

# OASIS ACTIVITY SCHEDULE

TODAY IS

**MONDAY, JULY 29, 2024**

**10:00am** Coffee, Muffins & Armchair Travel

**10:30am** iPad/Table Time Treasure

**11:00am** Sit & Fit with Legacy

**11:30am** **LUNCH**

**1:30pm** Art & Crafts:

Artist Impression – Arshile Gorky – Flowers in a  
Pitcher for coloring

**2:30pm** Hors d'oeuvres & Frank Sinatra

**3:00pm** **BINGO!**

**3:30pm** Singalong with Susie Q

**4:30pm** **DINNER!**

*Daily Activities Schedule Is Subject To Change*

# OASIS ACTIVITY SCHEDULE

TODAY IS

**TUESDAY, JULY 30, 2024**

10:00am Coffee, Muffins & Trivia

10:30am **Baking Club**

11:00am Table Tennis



11:30am

**LUNCH!**

1:30pm Walking Club

2:30pm Hors d'oeuvres and Elvis Presley Music

3:00pm **Jigsaw Puzzles**

3:30pm **Pop Corn and Movie:**

**James Bond: "You Only Live Twice" 1967 (1<sup>st</sup>**

**PART)**

4:30pm

**DINNER!**

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# OASIS ACTIVITY SCHEDULE

TODAY IS

**WEDNESDAY, JULY 31, 2024**

10:00am Coffee, Muffins & Armchair Travel

10:30am **Bean Bag Number Toss**

11:00am **Balance & Motion with Michael**

12:00m **LUNCH!**

1:30pm **Golden Oasis: Senior Spa Experience**

2:30pm **Hors d'oeuvres & Mozart**

3:00pm **Finish the Expressions**

3:30pm **French Club (Club Français)**

4:00pm **French T.V. SHOW:**

**Chef Table France**

4:30pm **DINNER!**

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# OASIS ACTIVITY SCHEDULE

TODAY IS

**THURSDAY, AUGUST 1st, 2024**

10:00am Coffee, Muffins & Trivia

**First Letter of the Month**

10:30am Seated Exercises with Alba

11:00am **No-Air Air Hockey**

11:30m **LUNCH!**

1:30pm **Scenic Van Ride** (*Weather Permitting*)

2:30pm Putting golf with Care Team

3:00pm Hors d'oeuvres & Music /Care Team

3:45pm **Matinee at The Opera:**

**The Three Tenors LONDON 1996 (FULL  
CONCERT)**

4:30pm **DINNER!**

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# OASIS ACTIVITY SCHEDULE

TODAY IS

**FRIDAY, AUGUST 2, 2024**

10:00am Coffee, Muffins & Armchair Travel

10:30am **Balance & Motion with Michael**

11:30am **Walk and Talk**

12:00pm to 1:00 pm

**LUNCH BUNCH AT THE Assisted Living**  
**Dining Room!**

1:00pm **Communion and Prayers**

2:00 pm **Queen's High Tea**



*Tea Time*

2:30pm **Hors d'oeuvres & Andre Rieu**

3:00pm **Pleasant face exercises!**

3:30pm Pop Corn & Movie: **James Bond: "You Only Live Twice" 1967 (2<sup>nd</sup> PART)**

4:30pm **DINNER!**

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# OASIS ACTIVITY SCHEDULE

TODAY IS

**SATURDAY, AUGUST 3, 2024**

10:00am Coffee & Muffins with Trivia

10:30am **Seated Morning Stretch**

11:00am **Balloon Tennis**

11:30am **LUNCH!**

1:30pm **WALKING CLUB**

2:30pm Hors d'oeuvres with 50s Music

3:00pm **Jigsaw Puzzles**

3:30pm **Classic Show: Bonanza!** *(Prime Video)*

Season 1, Episode 12: Death at Dawn - 49min

4:30pm **DINNER!**

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# OASIS ACTIVITY SCHEDULE

TODAY IS

**SUNDAY, AUGUST 4, 2024**

10:00am Coffee, Muffins & Armchair Travel

10:30am **Seated Morning Stretch**

11:00am Live Stream – Washington National  
Cathedral

11:30m **LUNCH**

1:30pm Word Search



2:30pm **Hors d'oeuvres with Elvis Presley**

3:00pm **Finish the Expressions**

3:30pm **BINGO!**

4:30pm **DINNER!**

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