 10:00am **Trivia Quiz** \*Library
- ❖ 11:00am **Seated Exercise with Legacy** \*Commons
- ❖ 1:00pm **Catholic Mass** \*Chapel

**Father Andrews**

### **Our Lady of Victory Catholic Church**

- ❖ 2:00pm **Word Find** \*Library
- ❖ 3:00pm **Afternoon Social** \*Library
- ❖ 3:30pm **Bingo with Adela** \*Commons

- ❖ 7:00pm **“Jojo Rabbit”** \*Commons

Jojo is a lonely German boy who discovers that his single mother is hiding a Jewish girl in their attic. Aided only by his imaginary friend -- Adolf Hitler -- Jojo must confront his blind nationalism as World War II continues to rage on..

**Streaming [Prime Video](#) – 1hr, 43min, (PG13)**

- Year 2019
- Directors Taika Waititi
- Starring Scarlett Johansson, Roman Griffin Davis, Thomasin McKenzie,
- Genres Comedy, Drama



*Daily Activities Schedule Is Subject To Change. Check with concierge for changes that may occur. Concierge- 202-349-3400,  
Jordan Asrat ~ Director of Activities ~ 202- 660-7881 ~ Email- [yasrat1@jhmi.edu](mailto:yasrat1@jhmi.edu)  
(Please ask your Care Manager if you need a mask) Commons (A) = Movie Side &  
Commons (B) = Piano Side*

## **Saturday, July 6, 2024**

- ❖ 10:00am Trivia Quiz \*Library
- ❖ 11:00am Seated Exercise Class with  
“Ash” \*Commons
- ❖ 1:30pm “Jojo Rabbit” \*Commons  
Jojo is a lonely German boy who discovers that his single mother is hiding a Jewish girl in their attic. Aided only by his imaginary friend -- Adolf Hitler -- Jojo must confront his blind nationalism as World War II continues to rage on..  
Streaming [Prime Video](#) – 1hr, 43min, (PG13)
- Year 2019
  - Directors Taika Waititi
  - Starring Scarlett Johansson, Roman Griffin Davis, Thomasin McKenzie,
  - Genres Comedy, Drama
- ❖ 1:30pm Bridge Club \*Bistro
- ❖ 2:00p Dominos \*Bistro
- ❖ 3:00pm Afternoon Social \*Library
- ❖ 3:30pm Bingo \*Commons
- ❖ 4:30pm COCKTAIL HOUR \*Bistro  
**Featuring themed Cocktail & Wine & Beer**

*Daily Activities Schedule Is Subject To Change. Check with concierge for changes that may occur. Concierge- 202-349-3400, Jordan Asrat ~ Director of Activities ~ 202- 660-7881 ~ Email- [yasrat1@jhmi.edu](mailto:yasrat1@jhmi.edu) (Please ask your Care Manager if you need a mask) Commons (A) = Movie Side & Commons (B) = Piano Side*

**Sunday, July 7, 2024**

- ❖ **10:00am**      **Seated Exercise Class** with Adela      **\*Commons**
- ❖ **11:00am**      **Presbyterian Worship Service (Streaming)**      **\*Commons**

**11:30am ~ 1:30pm**

Sunday Brunch

Location:

Dining Room



- ❖ **1:30 pm**      **Adam's Giselle**      **\*Commons**

With its contrast between the realistic peasants of the first act and the disembodied spirits of the second, "Giselle" is romantic ballet at its peak, realized by America's premier ballet company and the Deutsche Oper Berlin Orchestra.

**Streaming: Amazon Prime – 1hr, 31 (ALL)- Live Performance.**

- Year                      1969
- Starring                Carla Fracci, Erik Bruhn
- Director                John Lanchbery, David Blair
- Genres                  Music Videos and Concerts
- Audio                    Español
- Subtitles                None Available

- ❖ **3:00pm**      **Afternoon Social**      **\*Library**
- ❖ **3:30pm**      **Word Find**      **\*Library**