



OASIS ACTIVITY SCHEDULE



TODAY IS

MONDAY, SEPTEMBER 23, 2024

10:00am Coffee, Muffins & The Coolest Places
on Earth/Episode 3/*Prime Video*

10:30am **Balloon Tennis**

11:00am **Sit & Fit with Legacy**

11:30am **LUNCH**

1:30pm Art & Crafts:

**Artist Impression - Vincent Van Gogh -
Wheat Field with Cypresses for coloring**

2:30pm Hors d'oeuvres & Frank Sinatra Music

3:00pm **BINGO!**

3:30pm **Singalong with Susie Q**

4:30pm **DINNER!**

Daily Activities Schedule Is Subject To Change



OASIS ACTIVITY SCHEDULE



TODAY IS

TUESDAY, SEPTEMBER 24, 2024

10:00am Coffee, Muffins & Secrets of the
Nationals Parks/*Prime Video*

10:30am Baking Club

11:00am Table Tennis



11:30am **LUNCH!**

1:30pm Walking Club

2:30pm Hors d'oeuvres and Elvis Presley Music

3:00pm Jigsaw Puzzles

3:30pm Pop Corn and Movie:

North & South, 2004 (Episode 3)

4:30pm **DINNER!**

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OASIS ACTIVITY SCHEDULE



TODAY IS

WEDNESDAY, SEPTEMBER 25, 2024

10:00am Coffee, Muffins & Armchair Travel

10:30am **Senior Soccer Social**

11:00am **Balance & Motion with Michael**

12:00m **LUNCH!**

1:30pm **Golden Oasis: Senior Spa Experience**

2:30pm **Hors d'oeuvres & Mozart**

3:00pm **Uno Card Game**



3:30pm **Music Therapy with Eduardo**

4:30pm **DINNER!**

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OASIS ACTIVITY SCHEDULE



TODAY IS

THURSDAY, SEPTEMBER 26, 2024

10:00am Coffee, Muffins & The Coolest
Places on Earth/Episode 3/*Prime*

10:30am **Corn Hole**

11:00am Seated Exercises with Alba

11:30am **LUNCH!**

1:30pm *Scenic Van Ride & Ice Cream on the Road*
(*Weather Permitting*)

2:30pm Putting golf with Care Team

3:00pm Hors d'oeuvres & Music /Care Team

3:45pm **Matinée at The Opera:**
The Three Tenors LONDON 1996
(FULL CONCERT)

4:30pm **DINNER!**

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OASIS ACTIVITY SCHEDULE



TODAY IS

FRIDAY, SEPTEMBER 27, 2024

10:00am Coffee, Muffins & Armchair Travel

10:30am **Balance & Motion with Michael**

11:30am **Walk and Talk**

12:00pm to 1:00 pm

**LUNCH BUNCH AT THE Assisted Living
Dining Room!**

1:00pm **Communion and Prayers**

2:00 pm **Queen's High Tea**



Tea Time

2:30pm Hors d'oeuvres & Andre Rieu

3:00pm **Pleasant face exercises!**

3:30pm Pop Corn & Movie:

North & South, 2004 (Episode 4)

4:30pm **DINNER!**

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OASIS ACTIVITY SCHEDULE



TODAY IS

SATURDAY, SEPTEMBER 28, 2024

10:00am Coffee, Muffins & The Secrets of the
Nationals Parks/*Prime*

10:30am **Seated Morning Stretch**

11:00am **Balloon Tennis**

11:30am **LUNCH!**

1:30pm **WALKING CLUB**

2:30pm Hors d'oeuvres with 50s Music

3:00pm **Jigsaw Puzzles**

3:30pm **Classic Show: Bonanza!** (*Prime Video*)

Season 1, Episode 19: Hopefuls - 49min

4:30pm **DINNER!**

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OASIS ACTIVITY SCHEDULE



TODAY IS

SUNDAY, SEPTEMBER 29, 2024

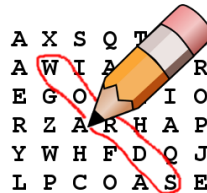
10:00am Coffee, Muffins & Armchair Travel

10:30am **Seated Morning Stretch**

11:00am Live Stream: Washington National Cathedral

11:30m **LUNCH**

1:30pm Word Search



2:30pm **Hors d'oeuvres with Elvis Presley**

3:00pm **Finish the Expressions**

3:30pm **BINGO!**

4:30pm **DINNER!**

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