

Daily Activities Schedule Is Subject To Change. Check with concierge for changes that may occur. Concierge- 202-349-3400, Jordan Asrat ~ Director of Activities ~ 202- 660-7881 ~ Email- yasrat1@jhmi.edu (Please ask your Care Manager if you need a mask) Commons (A) = Movie Side & Commons (B) = Piano Side

Monday, September 23, 2024

- ❖ **10:00am Trivia with Makayla** *Library
- ❖ **11:00am Balance and Motion** *Commons

“Michael Rosengart”

NCSF Certified Personal Trainer. Strength Coach, Prehab Specialist

- ❖ **1:30pm:** *Commons

“Ancient Impossible”

S1 E9 - Roman Empire: 41 min

The Roman Empire is known as one of the mightiest to ever rule the Earth.

S1 E10 - Extreme Engineering: 41 min

When faced with impossible situations, the ancients didn't simply give up, they pursued the impossible. How did they get troops across a nearly 4,000 foot river.

Streaming Amazon Prime Video

- Year 2014
- Director Bo Channon
- Producers Dave Zigerelli
- Genres Documentary, Historical.

- ❖ **3:00pm Afternoon Social** *Library
- ❖ **3:30pm Bingo with Makayla** *Commons

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Tuesday, September 24, 2024

❖ **10:00am** **Trivia with Adela** ***Library**

❖ **11:00am** **Tech Support with Jordan**
○ For all tech support requests, please contact the Concierge at 202-349-3400 between 11 AM and 4 PM.

❖ **11:00am** **Tai Chi** ***Commons**

“Edward Pratt”

Edward Pratt is a Tai Chi Chuan and Martial Arts Coach. He has over 30yrs. of Martial Arts experience and about 15 yrs. of experience in Tai Chi Chuan.

❖ **1:30pm** **Scenic Van Ride**
(George Washington Pkwy, Arlington, VA)

Weather Permitting & Must Sign up with Concierge By 12pm on Monday
Bus Loading & Departure Schedule:

- 1:10pm - Wheelchair & Transfer residents – Meet in the Bistro @ 1:10pm
- 1:20pm -Walk on the bus residents - Meet in the Bistro @ 1:20pm
- 1:30pm - Bus will depart –arrive 5 minutes before your scheduled loading time

❖ **3:00pm** **Afternoon Social** ***Library**

❖ **3:30pm** **Art Lecture: Streaming** ***Commons**

The Great Masters Of Painting: Renoir

Pierre-Auguste Renoir is to this day one of the most influential artists France has ever seen. Being a passionate admirer of paintings portraying feminine nudity, Pierre-Auguste Renoir has created an original technique, which captures the reality of feminine silhouette to the smallest detail.

Documentary, Arts, Entertainment, and Culture, 56 min.

❖ **6:45pm** **Grand Oaks Discussion Group**

In the Conference Room : All Residents are welcome to Join.

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Wednesday, September 25, 2024

- ❖ 10:00am **The Great American Trivia** *Library
- ❖ 11:00am **Resident Forum** * Commons

A 1-hour Forum with Grand Oaks Department Directors and Managers

All Residents Are Invited to Attend

Make your voice heard at the Resident Council meeting! Department managers will address your questions or concerns. Join us to shape our community together!

- ❖ 1:30pm **“A Streetcar Named Desire”** *Commons
A fading southern belle tries to build a new life with her sister in New Orleans

Streaming Amazon Prime Video – 1 hr, 57 min (PG-13)

- Year 1951
- Directors Elia Kazan
- Staring Vivien Leigh, Marlon Brando, Kim Hunter
- Genres Drama
- Violence, alcohol use, smoking, foul language

- ❖ 2:00pm **Spanish Club with Ms Olga Baer**
4th floor Country Kitchen/Northside
Come learn basic Conversational skills, verb conjugation and Culture.
Practice by speaking every day phrases.

- ❖ 2:15pm **Indoor/Outdoor Walking Club with Adela**
Meet me in the Library

- ❖ 3:00pm **Afternoon Social** *Library

- ❖ 3:30pm **Balloon Tennis** * Commons

- ❖ 4:30pm **Cocktail Hour** *Bistro

Featuring themed Cocktail & Wine & Beer

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Thursday, September 26, 2024

❖ **10:00am The Great American Trivia** *Commons

❖ **11:00am Tech Support with Jordan**
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❖ **11:00am Tai Chi** *Commons
“Edward Pratt”

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❖ **1:30pm Sip and Paint** *Commons

❖ **1:30pm Bridge Club** *Bistro

❖ **2:00pm Word Find** * Library

❖ **2:15pm Indoor/Outdoor Walking Club with Adela**
Meet me in the Library

❖ **3:00pm Afternoon Social** *Library

❖ **3:30pm Sing Along** *Library

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Friday, September 27, 2024

- ❖ 10:00am **Trivia Quiz** *Library
- ❖ 11:00am **Seated Exercise with Legacy** *Commons
- ❖ 1:00pm **Catholic Mass** *Chapel
[Our Lady of Victory Catholic Church](#)
- ❖ 2:00pm **Word Find** *Library
- ❖ 3:00pm **Afternoon Social** *Library
- ❖ 3:30pm **Bingo with Adela** *Commons
- ❖ 7:00pm **“A Streetcar Named Desire”** *Commons
A fading southern belle tries to build a new life with her sister in New Orleans

Streaming Amazon Prime Video – 1 hr, 57 min (PG-13)

- Year 1951
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Saturday, September 28, 2024

- ❖ 10:00am Trivia Quiz *Library
- ❖ 11:00am Seated Exercise Class with Ash. *Commons
- ❖ 1:30pm “A Streetcar Named Desire” *Commons

A fading southern belle tries to build a new life with her sister in New Orleans

Streaming Amazon Prime Video – 1 hr, 57 min (PG-13)

- Year 1951
- Directors Elia Kazan
- Staring Vivien Leigh, Marlon Brando, Kim Hunter
- Genres Drama
- Violence, alcohol use, smoking, foul language

- ❖ 1:30pm Bridge Club *Bistro
- ❖ 2:00p Dominos *Bistro
- ❖ 3:00pm Afternoon Social *Library
- ❖ 3:30pm Bingo with Adela *Commons
- ❖ 4:30pm COCKTAIL HOUR *Bistro

Featuring themed Cocktail & Wine & Beer

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Sunday, September 29, 2024

- ❖ **10:00am Seated Exercise** *Commons
- ❖ **11:00am Presbyterian Worship Service (Streaming)** *Commons

11:30am ~ 1:30pm

Sunday Brunch

Location:

Dining Room



- ❖ **1:30 pm Penderecki - Symphony No. 7** *Commons
- 7 Gates of Jerusalem**

One of the greatest composers of the latter half of the twentieth century, Krzysztof Penderecki conducts the Prague Radio Symphony Orchestra and Slovak Philharmonic choir, bringing the 2017 Prague Spring festival to a close with his monumental religious work “Seven Gates of Jerusalem.”

Streaming: Amazon Prime Video – 1hr, 29 min

- Year 2017
- Audio English
- Starring David Švehlík, Piotr Nowacki, Jozef Chabro, Slovak Philharmonic Choir, Iwona Hossa, Iša Krejčí, Krzysztof Penderecki, Prague Radio Symphony Orchestra, Anna Lubanska, Adam Zdunikowski, Karolina Sikora
- Genres Arts, Entertainment, and culture, Music Videos and Concerts

- ❖ **3:00pm Afternoon Social** *Library
- ❖ **3:30pm Word Find** *Library