

Daily Activities Schedule Is Subject To Change. Check with concierge for changes that may occur. Concierge- 202-349-3400, Jordan Asrat ~ Director of Activities ~ 202- 660-7881 ~ Email- yasrat1@jhmi.edu (Please ask your Care Manager if you need a mask) Commons (A) = Movie Side & Commons (B) = Piano Side

Monday, March 24, 2025

- ❖ **10:00am Trivia with Makayla** *Library
- ❖ **11:00am Balance and Motion** *Commons

“Michael Rosengart”

NCSF Certified Personal Trainer. Strength Coach, Prehab Specialist

- ❖ **1:30pm Lewis & Clark: The Journey of the Corps of Discovery** *Commons

Sent by President Thomas Jefferson to find the Northwest Passage, Meriwether Lewis and William Clark led the most important expedition in American history. This extraordinary film tells the remarkable story of the entire Corps of Discovery.

S1 E1 - Episode 1–1 hour 45 min

Follow the challenges, frustrations and anxiety that faced the Corps of Discovery -- their encounters with Native Americans, the new animals and plant life they discovered and their crossing of the Continental Divide.

Streaming Amazon Prime Video

- Year 1997
- Director Ken Burns
- Genres Documentary.

- ❖ **2:00pm Crossword** *Library
- ❖ **3:00pm Afternoon Social** *Library
- ❖ **3:00pm Bingo with Makayla** *Commons

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Tuesday, March 25, 2025

- ❖ **10:00am Trivia with Adela** ***Library**
- ❖ **11:00am Tai Chi** ***Commons**
"Heong Tchen (also known as Chen)
Tai Chi Master Instructor
- ❖ **1:30pm Scenic Van Ride** (Weather Permitting - Sign Up with Concierge)

Cherry Blossom Tour at Tidal Basin

Bus Loading & Departure Schedule:

- 1:10pm - Wheelchair & Transfer residents – Meet in the Bistro @ 1:10pm
- 1:20pm -Walk on the bus residents - Meet in the Bistro @ 1:20pm
- 1:30pm - Bus will depart
- Arrive 5 minutes before your scheduled loading time

- ❖ **3:00pm Afternoon Social** ***Library**
- ❖ **3:30pm Art Lecture: Streaming** ***Commons**

The World's Greatest Paintings

The broadcaster and journalist Andrew Marr examines the stories behind some of the most famous works of art ever devised. Why were these pieces created and what makes them, in particular, so eternally fascinating? How much did the lives of the artists, and the society and environment they worked in, influence the paintings? Get ready to see truly iconic images in a whole new light.

[S1 E1 - Mona Lisa by Leonardo Da Vinci 44 min](#)
[Documentary, Arts, Entertainment, and Culture.](#)

- ❖ **6:45pm Resident Led Discussion Group:**
A film: “American Diplomats”
Discussion Led by Mark Edwards

[In the Commons : All Residents are welcome to Join](#)

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Wednesday, March 26, 2025

- ❖ **10:00am Trivia with Adela** * **Library**
- ❖ **11:00am Resident Forum** * **Commons**

Join us for the Resident Forum—your chance to let your voice be heard! All are welcome to share feedback, ask questions, and hear updates from every department manager.

We want to hear from you!

- ❖ **1:30pm September 5** * **Commons**

OSCAR® nominee

The 1972 Munich Olympic hostage crisis involving Israeli athletes as seen through the eyes of the ABC Sports crew covering the event.

Streaming Amazon Prime Video – 01 hr, 34 min

- Year 2024
- Directors Tim Fehlbaum
- Starring Peter Sarsgaard, John Magaro, Ben Chaplin,
- Genres Suspense. Historical, Sports

- ❖ **2:00pm Indoor/Outdoor Walking Club with Adela**
Meet me in the Library

- ❖ **3:00pm Afternoon Social** * **Library**
- ❖ **3:30pm Balloon tennis** * **Library**
- ❖ **4:30pm Cocktail Hour** * **Bistro**

Featuring themed Cocktail & Wine & Beer

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Thursday, March 27, 2025

- ❖ **10:00am The Great American Trivia** * **Library**

- ❖ **11:00am Tech Support with Jordan**
 - For all tech support requests, please contact the Concierge at 202-349-3400.
 - Routine Tech Support Schedule Every Tuesday & Thursday between 11 AM and 4 PM. Max 30 min per resident.

- ❖ **11:00am Balance and Motion** * **Commons**

“Michael Rosengart”
NCSF Certified Personal Trainer. Strength Coach, Prehab Specialist

- ❖ **1:30pm Bridge Club** * **Bistro**

- ❖ **2:00pm Dominoes** * **Bistro**

- ❖ **3:00pm Afternoon Social** * **Library**

- ❖ **3:30pm Sing-Along** * **Library**

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Friday, March 28, 2025

- ❖ 10:00am Trivia Quiz *Library
- ❖ 11:00am Seated Exercise with Legacy *Commons
- ❖ 1:00pm Catholic Mass *Chapel

Father Andrews

[Our Lady of Victory Catholic Church](#)

❖ 1:30pm **Shopping Trip (The Shops at Sumner Place)**

Deadline to Sign up with concierge is – (9:00 am on Tuesday)

- Residents will have 1 hour to shop.
- Bus Drop off & Pick Up location- Safeway Grocery Store

Bus Loading and Departure Schedule

- 1:10pm - Wheelchair & Transfer residents – Meet in the Bistro @ 1:10pm
- 1:20pm -Walk on the bus residents - Meet in the Bistro @ 1:20pm
- 1:30pm - Bus will depart –arrive 5 minutes before scheduled loading time

- ❖ 2:00pm Word Find *Library
- ❖ 3:00pm Afternoon Social *Library
- ❖ 3:30pm Bingo with Adela *Commons
- ❖ 7:00pm **September 5** *Commons

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Saturday, March 29, 2025

- ❖ **10:00am Trivia Quiz** ***Library**
- ❖ **11:00am Seated Exercise Class with Ash** ***Commons**
- ❖ **1:00pm September 5** ***Commons**

OSCAR® nominee

The 1972 Munich Olympic hostage crisis involving Israeli athletes as seen through the eyes of the ABC Sports crew covering the event.

Streaming Amazon Prime Video – 01 hr, 34 min

- Year 2024
- Directors Tim Fehlbaum
- Starring Peter Sarsgaard, John Magaro, Ben Chaplin,
- Genres Suspense. Historical, Sports

- ❖ **1:30pm Bridge Club** ***Bistro**
- ❖ **2:00pm Dominoes** ***Bistro**
- ❖ **3:00pm Afternoon Social** ***Library**
- ❖ **3:30pm Bingo with Adela** ***Commons**
- ❖ **4:30pm COCKTAIL HOUR** ***Bistro**

Featuring themed Cocktail & Wine & Beer

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Sunday, March 30, 2025

- ❖ 10:00am Seated Exercise *Commons
- ❖ 11:00am Presbyterian Worship Service (Streaming) *Commons

11:30am – 1:30pm

Sunday Brunch

Location:

Dining Room



- ❖ 1:30 pm Festive Mozart *Commons
Concert from Salzburg

This performance was recorded during Mozart Week on January 27, 2006 in Salzburg, Austria, at the Großes Festspielhaus (Large Festival House) in celebration of Wolfgang Amadeus Mozart's 250th birthday. Under conductor Riccardo Muti, it features Thomas Hampson (baritone), Mitsuko Uchida (piano), Gidon Kremer (violin), Yuri Bashmet (viola), Wiener Singverein, and Wiener Philharmoniker.

Streaming: Amazon Prime Video – 1 hr, 48 min

- Year 2006
- Audio English
- Starring Wiener Singverein, Mitsuko Uchida, Yuri Bashmet, Riccardo Muti,
- Genres Arts, Entertainment, and Culture

- ❖ 3:00pm Afternoon Social *Library
- ❖ 3:30pm Word Find *Library