

*Daily Activities Schedule Is Subject To Change. Check with concierge for changes that may occur. Concierge- 202-349-3400, Jordan Asrat ~ Director of Activities ~ 202- 660-7881 ~ Email- [yasrat1@jhmi.edu](mailto:yasrat1@jhmi.edu) (Please ask your Care Manager if you need a mask) Commons (A) = Movie Side & Commons (B) = Piano Side*

## **Monday, August 26, 2024**

❖ **11:00am Balance and Motion** \*Commons

**“Michael Rosengart”**

*NCSF Certified Personal Trainer. Strength Coach, Prehab Specialist*

❖ **1:30pm:** \*Commons

## **“Ancient Impossible”**

### **S1 E3 - Monster Monuments: 42min**

A massive monument carved out of solid rock, a monster-sized super-dome that defies the laws of gravity. These awe inspiring feats of engineering defy explanation.

### **S1 E4 - Warrior Tech: 41 min**

Today, modern soldiers are equipped with all the latest battlefield technology. But what cutting edge weapons and defenses were the ancient warriors armed with?

### **Streaming Prime Video 41 min**

- Year 2014
- Director Bo Channon
- Producers Dave Zigerelli
- Genres Documentary, Historical.

❖ **3:00pm Afternoon Social** \* Commons

❖ **3:30pm Bingo with Jordan** \*Commons

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## **Tuesday, August 27, 2024**

❖ 10:00am    **Trivia**    \* Commons

❖ 11:00am    **Tai Chi**    \*Commons

### **“Edward Pratt”**

*Edward Pratt is a Tai Chi Chuan and Martial Arts Coach. He has over 30yrs. of Martial Arts experience and about 15 yrs. of experience in Tai Chi Chuan.*

❖ 1:30pm    **Crossword**    \*Commons

❖ 3:00pm    **Afternoon Social**    \*Commons

❖ 3:30pm    **Art Lecture: Streaming**    \*Commons

## **Secrets of the Mona Lisa**

### **The Mystery Behind the Masterpiece**

The Mona Lisa: bewitching, seductive, world famous. But who was she really? In this landmark film, Andrew Graham Dixon goes on an odyssey to reveal new information about one of the world's most ubiquitous icons. Decoding centuries old documents and using state of the art technology, this film unlocks the hidden truths of history's most iconic works of art.

**Streaming    Prime Video 55 min**

- Year    2018
- Director    David Michael Warren
- Producers    Jaclyn Warren, Edward Begnaud
- Genres    Documentary, Historical.

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## **Wednesday, August 28, 2024**

- ❖ **10:00am**      **The Great American Trivia**      **\*Commons**
- ❖ **11:00am**      **Sit and Fit with Owen**      **\* Commons**

### **“Owen Lentz”**

*Personal trainer and corrective exercise specialist since 2007 Former professional rugby player. Representing USA at the 2007 rugby World Cup and South Africa in the junior World Cup in 2000*

- ❖ **1:00pm**      **“Casablanca”**      **\*Commons**

Casablanca is a classic romantic drama set during World War II in the city of Casablanca, Morocco. The film follows Rick Blaine, an American expatriate who runs a nightclub and encounters his former lover, Ilsa Lund, who arrives with her husband, Victor Laszlo, a Czech resistance leader. As Ilsa and Victor seek exit visas to escape to America and continue their fight against the Nazis, Rick faces a moral dilemma between rekindling his romance with Ilsa and aiding Victor’s crucial mission. The story explores themes of love, sacrifice, and moral choices against the backdrop of war, making it a timeless masterpiece of American cinema.

#### **Streaming      Prime Video– 1hr, 38min.**

- Year                      1943
- Rating                    13+
- Directors                Michael Curtiz
- Starring                 Humphrey Bogart, Ingrid Bergman, Peter Lorre
- Genres                    Drama, Romance, Emotional
- Audio                     English

- ❖ **3:00pm**      **Afternoon Social**      **\*Commons**
- ❖ **3:30pm**      **Balloon Tennis**      **\*Commons**

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**Thursday, August 29, 2024**

❖ **10:00am Trivia Quiz** \*Commons

❖ **11:00am Tai Chi** \*Commons

**“Edward Pratt”**

*Edward Pratt is a Tai Chi Chuan and Martial Arts Coach. He has over 30yrs. of Martial Arts experience and about 15 yrs. of experience in Tai Chi Chuan.*

**1:30pm Word Find** \* Commons

**2:00pm Sip and Paint** \*Commons

**3:00pm Afternoon Social** \* Commons

**3:30pm Sing Along** \* Commons

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## **Friday, August 30, 2024**

- ❖ 10:00am **Trivia Quiz** \* Commons
- ❖ 11:00am **Seated Exercise with Legacy** \* Commons
- ❖ 1:00pm **Catholic Mass** \* Commons

**Father Andy**

**Our Lady of Victory Catholic Church**

- ❖ 2:00pm **Word Find** \* Commons
- ❖ 3:00pm **Afternoon Social** \* Commons
- ❖ 3:30pm **Bingo with Adela** \* Commons
- ❖ 7:00pm **“Casablanca”** \* Commons

Casablanca is a classic romantic drama set during World War II in the city of Casablanca, Morocco. The film follows Rick Blaine, an American expatriate who runs a nightclub and encounters his former lover, Ilsa Lund, who arrives with her husband, Victor Laszlo, a Czech resistance leader. As Ilsa and Victor seek exit visas to escape to America and continue their fight against the Nazis, Rick faces a moral dilemma between rekindling his romance with Ilsa and aiding Victor’s crucial mission. The story explores themes of love, sacrifice, and moral choices against the backdrop of war, making it a timeless masterpiece of American cinema.

**Streaming Prime Video– 1hr, 38min.**

- Year 1943
- Rating 13+
- Directors Michael Curtiz
- Starring Humphrey Bogart, Ingrid Bergman, Peter Lorre
- Genres Drama, Romance, Emotional

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## **Saturday, August 31, 2024**

❖ **10:00am Trivia Quiz** \* Commons

❖ **11:00am Seated Exercise Class with Ash.** \* Commons

❖ **1:00pm “Casablanca”** \* Commons

Casablanca is a classic romantic drama set during World War II in the city of Casablanca, Morocco. The film follows Rick Blaine, an American expatriate who runs a nightclub and encounters his former lover, Ilsa Lund, who arrives with her husband, Victor Laszlo, a Czech resistance leader. As Ilsa and Victor seek exit visas to escape to America and continue their fight against the Nazis, Rick faces a moral dilemma between rekindling his romance with Ilsa and aiding Victor’s crucial mission. The story explores themes of love, sacrifice, and moral choices against the backdrop of war, making it a timeless masterpiece of American cinema.

**Streaming Prime Video– 1hr, 38min.**

- Year 1943
- Rating 13+
- Directors Michael Curtiz
- Starring Humphrey Bogart, Ingrid Bergman, Peter Lorre
- Genres Drama, Romance, Emotional
- Audio English

❖

❖ **3:00pm Afternoon Social** \* Commons

❖ **3:30pm Bingo with Makayla** \* Commons

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## **Sunday, September 1, 2024**

- ❖ 10:00am Seated Exercise \*Commons
- ❖ 11:00am Presbyterian Worship Service (Streaming) \*Commons

11:30am ~ 1:30pm

Sunday Brunch

Location:

Dining Room



- ❖ 1:30 pm Verdi, Rigoletto \*Commons

Giuseppe Verdi's popular opera Rigoletto, here showcased at the Dresden Semperoper. The version released here stars two internationally-acclaimed singers, tenor Juan Diego Flórez and soprano Diana Damrau.

### **Streaming: Amazon Prime – 1hr, 23 min**

- Year 2016
- Starring Juan Diego Flórez, Diana Damrau, Željko Lučić, Nikolaus Lehnhoff, Staatskapelle Dresden, Fabio Luisi
- Director Andreas Morell
- Genres Arts, Entertainment, and culture
- Audio Italiano
- Subtitles English

- ❖ 3:00pm Afternoon Social \* Commons
- ❖ 3:30pm Word Find \* Commons