

Daily Activities Schedule Is Subject To Change. Check with concierge for changes that may occur. Concierge- 202-349-3400, Jordan Asrat ~ Director of Activities ~ 202- 660-7881 ~ Email- yasrat1@jhmi.edu (Please ask your Care Manager if you need a mask) Commons (A) = Movie Side & Commons (B) = Piano Side

Monday, April 21, 2025

❖ 11:00am **Balance and Motion** *Commons

“Michael Rosengart”

NCSF Certified Personal Trainer. Strength Coach, Prehab Specialist

❖ 1:30pm **The Statue of Liberty** *Commons

OSCAR® nominee

For nearly 140 years, the Statue of Liberty has been a symbol of hope and refuge for generations of immigrants. In this compelling and provocative portrait, Ken Burns explores both the history of America’s symbol and the meaning of liberty itself. Fully restored in high definition the film features archival photographs, rare motion pictures, drawings, paintings, and contemporary cinematography.

Streaming Amazon Prime Video – 1 hr. (13+)

- **Year** 1985
- **Director** Ken Burns
- **Genres** Documentary, Historical
- **Cast** David McCullough, Jeremy Irons, Derek Jacobi, Paul Roebing,

❖ 2:00pm **Dominoes** *Bistro

❖ 3:00pm **Afternoon Social** *Library

❖ 3:00pm **Bingo with Jordan** *Commons

❖ 4:30pm **COCKTAIL HOUR** *Bistro

Featuring themed Cocktail & Wine & Beer

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Tuesday, April 22, 2025

- ❖ **10:00am** Trivia with Adela ***Library**
- ❖ **11:00am** Tai Chi ***Commons**
"Heong Tchen (also known as Chen) *Tai Chi Master Instructor*
- ❖ **1:30pm** Scenic Van Ride (Weather Permitting)
(Pennsylvania Avenue NW in Washington, D.C.)
- Sign up with Concierge By 12pm on Monday
 - Bus Loading & Departure Schedule:
 - 1:10pm - Wheelchair & Transfer residents – Meet in the Bistro @ 1:10pm
 - 1:20pm - Walk-on-the-bus residents- Meet in the Bistro @ 1:20pm
 - 1:30pm - Bus departs-Arrive 5min. before your scheduled loading time
- ❖ **3:00pm** Afternoon Social ***Library**
- ❖ **3:30pm** Art Lecture: Streaming ***Commons**
Renaissance: The Transformation of the West
- In the 48 lectures of Renaissance: The Transformation of the West, award-winning Professor Jennifer McNabb guides you through centuries of exhilarating change in Europe, focusing on often-unexplored or overlooked areas, including the role of women in the Renaissance, the lives of the poor and elite, Renaissance home and family life, and the connections between the Renaissance and the Reformation.
- 1 Season 48 Episodes. – Each week we will stream 2 to 3 episodes**
S1 E1 - The Spirit of Renaissance, S1 E2 - Rebirth: Classical Values Made New, and S1 E3 - The Medieval Roots of Italian Renaissance
Documentary, Arts, Entertainment, and Culture.
- ❖ **6:15pm** **CIVIC VOICES** (*Resident Led Group Meet up*)
Guest Speaker: Arthur B. Spitzer, Senior Counsel
From American Civil Liberties Union of the District of DC
In the Commons Room: All Residents are welcome to join.

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Wednesday, April 23, 2025

- ❖ **10:00am The Great American Trivia** * **Library**
- ❖ **11:00am Sit and Fit with** * **Commons**
“Owen Lentz”
Corrective exercise specialist and former pro rugby player; represented USA (2007) and South Africa (2000) in World Cups
- ❖ **1:30pm Mr. Smith Goes To Washington** * **Commons**
Producer director Frank Capra's classic comedy-drama, considered by many to be his greatest achievement in film James Stewart established himself as a leading actor with this role as a naive junior Senator battling corruption in Washington. 11 Academy Award nominations.
Streaming Amazon Prime Video – 2 hr, 4 min- (13+)
- Year 1939
 - Directors Frank Capra
 - Starring James Stewart, Jean Arthur, Claude Rains
 - Genres Comedy, Emotional, Serious, Inspiring
- ❖ **2:00pm Indoor/Outdoor Walking Club with Adela**
Meet me in the Library
- ❖ **3:00pm Afternoon Social** * **Library**
- ❖ **3:30pm Balloon tennis** * **Library**
- ❖ **4:30pm Cocktail Hour** * **Bistro**

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Thursday, April 24, 2025

❖ **10:00am The Great American Trivia** * Library

❖ **11:00am Tech Support with Jordan**

- For all tech support requests, please contact the Concierge at 202-349-3400 between 11 AM and 4 PM.

❖ **11:00am Balance and Motion** *Commons

“Michael Rosengart”

NCSF Certified Personal Trainer. Strength Coach, Prehab Specialist

❖ **1:00pm Sip and Paint** *Commons

❖ **1:15pm Bridge Club** *Bistro

2:00pm In the Commons

Monthly Resident Forum

Join us for the Resident Forum—your chance to let your voice be heard! All are welcome to share feedback, ask questions, and hear updates from every department manager.

We want to hear from you!

❖ **3:00pm Afternoon Social** *Library

❖ **3:30pm Sing Along** * Library

New Mitch Miller Music

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Friday, April 25, 2025

- ❖ 10:00am **Trivia Quiz** *Library
- ❖ 11:00am **Seated Exercise with Legacy** *Commons
- ❖ 1:00pm **Catholic Mass** *Chapel

Father Andrews

Our Lady of Victory Catholic Church

- ❖ 2:00pm **Word Find** *Library
- ❖ 3:00pm **Afternoon Social** *Library
- ❖ 3:30pm **Bingo with Adela** *Commons
- ❖ 7:00pm **Mr. Smith Goes To Washington** *Commons

Producer director Frank Capra's classic comedy-drama, considered by many to be his greatest achievement in film James Stewart established himself as a leading actor with this role as a naive junior Senator battling corruption in Washington. 11 Academy Award nominations.

Streaming Amazon Prime Video – 2 hr, 4 min- (13+)

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Saturday, April 26, 2025

- ❖ **10:00am Trivia Quiz** *Library
- ❖ **11:00am Seated Exercise Class with Ash.** *Commons
- ❖ **1:00pm Mr. Smith Goes To Washington** *Commons
Producer director Frank Capra's classic comedy-drama, considered by many to be his greatest achievement in film James Stewart established himself as a leading actor with this role as a naive junior Senator battling corruption in Washington. 11 Academy Award nominations.
- Streaming Amazon Prime Video – 2 hr, 4 min- (13+)**
- Year 1939
 - Directors Frank Capra
 - Starring James Stewart, Jean Arthur, Claude Rains
 - Genres Comedy, Emotional, Serious, Inspiring
- ❖ **1:30pm Bridge Club** *Bistro
- ❖ **2:00p Dominoes** *Bistro
- ❖ **3:00pm Afternoon Social** *Library
- ❖ **3:30pm Bingo with Adela** *Commons
- ❖ **4:30pm COCKTAIL HOUR** *Bistro

Featuring themed Cocktail & Wine & Beer

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Sunday, April 27, 2025

- ❖ **10:00am Seated Exercise** *Commons
- ❖ **11:00am Presbyterian Worship Service (Streaming)** *Commons

11:30am – 1:30pm

Sunday Brunch

Location:

Dining Room



- **1:30 pm Festive Mozart** *Commons
- ### **Concert from Salzburg**

This performance was recorded during Mozart Week on January 27, 2006 in Salzburg, Austria, at the Großes Festspielhaus (Large Festival House) in celebration of Wolfgang Amadeus Mozart's 250th birthday. Under conductor Riccardo Muti, it features Thomas Hampson (baritone), Mitsuko Uchida (piano), Gidon Kremer (violin), Yuri Bashmet (viola), Wiener Singverein, and Wiener Philharmoniker.

Streaming: Amazon Prime Video – 1 hr, 48 min

- Year 2006
- Audio English
- Starring Wiener Singverein, Mitsuko Uchida, Yuri Bashmet,
- Genres Arts, Entertainment, & Culture , Music Videos and Concerts

- ❖ **3:00pm Afternoon Social** *Library
- ❖ **3:30pm Word Find** *Library