

Daily Activities Schedule Is Subject To Change. Check with concierge for changes that may occur. Concierge- 202-349-3400, Jordan Asrat ~ Director of Activities ~ 202- 660-7881 ~ Email- yasrat1@jhmi.edu (Please ask your Care Manager if you need a mask) Commons (A) = Movie Side & Commons (B) = Piano Side

Monday, August 5, 2024

❖ **10:00am Coffee and Trivia with Makayla** *Library

❖ **11:00am Balance and Motion** *Commons

“Michael Rosengart”

NCSF Certified Personal Trainer. Strength Coach, Prehab Specialist

❖ **1:30pm: Renaissance Unchained** *Commons

“Gods, Myths and Oil Paintings”

Season 1 – Episode 1

Waldemar Januszczak challenges the traditional notion of the Renaissance having fixed origins in Italy and showcases the ingenuity in both technique and ideas behind great artists such as Van Eyck, Memling, Van der Weyden, Cranach, Riemenschneider and Durer..

Streaming Prime Video 60 min

- Year 2015
- Director Waldemar Januszczak
- Producers Lidia Ciszewska
- Genres Documentary

❖ **1:45pm Hydration Station** *Bistro

❖ **2:00pm Dominoes** *Bistro

❖ **3:00pm Afternoon Social** *Library

❖ **3:30pm Bingo with Makayla** *Commons

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Tuesday, August 6, 2024

- ❖ 10:00am **Coffee and Trivia** *Library
- ❖ 11:00am **Tai Chi** *Commons

“Edward Pratt”

Edward Pratt is a Tai Chi Chuan and Martial Arts Coach. He has over 30yrs. of Martial Arts experience and about 15 yrs. of experience in Tai Chi Chuan.

- ❖ 1:30pm **Scenic Van Ride (Downtown DC)**
Weather Permitting & Must Sign up with Concierge By 12pm on Monday
Bus Loading & Departure Schedule:
- 1:10pm - Wheelchair & Transfer residents – Meet in the Bistro @ 1:10pm
 - 1:20pm - Walk on the bus residents - Meet in the Bistro @ 1:20pm
 - 1:30pm - Bus will depart –arrive 5 minutes before your scheduled loading time.

- ❖ 2:00pm **Dominoes** *Bistro
- ❖ 3:00pm **Afternoon Social** *Library
- ❖ 3:30pm **Art Lecture: Streaming** *Commons

Mies

This documentation of the great Master of Modern Architecture, produced at the time of his centennial, reviews his major work and offers rare footage of Mies explaining his philosophy. Mies' achievements and continuing influence are debated by architects Robert A.M. Stern, Arthur Drexler, Robert Venturi and Philip Johnson, as well as architectural historians and Mies' own son, Dirk Lohan.

Documentary, Arts, Entertainment, and Culture, 59 min.

- ❖ 6:45pm **Grand Oaks Discussion Group**
In the Conference Room – All Residents are welcome to Join.

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Wednesday, August 7, 2024

- ❖ 10:00am **The Great American Trivia** *Library
- ❖ 11:00am **Sit and Fit with Adela** * Commons
- ❖ 1:00pm **“Good Will Hunting”** *Commons

Matt Damon stars as a young, headstrong working-class genius, who is cleaning the floors of America's top university and failing at life until he meets a psychology professor (Robin Williams), who may be the only person who can reach him

Streaming [Prime Video](#) – 2hr, 6 min.

- Year 1998
- Directors Gus Van Sant
- Starring Robin Williams, Matt Damon, Ben Affleck, Stellan Skarsgård
- Genres Romance, Drama

- ❖ 2:00pm **Spanish Club with Ms Olga Baer**
4th floor Country Kitchen/Northside

Come learn basic Conversational skills, verb conjugation and Culture.
Practice by speaking every day phrases.

- ❖ 2:15pm **Indoor/Outdoor Walking Club with Adela**
Meet me in the library
- ❖ 3:00pm **Afternoon Social** *Library
- ❖ 3:30pm **Balloon Tennis** * Commons
- ❖ 4:30pm **Cocktail Hour** *Bistro
Featuring themed Cocktail & Wine & Beer

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Thursday, August 8, 2024

❖ **10:00am Coffee and Trivia** *Commons

❖ **11:00am Tai Chi** *Commons

“Edward Pratt”

Edward Pratt is a Tai Chi Chuan and Martial Arts Coach. He has over 30yrs. of Martial Arts experience and about 15 yrs. of experience in Tai Chi Chuan.

1:15pm Hydration Station *Bistro

1:30pm Dominos *Bistro

1:30pm Bridge Club *Bistro

1:30pm Sip and Paint *Commons

3:00pm Afternoon Social *Library

3:30pm Sing Along *Library

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Friday, August 9, 2024

- ❖ 10:00am **Trivia Quiz** *Library
- ❖ 11:00am **Seated Exercise with Legacy** *Commons
- ❖ 1:00pm **Catholic Mass** *Chapel
- Father Andy**
Our Lady of Victory Catholic Church
- ❖ 2:00pm **Word Find** *Library
- ❖ 3:00pm **Afternoon Social** *Library
- ❖ 3:30pm **Bingo with Adela** *Commons
- ❖ 7:00pm **“Good Will Hunting”** *Commons

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Streaming **[Prime Video](#)** – 2hr, 6 min.

- Year 1998
- Directors Gus Van Sant
- Starring Robin Williams, Matt Damon, Ben Affleck, Stellan Skarsgård
- Genres Romance, Drama

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Saturday, August 10, 2024

- ❖ **10:00am** **Trivia Quiz** ***Library**
- ❖ **11:00am** **Seated Exercise Class with Ash.** ***Commons**
- ❖ **1:00pm** **“Good Will Hunting”** ***Commons**

Matt Damon stars as a young, headstrong working-class genius, who is cleaning the floors of America's top university and failing at life until he meets a psychology professor (Robin Williams), who may be the only person who can reach him

Streaming **Prime Video – 2hr, 6 min.**

- Year 1998
- Directors Gus Van Sant
- Starring Robin Williams, Matt Damon, Ben Affleck, Stellan Skarsgård
- Genres Romance, Drama

- ❖ **1:30pm** **Bridge Club** ***Bistro**
- ❖ **2:00p** **Dominos** *** Bistro**
- ❖ **3:00pm** **Afternoon Social** ***Library**
- ❖ **3:30pm** **Bingo with Adela** ***Commons**
- ❖ **4:30pm** **COCKTAIL HOUR** ***Bistro**

Featuring themed Cocktail & Wine & Beer

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Sunday, August 11, 2024

- ❖ **10:00am Seated Exercise** *Commons
- ❖ **11:00am Presbyterian Worship Service (Streaming)** *Commons

11:30am ~ 1:30pm

Sunday Brunch

Location:

Dining Room



- ❖ **1:30 pm Puccini's Il trittico: Il tabarro** *Commons

Puccini's triptych of one-act operas, *Il trittico*, continues with a gritty tale set aboard a Parisian barge. In this Salzburg Festival production, soprano Asmik Grigorian stars in each opera. Franz Welser-Most leads the Vienna Philharmonic.

Streaming: Amazon Prime – 60 min

- Year 1956
- Starring Bolshoi Ballet, Galina Ulanova
- Director Paul Czinner
- Genres Arts, Entertainment, and culture, Music Videos and Concerts
- Audio English

- ❖ **3:00pm Afternoon Social** *Library
- ❖ **3:30pm Word Find** *Library