

Daily Activities Schedule Is Subject To Change. Check with concierge for changes that may occur. Concierge- 202-349-3400, Jordan Asrat ~ Director of Activities ~ 202- 660-7881 ~ Email- yasrat1@jhmi.edu (Please ask your Care Manager if you need a mask) Commons (A) = Movie Side & Commons (B) = Piano Side

Monday, December 9, 2024

❖ 10:00am **Trivia with Makayla** * Commons

❖ 11:00am **Balance and Motion** * Commons

“Michael Rosengart”

NCSF Certified Personal Trainer. Strength Coach, Prehab Specialist

❖ 1:30pm: **“Museum Secrets”** * Commons

In every episode, Museum Secrets travels to one extraordinary museum, revealing the stories of 6 irreplaceable treasures, probing familiar legends and assumptions, using cutting edge research and technology to investigate the unknown. Museum Secrets combines surprising revelations about things we all recognize with amazing revelations about things we've never seen before.

S1 E1 - Inside The ROM, Toronto 44 min

From a medieval hand-grenade to an extremely rare dinosaur, discover the secrets inside the Royal Ontario Museum.

S1 E2 - Inside the Natural History Museum, London 44 min

From Darwin's original specimens to a lost workshop that inspired James Bond, discover the secrets of Britain's Natural History Museum.

Streaming Amazon Prime Video

- Year 2011
- Director Mark Caswell, Chris Romeike
- Producers Robert Lang
- Genres Documentary, Historical.

❖ 3:00pm **Afternoon Social** * Commons

❖ 3:30pm **Bingo with Makayla** * Commons

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Tuesday, December 10, 2024

❖ **10:00am Trivia with Adela** * Commons

❖ **11:00am Tech Support with Jordan**

- For all tech support requests, please contact the Concierge at 202-349-3400 between 11 AM and 4 PM.

❖ **11:00am Tai Chi** *Commons

“Edward Pratt”

Edward Pratt is a Tai Chi Chuan and Martial Arts Coach. He has over 30yrs. of Martial Arts experience and about 15 yrs. of experience in Tai Chi Chuan.

❖ **1:30pm Shopping Trip (The Shops at Sumner Place)**

Deadline to Sign up with concierge is – (9:00 am on Tuesday)

- Residents will have 1 hour to shop.
- Bus Drop off & Pick UP location- Safeway Grocery Store

Bus Loading & Departure Schedule

- 1:10pm - Wheelchair & Transfer residents – Meet in the Bistro @ 1:10pm
- 1:20pm -Walk on the bus residents - Meet in the Bistro @ 1:20pm
- 1:30pm - Bus will depart –arrive 5 minutes before your scheduled loading time

❖ **1:30pm Room visits**

❖ **3:00pm Afternoon Social** * Commons

❖ **3:30pm Art Lecture: Streaming** *Commons

Dali in New York

Dalí in New York is a unique portrait of the great Spanish surrealist Salvador Dalí by the legendary English filmmaker Jack Bond. Accompanied by the pioneering feminist Jane Arden, Bond was to trail Dali in the run-up to the opening of his exhibition at the Huntington Gallery of Modern Art. As absurdist and entertaining as its subject, Dalí in New York is a classic of the documentary form

Documentary, Arts, Entertainment, and Culture, 54 min.

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Wednesday, December 11, 2024

❖ 10:00am **The Great American Trivia** * Commons

❖ 11:00am **Sit and Fit with Owen** * Commons

“Owen Lentz”

Personal trainer and corrective exercise specialist since 2007 Former professional rugby player. Representing USA at the 2007 rugby World Cup and South Africa in the junior World Cup in 200

❖ 1:00pm **“The Magic Flute”** * Commons

When Tim Walker attends a legendary Mozart boarding school; he discovers a magical portal into the fantastic world of Mozart’s famed The Magic Flute.

Streaming Amazon Prime Video – 02 hr, 04 min

- Year 2023
- Directors Florian Sigl
- Staring F. Murray Abraham, Jack Wolfe, Niamh McCormack, Iwan Rheon, Stéfi Celma, Robin Gooch, Sabine Devieilhe, Asha Banks, Morris Robinson, Stefan Konarske, Greg Wise, Luyanda Unati Lewis-Nyawo, Amir Wilson, Rolando Villazòn, Elliot Courtiour, Cosima Henman, Tedros "Teddy" Teclebrhan, Waldemar Kobus, Wilson Gonzalez Ochsenknecht, Steffen Mennekes, Ryan Hadaller
- Genres Fantasy, Adventure.

❖ 1:30pm **Room visits**

❖ 3:00pm **Afternoon Social** * Commons

❖ 3:30pm **Balloon Tennis** * Commons

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Thursday, December 12, 2024

❖ **10:00am The Great American Trivia * Commons**

❖ **11:00am Tech Support with Jordan**

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❖ **11:00am Tai Chi * Commons**
“Edward Pratt”

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❖ **1:30pm Room visits**

❖ **1:30pm Sip and Paint * Commons**

❖ **2:00pm Word Find * Commons**

❖ **3:00pm Afternoon Social * Commons**

❖ **3:30pm Sing Along * Commons**

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Friday, December 13, 2024

❖ 10:00am Trivia Quiz * Bistro

❖ 11:00am Seated Exercise with Legacy *Bistro

❖ 1:00pm **Catholic Mass**

2nd Floor Country Kitchen/ Southside/Across the elevators

Father Andrews

Our Lady of Victory Catholic Church

❖ 2:00pm Word Find * Bistro

❖ 3:00pm Afternoon Social * Bistro



In the first Floor

Live music by Ordinary People Band

Great Food, Dancing,

Lots of Fun with Friends and loved ones.

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Saturday, December 14, 2024

❖ **10:00am Trivia Quiz** * Commons

❖ **11:00am Seated Exercise Class with Ash.** * Commons

❖ **1:00pm “The Magic Flute”** * Commons

When Tim Walker attends a legendary Mozart boarding school; he discovers a magical portal into the fantastic world of Mozart’s famed The Magic Flute.

Streaming Amazon Prime Video – 02 hr, 04 min

- Year 2023
- Directors Florian Sigl
- Staring F. Murray Abraham, Jack Wolfe, Niamh McCormack, Iwan Rheon, Stéfi Celma, Robin Gooch, Sabine Devieilhe, Asha Banks, Morris Robinson, Stefan Konarske, Greg Wise, Luyanda Unati Lewis-Nyawo, Amir Wilson, Rolando Villazòn, Elliot Courtiour, Cosima Henman, Tedros "Teddy" Teclebrhan, Waldemar Kobus, Wilson Gonzalez Ochsenknecht, Steffen Mennekes, Ryan Hadaller
- Genres Fantasy, Advanture.

❖ **1:30pm Room visits**

❖ **3:00pm Afternoon Social** * Commons

❖ **3:30pm Bingo with Adela** * Commons

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Sunday, December 15, 2024

- ❖ **10:00am Seated Exercise** *Commons
- ❖ **11:00am Presbyterian Worship Service (Streaming)** *Commons

11:30am ~ 1:30pm

Sunday Brunch

Location:

Dining Room



- ❖ **1:00 pm André Rieu And His Johann Strauss Orchestra - Christmas In London** *Commons

Experience Christmas in London with André Rieu. Everywhere decorated Christmas trees, beautifully lit streets, tempting Christmas show windows. Combine the unique London Christmas atmosphere with a wonderful Christmas concert by André Rieu and you have all the ingredients for a nice party in the dark December days.

Streaming: Amazon Prime Video – 1hr, 27 min

- Year 2016
- Audio English
- Starring André Rieu, Johann Strauss Orchestra
- Genres Arts, Entertainment, and culture, Music Videos and Concerts

- ❖ **3:00pm Afternoon Social** * Commons
- ❖ **3:30pm Word Find** * Commons