

OASIS ACTIVITY SCHEDULE

TODAY IS

MONDAY, AUGUST 26, 2024

10:00am Coffee, Muffins & Armchair Travel

10:30am **Balloon Tennis**

11:00am Sit & Fit with Legacy

11:30am **LUNCH**

1:30pm Art & Crafts:

Portuguese Rooster Coloring

2:30pm Hors d'oeuvres & Music

Dancing with the staff

3:00pm **BINGO!**

3:30pm **Singalong with Susie Q**

4:30pm **DINNER!**

Daily Activities Schedule Is Subject To Change

OASIS ACTIVITY SCHEDULE

TODAY IS

TUESDAY, AUGUST 27, 2024

10:00am Coffee, Muffins & Trivia

10:30am **Baking Club**

11:00am Table Tennis



11:30am

LUNCH!

1:30pm Walking Club

2:30pm Hors d'oeuvres and Elvis Presley Music

3:00pm **Jigsaw Puzzles**

3:30pm **Pop Corn and Movie:**

James Bond: "The Living Daylights" 1987 (1st

PART)

4:30pm

DINNER!

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OASIS ACTIVITY SCHEDULE

TODAY IS

WEDNESDAY, AUGUST 28, 2024

10:00am Coffee, Muffins & Armchair Travel

10:30am **Football Toss Game**

11:00am **Balance & Motion with Michael**

12:00m **LUNCH!**

1:30pm **Golden Oasis: Senior Spa Experience**

2:30pm **Hors d'oeuvres & Mozart**

Dancing with the staff

3:00pm **Finish the Expressions**

3:30pm **Music Therapy with Eduardo**

4:30pm **DINNER!**

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TODAY IS

THURSDAY, AUGUST 29, 2024

10:00am Coffee, Muffins & Trivia

10:30am Seated Exercises with Alba

11:00am **No-Air Air Hockey**

11:30m **LUNCH!**

1:30pm Scenic Van Ride (*Weather Permitting*)

2:30pm Putting golf with Care Team

3:00pm Hors d'oeuvres & Music /Care Team

3:45pm **Matinee at The Opera:**

**The Three Tenors LONDON 1996
(FULL CONCERT)**

4:30pm **DINNER!**

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TODAY IS

FRIDAY, AUGUST 30, 2024

10:00am Coffee, Muffins & Armchair Travel

10:30am **Balance & Motion with Michael**

11:30am **Walk and Talk**

12:00pm to 1:00 pm

LUNCH BUNCH AT THE Assisted Living
Dining Room!

1:00pm **Communion and Prayers**

2:00 pm **Queen's High Tea**



Tea Time

2:30pm **Hors d'oeuvres & Andre Rieu**

3:00pm **Pleasant face exercises!**

3:30pm Pop Corn & Movie: **James Bond: "The Living Daylights" 1987 (2nd PART)**

4:30pm **DINNER!**

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OASIS ACTIVITY SCHEDULE

TODAY IS

SATURDAY, AUGUST 31, 2024

10:00am Coffee & Muffins with Trivia

10:30am **Seated Morning Stretch**

11:00am **Balloon Tennis**

11:30am **LUNCH!**

1:30pm **WALKING CLUB**

2:30pm Hors d'oeuvres with 50s Music

3:00pm **Jigsaw Puzzles**

3:30pm **Classic Show: Bonanza!** *(Prime Video)*

Season 1, Episode 15: Escape to the Ponderosa - 49min

4:30pm **DINNER!**

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OASIS ACTIVITY SCHEDULE

TODAY IS

SUNDAY, SEPTEMBER 1, 2024

10:00am Coffee, Muffins & Armchair Travel

10:30am **Seated Morning Stretch**

11:00am Live Stream – Washington National
Cathedral

11:30m **LUNCH**

1:30pm Word Search



2:30pm **Hors d'oeuvres with Elvis Presley**

3:00pm **Finish the Expressions**

3:30pm **BINGO!**

4:30pm **DINNER!**

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