



OASIS ACTIVITY SCHEDULE



TODAY IS

MONDAY, OCTOBER 7, 2024

10:00am Coffee, Muffins & The Coolest Places on Earth/Episode 5/*Prime Video*

10:30am **Balloon Tennis**

11:00am **Sit & Fit with Legacy**

11:30am **LUNCH**

1:30pm Art & Crafts:
Cushion Crafting Corner

2:30pm Hors d'oeuvres & Frank Sinatra Music

3:00pm **BINGO!**

3:30pm **Singalong with Susie Q**

4:30pm **DINNER!**

Daily Activities Schedule Is Subject To Change



OASIS ACTIVITY SCHEDULE



TODAY IS

TUESDAY, OCTOBER 8, 2024

10:00am Coffee, Muffins & Secrets of the
Nationals Parks/*Prime Video*

10:30am Baking Club

11:00am Table Tennis



11:30am **LUNCH!**

1:30pm Walking Club

2:30pm Hors d'oeuvres and Elvis Presley Music

3:00pm **Jigsaw Puzzles**

3:30pm Pop Corn and Movie: (Part 1)

Beatles: A Hard Day's Night, 1964

4:30pm **DINNER!**

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OASIS ACTIVITY SCHEDULE



TODAY IS

WEDNESDAY, OCTOBER 9, 2024

10:00am Coffee, Muffins & Armchair Travel

10:30am **Senior Soccer Social**

11:00am Balance & Motion with Michael

12:00m **LUNCH!**

1:30pm Golden Oasis: Senior Spa Experience

2:30pm Hors d'oeuvres & Mozart

3:00pm **Cheers to a special birthday celebration!**



Live Music by Eduardo

4:30pm **DINNER!**

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OASIS ACTIVITY SCHEDULE



TODAY IS

THURSDAY, OCTOBER 10, 2024

10:00am Coffee, Muffins & Armchair Travel

10:30am **Air Hockey Game *with a Real Hockey Table***

11:00am Seated Exercises with Alba

11:30m **LUNCH!**

1:30pm **Scenic Van Ride & *Ice Cream on the Road***
(Weather Permitting)

2:30pm Putting golf with Care Team

3:00pm Hors d'oeuvres & Music /Care Team

3:45pm **Matinée at The Opera: (FULL CONCERT)**

The Three Tenors LONDON 1996

4:30pm **DINNER!**

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OASIS ACTIVITY SCHEDULE



TODAY IS

FRIDAY, OCTOBER 11, 2024

10:00am Coffee, Muffins & Armchair Travel

10:30am **Balance & Motion with Michael**

11:30am **Walk and Talk**

12:00pm to 1:00 pm

**LUNCH BUNCH AT THE Assisted Living
Dining Room!**

1:00pm **Communion and Prayers**

2:00 pm **Queen's High Tea**



2:30pm **Hors d'oeuvres & Andre Rieu**

3:00pm **Pleasant face exercises!**

3:30pm **Pop Corn & Movie: (Part 2)**

Beatles: A Hard Day's Night, 1964

4:30pm **DINNER!**

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OASIS ACTIVITY SCHEDULE



TODAY IS

SATURDAY, OCTOBER 12, 2024

10:00am Coffee, Muffins & The Secrets of the
Nationals Parks/*Prime*

10:30am **Seated Morning Stretch**

11:00am **Balloon Tennis**

11:30am **LUNCH!**

1:30pm **WALKING CLUB**

2:30pm Hors d'oeuvres with 50s Music

3:00pm **Jigsaw Puzzles**

3:30pm **Classic Show: Bonanza!** (*Prime Video*)
Season 1, Episode 19: Hopefuls - 49min

4:30pm **DINNER!**

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OASIS ACTIVITY SCHEDULE



TODAY IS

SUNDAY, OCTOBER 13, 2024

10:00am Coffee, Muffins & Armchair Travel

10:30am **Seated Morning Stretch**

11:00am Streaming– Washington National Cathedral

11:30m **LUNCH**

1:30pm Word Search



2:30pm **Hors d'oeuvres with Elvis Presley**

3:00pm **Finish the Expressions**

3:30pm **BINGO!**

4:30pm **DINNER!**

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