

Daily Activities Schedule Is Subject To Change. Check with concierge for changes that may occur. Concierge- 202-349-3400, Jordan Asrat ~ Director of Activities ~ 202- 660-7881 ~ Email- yasrat1@jhmi.edu (Please ask your Care Manager if you need a mask) Commons (A) = Movie Side & Commons (B) = Piano Side

Monday, August 12, 2024

❖ 10:00am **Coffee and Trivia with Makayla** *Library

❖ 11:00am **Balance and Motion** *Commons

“Michael Rosengart”

NCSF Certified Personal Trainer. Strength Coach, Prehab Specialist

❖ 1:00pm: **The Mystery of Marilyn Monroe**
The Unheard Tapes *Commons

The Mystery of Marilyn Monroe: The Unheard Tapes is a 2022 American documentary film directed by Emma Cooper for Netflix. It is centered on the life and untimely death of American actress and cultural icon Marilyn Monroe and is told through archival footage and unseen interviews with friends of the star.

Streaming Netflix 1hr 41 min

- Year 2022
- Director Emma Cooper
- Genres Documentary, Historical Documentaries

❖ 1:45pm **Hydration Station** *Bistro

❖ 2:00pm **Dominoes** *Bistro

❖ 3:00pm **Afternoon Social** *Library

❖ 3:30pm **Bingo with Makayla** *Commons

Daily Activities Schedule Is Subject To Change. Check with concierge for changes that may occur. Concierge- 202-349-3400, Jordan Asrat ~ Director of Activities ~ 202- 660-7881 ~ Email- yasrat1@jhmi.edu (Please ask your Care Manager if you need a mask) Commons (A) = Movie Side & Commons (B) = Piano Side

Tuesday, August 13, 2024

- ❖ 10:00am **Coffee and Trivia** *Library
- ❖ 11:00am **Tai Chi** *Commons

“Edward Pratt”

Edward Pratt is a Tai Chi Chuan and Martial Arts Coach. He has over 30yrs. of Martial Arts experience and about 15 yrs. of experience in Tai Chi Chuan.

- ❖ 1:30pm **Shopping Trip (The Shops at Sumner Place)**

Deadline to Sign up with concierge is – (9:00 am on Tuesday)

- Residents will have 1 hour to shop.
- Bus Drop off & Pick UP location- Safeway Grocery Store

Bus Loading & Departure Schedule

- 1:10pm - Wheelchair & Transfer residents – Meet in the Bistro @ 1:10pm
- 1:20pm - Walk on the bus residents - Meet in the Bistro @ 1:20pm
- 1:30pm - Bus will depart –arrive 5 minutes before your scheduled loading time.

- ❖ 2:00pm **Dominoes** *Bistro
- ❖ 3:00pm **Afternoon Social** *Library
- ❖ 3:30pm **Art Lecture: Streaming** *Commons

Henri Matisse

The World's Greatest Painters is a documentary series featuring the masterpieces of great artists from around the world. Immerse yourself in your favourite work of art.

Documentary, Arts, Entertainment, and Culture, 1 hr, 30 min.

- ❖ 6:45pm **Grand Oaks Discussion Group**
In the Conference Room – All Residents are welcome to Join.

Daily Activities Schedule Is Subject To Change. Check with concierge for changes that may occur. Concierge- 202-349-3400, Jordan Asrat ~ Director of Activities ~ 202- 660-7881 ~ Email- yasrat1@jhmi.edu
(Please ask your Care Manager if you need a mask) Commons (A) = Movie Side & Commons (B) = Piano Side

Wednesday, August 14, 2024

- ❖ **10:00am** **The Great American Trivia** ***Library**
- ❖ **11:00am** **Sit and Fit with Owen** *** Commons**
“Owen Lentz”

Personal trainer and corrective exercise specialist since 2007 Former professional rugby player. Representing USA at the 2007 rugby World Cup and South Africa in the junior World Cup in 200

- ❖ **1:00pm** **“It's Complicated”** ***Commons**

When attending their son's college graduation, a divorced couple reignite the spark in their relationship. But complicating the situation is the fact that the husband is remarried.

Streaming [Prime Video](#) – 2 hr.

- Year 2009
- Directors Nancy Meyers
- Starring Peter Mackenzie, Rita Wilson, Alexandra Wentworth, Mary Kay Place, Nora Dunn, Robert Curtis-Brown, Blanchard Ryan, Lake Bell, Caitlin Fitzgerald, Meryl Streep, James Patrick Stuart, John Krasinski, Hunter Parrish, Michael Rivera, Zoe Kazan, Steve Martin, Alec Baldwin
- Genres Comedy , Drama

- ❖ **2:00pm** **Spanish Club with Ms Olga Baer**
4th floor Country Kitchen/Northside

Come learn basic Conversational skills, verb conjugation and Culture.
Practice by speaking every day phrases.

- ❖ **2:15pm** **Indoor/Outdoor Walking Club with Adela** ***Library**
Meet me in the library
- ❖ **3:00pm** **Afternoon Social** ***Library**
- ❖ **3:30pm** **Balloon Tennis** *** Commons**
- ❖ **4:30pm** **Cocktail Hour** ***Bistro**
Featuring themed Cocktail & Wine & Beer

Daily Activities Schedule Is Subject To Change. Check with concierge for changes that may occur. Concierge- 202-349-3400, Jordan Asrat ~ Director of Activities ~ 202- 660-7881 ~ Email- yasrat1@jhmi.edu (Please ask your Care Manager if you need a mask) Commons (A) = Movie Side & Commons (B) = Piano Side

Thursday, August 15, 2024

❖ **10:00am Coffee and Trivia** *Commons

❖ **11:00am Tai Chi** *Commons

“Edward Pratt”

Edward Pratt is a Tai Chi Chuan and Martial Arts Coach. He has over 30yrs. of Martial Arts experience and about 15 yrs. of experience in Tai Chi Chuan.

1:15pm Hydration Station *Bistro

1:30pm Dominos *Bistro

1:30pm Bridge Club *Bistro

1:30pm Sip and Paint *Commons

3:00pm Afternoon Social *Library

3:30pm Sing Along *Library

Daily Activities Schedule Is Subject To Change. Check with concierge for changes that may occur. Concierge- 202-349-3400, Jordan Asrat ~ Director of Activities ~ 202- 660-7881 ~ Email- yasrat1@jhmi.edu
(Please ask your Care Manager if you need a mask) Commons (A) = Movie Side & Commons (B) = Piano Side

Friday, August 16, 2024

- ❖ **10:00am Trivia Quiz** ***Library**
- ❖ **11:00am Seated Exercise with Legacy** ***Commons**
- ❖ **1:00pm Catholic Mass** ***Chapel**

Father Andy
Our Lady of Victory Catholic Church
- ❖ **2:00pm Word Find** ***Library**
- ❖ **3:00pm Afternoon Social** ***Library**
- ❖ **3:30pm Bingo with Adela** ***Commons**
- ❖ **7:00pm “It's Complicated”** ***Commons**

When attending their son's college graduation, a divorced couple reignite the spark in their relationship. But complicating the situation is the fact that the husband is remarried.

Streaming [Prime Video](#) – 2 hr.

- Year 2009
- Directors Nancy Meyers
- Starring Peter Mackenzie, Rita Wilson, Alexandra Wentworth, Mary Kay Place, Nora Dunn, Robert Curtis-Brown, Blanchard Ryan, Lake Bell, Caitlin Fitzgerald, Meryl Streep, James Patrick Stuart, John Krasinski, Hunter Parrish, Michael Rivera, Zoe Kazan, Steve Martin, Alec Baldwin
- Genres Comedy , Drama

*Daily Activities Schedule Is Subject To Change. Check with concierge for changes that may occur. Concierge- 202-349-3400,
Jordan Asrat ~ Director of Activities ~ 202- 660-7881 ~ Email- yasrat1@jhmi.edu
(Please ask your Care Manager if you need a mask) Commons (A) = Movie Side &
Commons (B) = Piano Side*

Saturday, August 17, 2024

- ❖ **10:00am Trivia Quiz** ***Library**
- ❖ **11:00am Seated Exercise Class with Ash.** ***Commons**
- ❖ **1:00pm “It's Complicated”** ***Commons**

When attending their son's college graduation, a divorced couple reignite the spark in their relationship. But complicating the situation is the fact that the husband is remarried.

Streaming [Prime Video](#) – 2 hr.

 - Year 2009
 - Directors Nancy Meyers
 - Starring Peter Mackenzie, Rita Wilson, Alexandra Wentworth, Mary Kay Place, Nora Dunn, Robert Curtis-Brown, Blanchard Ryan, Lake Bell, Caitlin Fitzgerald, Meryl Streep, James Patrick Stuart, John Krasinski, Hunter Parrish, Michael Rivera, Zoe Kazan, Steve Martin, Alec Baldwin
 - Genres Comedy , Drama
- ❖ **1:30pm Bridge Club** ***Bistro**
- ❖ **2:00p Dominos** ***Bistro**
- ❖ **3:00pm Afternoon Social** ***Library**
- ❖ **3:30pm Bingo with Adela** ***Commons**
- ❖ **4:30pm COCKTAIL HOUR** ***Bistro**

Featuring themed Cocktail & Wine & Beer

Daily Activities Schedule Is Subject To Change. Check with concierge for changes that may occur. Concierge- 202-349-3400, Jordan Asrat ~ Director of Activities ~ 202- 660-7881 ~ Email- yasrat1@jhmi.edu (Please ask your Care Manager if you need a mask) Commons (A) = Movie Side & Commons (B) = Piano Side

Sunday, August 18, 2024

- ❖ **10:00am Seated Exercise** *Commons
- ❖ **11:00am Presbyterian Worship Service (Streaming)** *Commons

11:30am ~ 1:30pm

Sunday Brunch

Location:

Dining Room



- ❖ **1:30 pm Chicago Symphony Orch:
Bruckner's Seventh** *Commons

During his 22 years as music director, Sir Georg Solti brought the Chicago Symphony Orchestra to worldwide renown. The ensemble performs Bruckner's popular Symphony No. 7-a work inspired by Wagner that brought Bruckner his greatest success.

Streaming: Amazon Prime – 1hr, 14 min

- Year 1978
- Starring Chicago Symphony Orchestra
- Director Sir Georg Solti
- Genres Arts, Entertainment, and culture
- Audio English

- ❖ **3:00pm Afternoon Social** *Library
- ❖ **3:30pm Word Find** *Library