



# OASIS ACTIVITY SCHEDULE



TODAY IS

**MONDAY, SEPTEMBER 30, 2024**

**10:00am** Coffee, Muffins & The Coolest Places on Earth/*Prime Video/Episode 4*

**10:30am** Balloon Tennis

**11:00am** **Sit & Fit with Legacy**

**11:30am** **LUNCH**

**1:30pm** Art & Crafts:

**Golden Age Canvas Painting**

**2:30pm** Hors d'oeuvres & Frank Sinatra Music

**3:00pm** **BINGO!**

**3:30pm** Singalong with Susie Q

**4:30pm** **DINNER!**

***Daily Activities Schedule Is Subject To Change***



# OASIS ACTIVITY SCHEDULE



TODAY IS

**TUESDAY, OCTOBER 1, 2024**



10:00am Trivia: First Letter of the Month

10:30am **Coffee Tasting Session & Muffins**

11:00am Table Tennis



11:30am **LUNCH!**

1:30pm Walking Club

2:30pm Hors d'oeuvres and Elvis Presley Music

3:00pm **Jigsaw Puzzles**

3:30pm Pop Corn and Movie:

**Titanic, 1997(Part 1)**

4:30pm **DINNER!**

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# OASIS ACTIVITY SCHEDULE



TODAY IS

**WEDNESDAY, OCTOBER 2, 2024**

10:00am Coffee, Muffins & Armchair Travel

10:30am **Neurobic Exercises**



11:00am Balance & Motion with Michael

12:00m **LUNCH!**

2:00pm Golden Oasis: Senior Spa Experience

2:30pm Hors d'oeuvres & Mozart Music

3:00pm **Finish the Expressions**

3:30pm **French Club (Club Français)**

4:00pm **French T.V. SHOW:**

**The Favorite Village of the French, 2012**

4:30pm **DINNER!**

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# OASIS ACTIVITY SCHEDULE



TODAY IS

**THURSDAY, OCTOBER 3, 2024**

10:00am Coffee, Muffins & Trivia

10:30am **Math Club**

11:00am **Seated Exercises with Alba**

11:30am **LUNCH!**

1:30pm **Scenic Van Ride** (*Weather Permitting*)

2:30pm Putting golf with Care Team

3:00pm Hors d'oeuvres & Music /Care Team

3:30pm **Matinee at The Opera:**

Opera gala: great arias from Puccini, Verdi, Donizetti,

Bellini, Bizet, Lehár, Mozart and others

4:30pm **DINNER!**

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# OASIS ACTIVITY SCHEDULE



TODAY IS

**FRIDAY, OCTOBER 4, 2024**

10:00am Coffee, Muffins & Armchair Travel

10:30am **Balance & Motion with Michael**

11:30am **Walk and Talk**

12:00pm to 1:00 pm

**LUNCH BUNCH AT THE Assisted Living**  
**Dining Room!**

1:00pm **Communion and Prayers**

2:00 pm **Queen's High Tea**



2:30pm **Hors d'oeuvres & Andre Rieu**

3:00pm **Pleasant face exercises!**

3:30pm **Pop Corn & Movie:**

**Titanic, 1997 (Part 2)**

4:30pm **DINNER!**

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# OASIS ACTIVITY SCHEDULE



TODAY IS

**SATURDAY, OCTOBER 5, 2024**

10:00am Coffee & Muffins with Armchair Travel

10:30am **Seated Morning Stretch**

11:00am **Balloon Tennis**

11:30am **LUNCH!**

1:30pm **WALKING CLUB**

2:30pm Hors d'oeuvres with 50s Music

3:00pm **Jigsaw Puzzles**

3:30pm **Classic Show: Bonanza!** *(Prime Video)*

Season 1, Episode 20: Last Trophy- 49min

4:30pm **DINNER!**

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# OASIS ACTIVITY SCHEDULE



TODAY IS

**SUNDAY, OCTOBER 6, 2024**

10:00am Coffee, Muffins & Armchair Travel

10:30am **Seated Morning Stretch**

11:00am Sunday's Mass Live Streaming

11:30m **LUNCH**

2:00pm **WORD SEARCH**

2:30pm **Hors d'oeuvres with Elvis Presley**

3:00pm **Finish the Expressions**

3:30pm **BINGO!**

4:30pm **DINNER!**

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