

Daily Activities Schedule Is Subject To Change. Check with concierge for changes that may occur. Concierge- 202-349-3400, Jordan Asrat ~ Director of Activities ~ 202- 660-7881 ~ Email- yasrat1@jhmi.edu (Please ask your Care Manager if you need a mask) Commons (A) = Movie Side & Commons (B) = Piano Side

Monday, September 2, 2024



HAPPY
Labor Day



❖ **11:00am Balance and Motion** ***Commons**

“Michael Rosengart”

NCSF Certified Personal Trainer. Strength Coach, Prehab Specialist

11:30am – 1:30pm

In the Dining Room

Join Us for a Labor Day BBQ

Featuring Live Music

Come Hungry and Ready to Enjoy, Dance, and Celebrate!

❖ **2:00 pm: “9 to 5”** ***Commons**

Office satire about three female secretaries who decide to get revenge on their tyrannical, sexist boss by abducting him and running the business themselves. The trio, one of whom has been passed over for promotion because she is a woman, spend a night together having drug-induced fantasies of killing the slave-driving chauvinist. One of them panics the following day when she suspects she really has poisoned the tyrant.

Streaming Prime Video 1h 45 min

- Year 1980
- Director Colin Higgins
- Producers Bruce Gilbert
- Starring Lily Tomlin, Jane Fonda, Dolly Parton
- Genres Comedy, Action.

❖ **3:00pm Afternoon Social** *** Library**

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Tuesday, September 3, 2024

❖ 10:00am **Trivia** * **Library**

❖ 11:00am **Tai Chi** ***Commons**

“Edward Pratt”

Edward Pratt is a Tai Chi Chuan and Martial Arts Coach. He has over 30yrs. of Martial Arts experience and about 15 yrs. of experience in Tai Chi Chuan.

❖ 1:30pm **Crossword** * **Library**

❖ 3:00pm **Afternoon Social** * **Library**

❖ 3:30pm **Art Lecture: Streaming** ***Commons**

Edgar Degas

Born in 1834 in Paris, the French Impressionist painter Edgar Degas is especially identified with the subject of dance; more than half of his works depict dancers. He was also famous for his pastel drawings and oil paintings.

Streaming Prime Video 1h

- Year 2016
- Director Jacques Vichet
- Genres Documentary, Arts, Entertainment, and Culture
- Audio English, Français

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Wednesday, September 4, 2024

- ❖ 10:00am **The Great American Trivia** * **Library**
- ❖ 11:00am **Sit and Fit with Owen** * **Commons**

“Owen Lentz”

Personal trainer and corrective exercise specialist since 2007 Former professional rugby player. Representing USA at the 2007 rugby World Cup and South Africa in the junior World Cup in 2000

- ❖ 1:00pm **“The First Wives Club** ***Commons**

After reuniting for their college friend's funeral, three middle aged Manhattanites, who all dumped by their successful ex-husbands for younger woman, form a club to exact revenge by forcing each into bankruptcy and public embarrassment.

Streaming Prime Video 1h 53 min

- Year 1989
- Director Hugh Wilson
- Producers Scott Rudin, Ezra Swerdlow, Adam Schroeder
- Starring Diane Keaton, Goldie Hawn
- Genres Comedy, Romance.

- ❖ 3:00pm **Afternoon Social** * **Library**
- ❖ 3:30pm **Balloon Tennis** ***Commons**

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Thursday, September 5, 2024

❖ **10:00am Trivia Quiz** * **Library**

❖ **11:00am Tai Chi** * **Commons**

“Edward Pratt”

Edward Pratt is a Tai Chi Chuan and Martial Arts Coach. He has over 30yrs. of Martial Arts experience and about 15 yrs. of experience in Tai Chi Chuan.

1:30pm Word Find * **Library**

1:30pm Sip and Paint * **Commons**

3:00pm Afternoon Social * **Library**

3:30pm Sing Along * **Commons**

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Friday, September 6, 2024

- ❖ 10:00am **Trivia Quiz** * Library
- ❖ 11:00am **Seated Exercise with Legacy** * Commons
- ❖ 1:00pm **Catholic Mass** * Commons
- Father Andy**
Our Lady of Victory Catholic Church
- ❖ 2:00pm **Word Find** * Library
- ❖ 3:00pm **Afternoon Social** * Library
- ❖ 3:30pm **Bingo with Adela** * Commons
- ❖ 7:00pm **“The First Wives Club** * Commons

After reuniting for their college friend's funeral, three middle aged Manhattanites, who all dumped by their successful ex-husbands for younger woman, form a club to exact revenge by forcing each into bankruptcy and public embarrassment.

Streaming Prime Video 1h 53 min

- Year 1989
- Director Hugh Wilson
- Producers Scott Rudin, Ezra Swerdlow, Adam Schroeder
- Starring Diane Keaton, Goldie Hawn
- Genres Comedy, Romance.

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Saturday, September 7, 2024

- ❖ **10:00am Trivia Quiz** * **Library**

- ❖ **11:00am Seated Exercise Class with Ash.** * **Commons**

- ❖ **1:00pm “The First Wives Club** * **Commons**

After reuniting for their college friend's funeral, three middle aged Manhattanites, who all dumped by their successful ex-husbands for younger woman, form a club to exact revenge by forcing each into bankruptcy and public embarrassment.

Streaming Prime Video 1h 53 min

- Year 1989
- Director Hugh Wilson
- Producers Scott Rudin, Ezra Swerdlow, Adam Schroeder
- Starring Diane Keaton, Goldie Hawn
- Genres Comedy, Romance.

- ❖ **3:00pm Afternoon Social** * **Library**

- ❖ **3:30pm Bingo with Makayla** * **Commons**

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Sunday, September 8, 2024

- ❖ **10:00am Seated Exercise** *Commons
- ❖ **11:00am Presbyterian Worship Service (Streaming)** *Commons

11:30am ~ 1:30pm

Sunday Brunch

Location:

Dining Room



- ❖ **1:30 pm Rachmaninoff Piano Concerto No. 4 and Nielsen 6th** *Commons

Fabio Luisi conducts the Danish National Symphony Orchestra in this powerful performance taken from the 150th Anniversary celebrations of Denmark's national composer, Carl Nielsen. This program features world-renowned French pianist Lise de la Salle as soloist in Rachmaninov's Piano Concerto No. 4.

Streaming: Amazon Prime – 1hr, 29 min

- Year 2018
- Starring Carl Nielsen, Fabio Luisi, Lise de la Salle, Sergei Rachmaninov, Danish National Symphony Orchestra
- Director DR
- Genres Arts, Entertainment, and culture
- Audio Deutsch

- ❖ **3:00pm Afternoon Social** * Library
- ❖ **3:30pm Word Find** * Library