

Daily Activities Schedule Is Subject To Change. Check with concierge for changes that may occur. Concierge- 202-349-3400, Jordan Asrat ~ Director of Activities ~ 202- 660-7881 ~ Email- yasrat1@jhmi.edu (Please ask your Care Manager if you need a mask) Commons (A) = Movie Side & Commons (B) = Piano Side

Monday, November 4, 2024

❖ 10:00am **Trivia with Makayla** *Library

❖ 11:00am **Balance and Motion** *Commons

“Michael Rosengart”

NCSF Certified Personal Trainer. Strength Coach, Prehab Specialist

❖ 1:30pm: *Commons

“Lost Worlds”

S1 E11 - The First Christians 45 min

A team of field investigators using the latest research, expert analysis, and cutting-edge graphic technology.

S1 E12 - The Pagans 45 min

In the late Stone Age, the pagan people of the British Isles constructed some of the greatest monuments of the ancient world.

Streaming Amazon Prime Video

- Year 2006
- Director Stuart Elliott, Matthew Skilton, David Wallace, Anna Thomson, Jessica Taylor, Charlotte Wheaton, George Pagliero, Shaun Trevisick, Bill Markham
- Producers Anthony Geffen, Lucy Beek, Ruth Sessions
- Genres Documentary, Historical.

❖ 3:00pm **Afternoon Social** *Library

❖ 3:30pm **Bingo with Makayla** *Commons

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Thursday, November 7, 2024

❖ **10:00am The Great American Trivia** * **Library**

❖ **11:00am Tech Support with Jordan**

- For all tech support requests, please contact the Concierge at 202-349-3400 between 11 AM and 4 PM.

❖ **11:00am Tai Chi** * **Commons**
“Edward Pratt”

Edward Pratt is a Tai Chi Chuan and Martial Arts Coach. He has over 30yrs. of Martial Arts experience and about 15 yrs. of experience in Tai Chi Chuan

❖ **1:30pm Sip and Paint** * **Commons**

❖ **1:30pm Bridge Club** * **Bistro**

❖ **2:00pm Word Find** * **Library**

❖ **2:15pm Indoor/Outdoor Walking Club with Adela**
Meet me in the Library

❖ **3:00pm Afternoon Social** * **Library**

❖ **3:30pm Sing Along** * **Library**

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Friday, November 8, 2024

- ❖ 10:00am **Trivia Quiz** *Library
- ❖ 11:00am **Seated Exercise with Legacy** *Commons
- ❖ 1:00pm **Catholic Mass** *Chapel
- Father Andrews**
Our Lady of Victory Catholic Church
- ❖ 2:00pm **Word Find** *Library
- ❖ 3:00pm **Afternoon Social** *Library
- ❖ 3:30pm **Bingo with Adela** *Commons
- ❖ 7:00pm **“Good Will Hunting”** *Commons

Matt Damon stars as a young, headstrong working-class genius, who is cleaning the floors of America's top university and failing at life until he meets a psychology professor (Robin Williams), who may be the only person who can reach him.

Streaming Amazon Prime Video – 2 hr, 1 min

- Year 1998
- Directors Gus Van Sant
- Starring Robin Williams, Matt Damon, Ben Affleck, Stellan Skarsgård
- Genres Romance, Drama, Inspiring.
- Violence, substance use, alcohol use, smoking, foul language, sexual content.

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Saturday, November 9, 2024

- ❖ **10:00am Trivia Quiz** ***Library**
- ❖ **11:00am Seated Exercise Class with Ash.** ***Commons**

- ❖ **1:00pm “Good Will Hunting”** ***Commons**

Matt Damon stars as a young, headstrong working-class genius, who is cleaning the floors of America's top university and failing at life until he meets a psychology professor (Robin Williams), who may be the only person who can reach him.

Streaming Amazon Prime Video – 2 hr, 1 min

- Year 1998
- Directors Gus Van Sant
- Starring Robin Williams, Matt Damon, Ben Affleck, Stellan Skarsgård
- Genres Romance, Drama, Inspiring.
- Violence, substance use, alcohol use, smoking, foul language, sexual content.

- ❖ **1:30pm Bridge Club** ***Bistro**
- ❖ **2:00p Dominos** ***Bistro**
- ❖ **3:00pm Afternoon Social** ***Library**
- ❖ **3:30pm Bingo with Adela** ***Commons**
- ❖ **4:30pm COCKTAIL HOUR** ***Bistro**

Featuring themed Cocktail & Wine & Beer

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Sunday, November 10, 2024

- ❖ **10:00am Seated Exercise** *Commons
- ❖ **11:00am Presbyterian Worship Service (Streaming)** *Commons

11:30am ~ 1:30pm

Sunday Brunch

Location:

Dining Room



- ❖ **1:00 pm Gala from Berlin 1998**
Songs of Love and Desire *Commons

Love is the motto of the 1998 New Year's Eve Concert. Maestro Claudio Abbado has chosen two of the best Mozart interpreters of our day, Christine Schäfer and Simon Keenlyside, for this traditionally meaningful event. Concert.

Streaming: Amazon Prime Video – 1hr, 29 min

- Year 1998
- Audio English
- Starring Claudio Abbado, Berliner Philharmoniker, Mirella Freni, Christine Schäfer, Simon Keenlyside, Marcelo Alvarez, Wolfgang Amadeus Mozart, Guiseppe Verdi.
- Genres Arts, Entertainment, and culture, Music Videos and Concerts

- ❖ **3:00pm Afternoon Social** *Library
- ❖ **3:30pm Word Find** *Library