



OASIS ACTIVITY SCHEDULE
TODAY IS
MONDAY, MARCH 31, 2025

10:00am Hot Cocoa, Muffins & Armchair Travel

10:30am **Balloon Tennis**

11:00am **Sit & Fit with Legacy**

11:30am **LUNCH**

1:30pm Art & Crafts: **Sunflowers Poster
Group Activity**

2:30pm Hors d'oeuvres & Frank Sinatra Music

3:00pm **BINGO!**

3:30pm **Singalong with Susie Q**

4:30pm **DINNER!**



Daily Activities Schedule Is Subject To Change



OASIS ACTIVITY SCHEDULE
TODAY IS
TUESDAY, APRIL 1, 2025



10:00am Hot Cocoa, Muffins & Trivia:

“First Letter of the Month”

10:30am Baking Club

11:00am Table Tennis



11:30am LUNCH!

1:30pm Walking Club

2:30pm Hors d'oeuvres and Elvis Presley Music

3:00pm Jigsaw Puzzles

**3:30pm Popcorn & Movie: (Part 1)
“Across The Universe” 2007**

4:30pm DINNER!



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OASIS ACTIVITY SCHEDULE

TODAY IS

WEDNESDAY, APRIL 2, 2025



10:00am Hot Cocoa, Muffins & Armchair Travel

10:30am **Senior Soccer Social**

11:00am **Balance & Motion with Michael**

12:00pm **LUNCH!**

1:30pm **Golden Oasis: Senior Spa Experience**

2:30pm **Hors d'oeuvres & Mozart**

3:00pm **Finish the Expressions**

3:30pm **French Club (Club Français)**

4:00pm **French TV SHOW:**

The Favorite Village of the French

4:30pm **DINNER!**



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OASIS ACTIVITY SCHEDULE

TODAY IS

THURSDAY, APRIL 3, 2025



10:00am Hot Cocoa, Muffins & Armchair Travel

10:30am **Chair Bowling Fun**

11:00am **Seated Exercises with Alba**

11:30am **LUNCH!**

1:30pm **Scenic Van Ride** (*Weather Permitting*)

Cherry Blossom Tour at Kenwood neighborhood

3:00pm Hors d'oeuvres & Music /Care Team

3:30pm **An Evening at Broadway:**

**“Rachmaninoff: Piano Concerto no.2 op.18 -
Anna Fedorova - Complete Live Concert – HD”**

4:30pm **DINNER!**



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OASIS ACTIVITY SCHEDULE
TODAY IS
FRIDAY, APRIL 4, 2025



10:00am Hot Cocoa, Muffins & Armchair Travel

10:30am Balance & Motion with Michael

11:30am Walk and Talk

12:00pm to 1:00pm

Lunch Bunch at the Assisted Living
Dining Room!

1:00pm Communion and Prayers

2:00pm Queen's High Tea

Tea Time



2:30pm Hors d'oeuvres & Andre Rieu

3:30pm Movie: (Part 2)

“Across the Universe (2007)”

4:30pm **DINNER!**



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OASIS ACTIVITY SCHEDULE
TODAY IS
SATURDAY, APRIL 5, 2025

9:00am Walking Club

10:00am Hot Cocoa, Muffins & Armchair Travel

10:30am **Seated Morning Stretch**

11:00am **Balloon Tennis**

11:30am **LUNCH!**

1:30pm **Walking Club**

2:30pm Hors d'oeuvres with 50s Music

3:00pm **Jigsaw Puzzles**

3:30pm **Classic Show: *Bonanza!***

“Hopefuls”

Season 1, Episode 19: (49 min)

4:30pm **DINNER!**



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OASIS ACTIVITY SCHEDULE
TODAY IS
SUNDAY, APRIL 6, 2025

9:00am Walking Club

10:00am Hot Cocoa, Muffins & Armchair Travel

10:30am **Seated Morning Stretch**

11:00am Live Stream – Washington National Cathedral

11:30am **LUNCH**

1:30pm **Crossword: Finish the Proverbs**

2:30pm **Hors d'oeuvres with Elvis Presley**

3:00pm **Match the Song Lyrics with Singalong**

3:30pm **BINGO!**

4:30pm **DINNER!**



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