

*Daily Activities Schedule Is Subject To Change. Check with concierge for changes that may occur. Concierge- 202-349-3400,
Jordan Asrat ~ Director of Activities ~ 202- 660-7881 ~ Email- yasrat1@jhmi.edu
(Please ask your Care Manager if you need a mask) Commons (A) = Movie Side &
Commons (B) = Piano Side*

Monday, December 30, 2024

❖ 10:00am **Trivia with Makayla** *Library

❖ 11:00am **Balance and Motion** *Commons

“Michael Rosengart”

NCSF Certified Personal Trainer. Strength Coach, Prehab Specialist

❖ 1:30pm: **“Museum Secrets”** *Commons

In every episode, Museum Secrets travels to one extraordinary museum, revealing the stories of 6 irreplaceable treasures, probing familiar legends and assumptions, using cutting edge research and technology to investigate the unknown. Museum Secrets combines surprising revelations about things we all recognize with amazing revelations about things we've never seen before.

S1 E5 - Inside the Egyptian Museum 44 min

From the mystery of a Pharaoh's gold to the strange practice of animal mummification, discover the secrets inside the Egyptian Museum.

S1 E6 - Inside the Metropolitan Museum, New York 44 min

From the mystery of a king's madness to a silver chalice some think is the Holy Grail, discover the secrets inside the Metropolitan Museum.

Streaming Amazon Prime Video

- Year 2011
- Director Mark Caswell, Chris Romeike
- Producers Robert Lang
- Genres Documentaries, Historical.

❖ 3:00pm **Afternoon Social** *Library

❖ 3:30pm **Bingo with Makayla** *Commons

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Tuesday, December 31, 2024



- ❖ **10:00am** **Trivia with Adela** ***Library**
- ❖ **11:00am** **Sit and Fit with Makayla** ***Commons**

1:30pm Scenic Van Ride- (Navy Yard, Washington DC)

Weather Permitting & Must Sign up with Concierge By 12pm on Monday

Bus Loading & Departure Schedule:

- 1:10pm - Wheelchair & Transfer residents – Meet in the Bistro @ 1:10pm
- 1:20pm -Walk on the bus residents - Meet in the Bistro @ 1:20pm
- 1:30pm - Bus will depart
- Arrive 5 minutes before your scheduled loading time

- ❖ **3:00pm** **Afternoon Social** ***Library**
- ❖ **3:30pm** **Art Lecture: Streaming** ***Commons**

American Art in the 1960s

In the 60's media flooded the art world and gave artists new means and methods for a cultural revolution. Leading the scene of avant-garde art were innovators such as Robert Rauschenberg, George Segal, Claes Oldenburg and Andy Warhol. American Art in the 1960s follows said artists and many others as they move through pop art, abstract expressionism, collage, sculpture and expressionistic cubism.

Documentary, Arts, Entertainment, and Culture, 60 min.

- ❖ **6:45pm** **Grand Oaks Discussion Group**
In the Conference Room : All Residents are welcome to Join
- ❖ **8pm** **New Year's Eve Champagne Toast** ***Commons**
broadcasts at 8 p.m. (ABC and CNN)

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Thursday, January 2, 2024

❖ **10:00am The Great American Trivia** * **Library**

❖ **11:00am Tech Support with Jordan**

- For all tech support requests, please contact the Concierge at 202-349-3400 between 11 AM and 4 PM.

❖ **11:00am Tai Chi** * **Commons**
“Edward Pratt”

Edward Pratt is a Tai Chi Chuan and Martial Arts Coach. He has over 30yrs. of Martial Arts experience and about 15 yrs. of experience in Tai Chi Chuan

❖ **1:30pm Sip and Paint** * **Commons**

❖ **1:30pm Bridge Club** * **Bistro**

❖ **2:00pm Word Find** * **Library**

❖ **2:15pm Indoor/Outdoor Walking Club with Adela**
Meet me in the Library

❖ **3:00pm Afternoon Social** * **Library**

❖ **3:30pm Sing Along** * **Library**

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Friday, January 3, 2024

- ❖ 10:00am **Trivia Quiz** *Library
- ❖ 11:00am **Seated Exercise with Legacy** *Commons
- ❖ 1:00pm **Catholic Mass** *Chapel
Father Andrews
Our Lady of Victory Catholic Church
- ❖ 2:00pm **Word Find** *Library
- ❖ 3:00pm **Afternoon Social** *Library
- ❖ 3:30pm **Bingo with Adela** *Commons
- ❖ 7:00pm **“Game Change”** *Commons

Five Emmy awards went to this searing behind-the-scenes chronicle of the 2008 presidential campaign of John McCain and Sarah Palin.

Streaming Amazon Prime Video – 01 hr, 57 min

- Year 2012
- Directors Jay Roach
- Staring Julianne Moore, Woody Harrelson, Ed Harris, Jamey Sheridan, Sarah Paulson, Ron Livingston, Larry Sullivan, Melissa Farman, Brian d'Arcy James, Austin Pendleton, David Barry Gray, Peter MacNicol, Bruce Altman, Colby French, Spencer Garrett, Brian Howe, John Rothman
- Genres Historical, Drama.

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Saturday, January 4, 2024

- ❖ **10:00am Trivia Quiz** ***Library**
- ❖ **11:00am Seated Exercise Class with Ash.** ***Commons**

- ❖ **1:00pm “Game Change”** ***Commons**
Five Emmy awards went to this searing behind-the-scenes chronicle of the 2008 presidential campaign of John McCain and Sarah Palin.
Streaming Amazon Prime Video – 01 hr, 57 min
 - Year 2012
 - Directors Jay Roach
 - Staring Julianne Moore, Woody Harrelson, Ed Harris, Jamey Sheridan, Sarah Paulson, Ron Livingston, Larry Sullivan, Melissa Farman, Brian d'Arcy James, Austin Pendleton, David Barry Gray, Peter MacNicol, Bruce Altman, Colby French, Spencer Garrett, Brian Howe, John Rothman
 - Genres Historical, Drama.

- ❖ **1:30pm Bridge Club** ***Bistro**

- ❖ **2:00p Dominos** ***Bistro**

- ❖ **3:00pm Afternoon Social** ***Library**

- ❖ **3:30pm Bingo with Adela** ***Commons**

- ❖ **4:30pm COCKTAIL HOUR** ***Bistro**

Featuring themed Cocktail & Wine & Beer

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Sunday, January 5, 2024

- ❖ **10:00am Seated Exercise** *Commons
- ❖ **11:00am Presbyterian Worship Service (Streaming)** *Commons

11:30am ~ 1:30pm

Sunday Brunch

Location:

Dining Room



- ❖ **1:00 pm Giselle** *Commons
- Laëticia Pujol, Nicolas Le Riche**
- Opéra National de Paris**

Giselle, the Romantic ballet par excellence! Relive the story of a young country girl's innocent love for the Duke Albrecht. When she learns that he is already engaged to marry a princess, Giselle suffers violent hallucinations and then dies. In vengeance, the Queen of the Wilis-the ghosts of young girls who die before their time-condemns Albrecht to dance until he dies of exhaustion...

Streaming: Amazon Prime Video – 1hr, 50 min

- Year 2006
- Audio English
- Starring Laëticia Pujol, Nicolas Le Riche, Marie-Agnès Gillot, Wilfried Romoli, Patrice Bart, Eugène Polyakov, Adolphe Adam, Alexandre Benois, Corps de Ballet de l'Opéra national de Paris, Paul Connelly.
- Genres Arts, Entertainment, and culture, Music Videos and Concerts

- ❖ **3:00pm Afternoon Social** *Library
- ❖ **3:30pm Word Find** *Library