

OASIS ACTIVITY SCHEDULE

TODAY IS

MONDAY, JANUARY 27, 2025

10:00am Hot Cocoa, Muffins & Armchair Travel

10:30am **Balloon Tennis**

11:00am **Sit & Fit with Legacy**

11:30am **LUNCH**

1:30pm Art & Crafts:

Canvas Creation

2:30pm Hors d'oeuvres & Frank Sinatra Music

3:00pm **BINGO!**

3:30pm **Singalong with Susie Q**

4:30pm **DINNER!**

Daily Activities Schedule Is Subject To Change

OASIS ACTIVITY SCHEDULE

TODAY IS

TUESDAY, JANUARY 28, 2025

10:00am Hot Cocoa, Muffins & Armchair Travel

10:30am **Baking Club**

11:00am Table Tennis



11:30am **LUNCH!**

1:30pm Walking Club

2:30pm Hors d'oeuvres and Elvis Presley Music

3:00pm **Jigsaw Puzzles**

3:30pm Pop Corn & Movie:

The American President, 1955(Part 1)

4:30pm **DINNER!**

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OASIS ACTIVITY SCHEDULE

TODAY IS

WEDNESDAY, JANUARY 29, 2025

10:00am Hot Cocoa, Muffins & Armchair Travel

10:30am **Senior Soccer Social**

11:00am **Balance & Motion with Michael**

12:00m **LUNCH!**

1:30pm **Golden Oasis: Senior Spa Experience**

2:30pm **Hors d'oeuvres & Mozart**

3:00pm **Finish the Expressions**

3:30pm **Winter BINGO!**

4:30pm **DINNER!**

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OASIS ACTIVITY SCHEDULE

TODAY IS

THURSDAY, JANUARY 30, 2025

10:00am Hot Cocoa, Muffins & Armchair Travel

10:30am **Air Hockey Game**

11:00am Seated Exercises with Alba

11:30m **LUNCH!**

1:30pm **Scenic Van Ride** (*Weather Permitting*)

2:30pm Putting golf with Care Team

3:00pm Hors d'oeuvres & Music /Care Team

3:30pm **Cooking Competition:**

Mac & Cheese

4:30pm **DINNER!**

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TODAY IS

FRIDAY, JANUARY 31, 2025

10:00am Hot Cocoa, Muffins & Armchair Travel

10:30am **Balance & Motion with Michael**

11:30am **Walk and Talk**

12:00pm to 1:00 pm

**LUNCH BUNCH AT THE Assisted Living
Dining Room!**

1:00pm **Communion and Prayers**

2:00 pm **Queen's High Tea**



Tea Time

2:30pm Hors d'oeuvres & Andre Rieu

3:00pm **Pleasant face exercises!**

3:30pm Pop Corn & Movie:

The American President, 1995 (Part 1)

4:30pm **DINNER!**

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OASIS ACTIVITY SCHEDULE

TODAY IS

SATURDAY, FEBRUARY 1, 2025

9:00am Walking Club

10:00am Hot Cocoa, Muffins & Armchair Travel

10:30am **Seated Morning Stretch**

11:00am **Balloon Tennis**

11:30am **LUNCH!**

1:30pm **Classic Show: Bonanza!** *(Prime Video)*

Season 1, Episode 9: Courtship - 49min

2:30pm Hors d'oeuvres with 50s Music

3:00pm **Jigsaw Puzzles**

3:30pm **BINGO!**

4:30pm **DINNER!**

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OASIS ACTIVITY SCHEDULE

TODAY IS

SUNDAY, FEBRUARY 2, 2025

9:00am Walking Club

10:00am Hot Cocoa, Muffins & Armchair Travel

10:30am **Seated Morning Stretch**

11:00am Live Stream – Washington National Cathedral

11:30m **LUNCH**

1:30pm **Crossword: Finish the Proverbs**

2:30pm **Hors d'oeuvres with Elvis Presley**

3:00pm **Match the Song's Lyrics w/ Singalong**

3:30pm **Winter BINGO!**

4:30pm **DINNER!**

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