

Daily Activities Schedule Is Subject To Change. Check with concierge for changes that may occur. Concierge- 202-349-3400, Jordan Asrat ~ Director of Activities ~ 202- 660-7881 ~ Email- yasrat1@jhmi.edu (Please ask your Care Manager if you need a mask) Commons (A) = Movie Side & Commons (B) = Piano Side

Monday, April 7, 2025

❖ **11:00am** **Balance and Motion** ***Commons**

“Michael Rosengart”

NCSF Certified Personal Trainer. Strength Coach, Prehab Specialist

❖ **1:30pm** **Art Lecture: Streaming** ***Commons**

The World's Greatest Painting

The broadcaster and journalist Andrew Marr examines the stories behind some of the most famous works of art ever devised. Why were these pieces created and what makes them, in particular, so eternally fascinating? How much did the lives of the artists, and the society and environment they worked in, influence the paintings? Get ready to see truly iconic images in a whole new light.

S1 E3 - The Fighting Temeraire by JMW Turner 44 min

Documentary, Arts, Entertainment, and Culture.

❖ **2:00pm** **Crosswords** ***Library**

❖ **3:00pm** **Afternoon Social** ***Library**

❖ **3:00pm** **Bingo with Jordan** ***Commons**

❖ **4:30pm** **Cocktail Hour** ***Bistro**

Featuring themed Cocktail & Wine & Beer

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Tuesday, April 8, 2025

- ❖ **10:00am Trivia with Jordan** ***Library**
- ❖ **11:00am Tai Chi** ***Commons**
"Heong Tchen (also known as Chen)
Tai Chi Master Instructor
- ❖ **11:00am Tech Support with Jordan**
 - For all tech support requests, please contact the Concierge at 202-349-3400 between 11 AM and 4 PM.
- ❖ **1:30pm Scenic Van Ride**
(Cherry Blossom Tour at Tidal Basin)
Weather Permitting & Must Sign up with Concierge By 12pm on Monday
Bus Loading & Departure Schedule:
 - 1:10pm - Wheelchair & Transfer residents – Meet in the Bistro @ 1:10pm
 - 1:20pm - Walk-on-the-bus residents- Meet in the Bistro @ 1:20pm
 - 1:30pm - Bus will depart
 - Arrive 5 minutes before your scheduled loading time
- ❖ **3:00pm Afternoon Social** ***Library**
- ❖ **3:00pm The Federalist Project Meetup** ***Commons**
- ❖ **6:45pm Resident Led Discussion Group:**
Family Legacy by Elio Battaglia
In the Commons: All Residents are welcome to Join.

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Wednesday, April 9, 2025

- ❖ **10:00am The Great American Trivia** * **Library**
- ❖ **11:00am Sit and Fit** * **Commons**

“Owen Lentz”

- ❖ *Corrective exercise specialist and former pro rugby player; represented USA (2007) and South Africa (2000) in World Cups.*

- ❖ **1:00pm A Complete Unknown** * **Commons**

New York, 1961. A young Bob Dylan (Timothée Chalamet) arrives with his guitar and revolutionary talent, forging relationships with music icons on his meteoric rise which culminates in a groundbreaking and controversial performance that reverberates worldwide.

Streaming Amazon Prime Video – 02 hr, 21 min

- Year 2024
- Directors James Mangold
- Starring Timothée Chalamet, Edward Norton, Elle Fanning, Monica
- Genres Drama.

- ❖ **2:00pm Indoor/Outdoor Walking Club with Adela**
Meet me in the Library.

- ❖ **3:00pm Afternoon Social** * **Library**
- ❖ **3:00pm The Federalist Project Meetup** * **Commons**
- ❖ **3:30pm Balloon Tennis** * **Library**
- ❖ **4:30pm Cocktail Hour** * **Bistro**

Featuring themed Cocktail & Wine & Beer

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Thursday, April 10, 2025

- ❖ **10:00am The Great American Trivia** * **Library**
- ❖ **11:00am Tech Support with Jordan**
 - For all tech support requests, please contact the Concierge at 202-349-3400 between 11 AM and 4 PM.
- ❖ **11:00am Balance and Motion** * **Commons**
“Michael Rosengart”
NCSF Certified Personal Trainer. Strength Coach, Prehab Specialist
- ❖ **1:30pm Sip and Paint** * **Commons**
- ❖ **1:30pm Bridge Club** * **Bistro**
- ❖ **1:30pm Grand Oaks Book Club** * **Commons**
*Where words come to life! All are welcome!
Even if you haven't read the book!*
- ❖ **2:00pm Dominoes** * **Bistro**
- ❖ **3:00pm Afternoon Social** * **Library**
- ❖ **3:30pm Sing Along** * **Library**

6:45pm In the 2nd Floor Country Kitchen
South Side across from the elevators

Pizza and meet and greet.

Come and meet your New Neighbors

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Friday, April 11, 2025

- ❖ 10:00am Trivia Quiz *Library
- ❖ 11:00am Seated Exercise with Legacy *Commons
- ❖ 1:00pm Catholic Mass *Chapel

Father Andrews

Our Lady of Victory Catholic Church

- ❖ 1:30pm **Shopping Trip (The Shops at Sumner Place)**
Deadline to Sign up with concierge is – (9:00 am on Tuesday)

- Residents will have 1 hour to shop.
- Bus Drop off & Pick UP location- Safeway Grocery Store

Bus Loading & Departure Schedule

- 1:10pm - Wheelchair & Transfer residents – Meet in the Bistro @ 1:10pm
- 1:20pm -Walk on the bus residents - Meet in the Bistro @ 1:20pm
- 1:30pm - Bus will depart –arrive 5 minutes before your scheduled loading time

- ❖ 2:00pm Word Find *Library
- ❖ 3:00pm Afternoon Social *Library
- ❖ 3:30pm Bingo with Adela *Commons
- ❖ 7:00pm A Complete Unknown *Commons

New York, 1961. A young Bob Dylan (Timothée Chalamet) arrives with his guitar and revolutionary talent, forging relationships with music icons on his meteoric rise which culminates in a groundbreaking and controversial performance that reverberates worldwide.

Streaming Amazon Prime Video – 02 hr, 21 min

- Year 2024
- Directors James Mangold
- Starring Timothée Chalamet, Edward Norton, Elle Fanning, Monica
- Genres Drama

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Saturday, April 12, 2025

- ❖ **10:00am Trivia Quiz** *Library
- ❖ **11:00am Seated Exercise Class with Ash.** *Commons
- ❖ **1:00pm A Complete Unknown** *Commons
- New York, 1961. A young Bob Dylan (Timothée Chalamet) arrives with his guitar and revolutionary talent, forging relationships with music icons on his meteoric rise which culminates in a groundbreaking and controversial performance that reverberates worldwide. Warning: Some flashing-lights scenes in this film may affect photosensitive viewers.
- Streaming Amazon Prime Video – 02 hr, 21 min**
- Year 2024
 - Directors James Mangold
 - Starring Timothée Chalamet, Edward Norton, Elle Fanning, Monica
 - Genres Drama.
- ❖ **1:30pm Bridge Club** *Bistro
- ❖ **2:00p Dominoes** *Bistro
- ❖ **3:00pm Afternoon Social** *Library
- ❖ **3:30pm Bingo with Adela** *Commons
- ❖ **4:30pm COCKTAIL HOUR** *Bistro
- Featuring themed Cocktail & Wine & Beer**

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Sunday, April 13, 2025

❖ 10:00am Seated Exercise *Commons

❖ 11:00am Presbyterian Worship Service (Streaming) *Commons

11:30am – 1:30pm

Sunday Brunch

Location:

Dining Room



❖ 1:00 pm Europa Concert 2002 - Palermo *Commons

The town of Palermo was lit up, and Claudio Abbado revealed his strong Sicilian roots to all his followers. Viewers of this concert, broadcast across all of Europe, were inspired to see the maestro so relaxed, gesticulating so emphatically. Concert.

Streaming: Amazon Prime Video – 1 hr, 25 min

- Year 2002
- Audio English
- Starring Claudio Abbado, Gil Shaham, Berliner
- Genres Arts, Entertainment, and Culture, Music Videos & Concerts

❖ 3:00pm Afternoon Social *Library

❖ 3:30pm Word Find *Library