

OASIS ACTIVITY SCHEDULE

TODAY IS

MONDAY, AUGUST 19, 2024

10:00am Coffee, Muffins & Armchair Travel

10:30am Discover the Alphabet with your Senses

11:00am **Sit & Fit with Legacy**

11:30am **LUNCH**

1:30pm Art & Crafts:

Butterfly Brushstrokes: A Canvas Painting Experience

2:30pm Hors d'oeuvres & Music

Dancing with the Staff

3:00pm **BINGO!**

3:30pm Singalong with Susie Q

4:30pm **DINNER!**

Daily Activities Schedule Is Subject To Change

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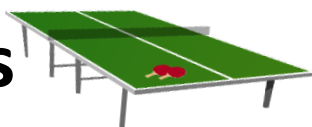
TODAY IS

TUESDAY, AUGUST 20, 2024

10:00am Coffee, Muffins & Gardening

10:30am **Baking Club**

11:00am Table Tennis



11:30am

LUNCH!

1:30pm Walking Club

2:30pm Hors d'oeuvres and Elvis Presley Music

3:00pm **Jigsaw Puzzles**

3:30pm Pop Corn and Movie:

The King and I, 1956 (1st part)

4:30pm

DINNER!

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TODAY IS

WEDNESDAY, AUGUST 21, 2024

10:00am Coffee, Muffins & Trivia



10:30am **Neurobic Exercises**

11:00am **Balance & Motion with Michael**

12:00m **LUNCH!**

2:00pm **Golden Oasis: Senior Spa Experience**

2:30pm **Hors d'oeuvres & Mozart**

3:00pm **FINISH THE EXPRESSIONS**

3:30pm **Remembering Great Minds**

Arquimedes: The Lost Codex/Prime

4:30pm **DINNER!**

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TODAY IS

THURSDAY, AUGUST 22, 2024

10:00am Coffee, Muffins & Armchair Travel

10:30am **Math Club**

11:00am **Bean Bag Number Toss Competition**

11:30m **LUNCH!**

1:30pm **Scenic Van Ride** (*Weather Permitting*)

2:30pm Putting golf with Care Team

3:00pm Hors d'oeuvres & Music /Care Team

3:45pm **Matinee at The Opera:**

Rigoletto - Full Performance - Live Ballet

4:30pm **DINNER!**

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TODAY IS

FRIDAY, AUGUST 23, 2024

10:00am Coffee, Muffins & Armchair Travel

10:30am **Balance & Motion with Michael**

11:30am **Walk and Talk**

12:00pm to 1:00 pm

LUNCH BUNCH AT THE Assisted Living
Dining Room!

1:00pm **Communion and Prayers**

2:00 pm **Queen's High Tea**



2:30pm **Hors d'oeuvres & Andre Rieu**

3:00pm **Pleasant face exercises!**

3:30pm **Pop Corn & Movie:**

The King and I, 1956 (2nd part)

4:30pm **DINNER!**

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TODAY IS

SATURDAY, AUGUST 24, 2024

10:00am Coffee & Muffins with Trivia

10:30am **Seated Morning Stretch**

11:00am **Balloon Tennis**

11:30am **LUNCH!**

1:30pm **WALKING CLUB**

2:30pm Hors d'oeuvres with 50s Music

3:00pm **Jigsaw Puzzles**

3:30pm **Classic Show: Bonanza!** *(Prime Video)*

Season 1, Episode 14: Dessert Justice- 49min

4:30pm **DINNER!**

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TODAY IS

SUNDAY, AUGUST 25, 2024

10:00am Coffee, Muffins & Armchair Travel

10:30am **Seated Morning Stretch**

11:00am Sunday's Mass Live Streaming (National Shrine DC)

11:30m **LUNCH**

2:00pm **WORD SEARCH**



2:30pm **Hors d'oeuvres with Glen Miller**

3:00pm **Finish the Expressions**

3:30pm **BINGO!**

4:30pm **DINNER!**

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