

*Daily Activities Schedule Is Subject To Change. Check with concierge for changes that may occur. Concierge- 202-349-3400,
Jordan Asrat ~ Director of Activities ~ 202- 660-7881 ~ Email- yasrat1@jhmi.edu
(Please ask your Care Manager if you need a mask) Commons (A) = Movie Side &
Commons (B) = Piano Side*

Monday, May 5, 2025

❖ 11:00am **Balance and Motion** ***Commons**

“Michael Rosengart”

NCSF Certified Personal Trainer. Strength Coach, Prehab Specialist

❖ 1:30pm **Benjamin Franklin:** ***Commons**

A Film by Ken Burns- S1 E1 - “Join or Die” (1706-1774)

Ken Burns’s four-hour documentary, Benjamin Franklin, explores the revolutionary life of one of the 18th century’s most consequential and compelling personalities, whose work and words unlocked the mystery of electricity and helped create the United States. “Write things worth reading,” he said in Poor Richard’s Almanack, “or do things worth the writing.” Benjamin Franklin did both.

Streaming Amazon Prime Video – 1 hr. 31 min. (16+)

- **Year** 2022
- **Director** Ken Burns, David Schmidt
- **Genres** Documentary.
- **Cast** Peter Coyote, Mandy Patinkin, Carolyn McCormack, Josh Lucas, Liam Neeson, David Quay, Craig Mellish, Paul Giamatti, Joe Morton, Adam Arkin, Tony Beck.

❖ 2:00pm **Dominoes** ***Bistro**

❖ 3:00pm **Afternoon Social** ***Library**

❖ 4:30pm **COCKTAIL HOUR** ***Bistro**

Featuring themed Cocktail & Wine & Beer

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Tuesday, May 6, 2025

- ❖ 10:00am Trivia with Adela *Library
- ❖ 11:00am Tai Chi *Commons
"Heong Tchen (also known as Chen) *Tai Chi Master Instructor*
- ❖ 1:30pm Scenic Van Ride (Weather Permitting)
(Rock Creek Park Byway in Washington, D.C.)
- Sign up with Concierge By 12pm on Monday
 - Bus Loading & Departure Schedule:
 - 1:10pm - Wheelchair & Transfer residents – Meet in the Bistro @ 1:10pm
 - 1:20pm - Walk-on-the-bus residents- Meet in the Bistro @ 1:20pm
 - 1:30pm - Bus departs-Arrive 5min. before your scheduled loading time
- ❖ 3:00pm Afternoon Social *Library
- ❖ 3:30pm Art Lecture: Streaming *Commons
Renaissance: The Transformation of the West
The Transformation of the West, award-winning Professor Jennifer McNabb guides you through centuries of exhilarating change in Europe, focusing on often-unexplored or overlooked areas, including the role of women in the Renaissance, the lives of the poor and elite, Renaissance home and family life, and the connections between the Renaissance and the Reformation.
1 Season 48 Episodes. – Each week we will stream 2 to 3 episodes
S1 E7 - Renaissance Rome and the Papal States, S1 E8 - Renaissance Italy's
Documentary, Arts, Entertainment, and Culture.
- 6:45pm- **In the Commons: All Residents are welcome to join**
An Insider's Look at the United Nations
Presentation by Ambassador Edward Marks

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Wednesday, May 7, 2025

- ❖ **10:00am The Great American Trivia** * **Library**
- ❖ **11:00am Sit and Fit with** * **Commons**
“Owen Lentz”
Corrective exercise specialist and former pro rugby player; represented USA (2007) and South Africa (2000) in World Cups
- ❖ **1:00pm The Pink Panther** * **Commons**
Steve Martin is hilarious as the hapless French Inspector Jacques Clouseau in this frantic farce centering on the search for a priceless stolen diamond.
Streaming Amazon Prime Video – 1 hr, 28 min- (G)
- Year 2006
 - Directors Shawn Levy
 - Starring Steve Martin, Kevin Kline, Jean Reno
 - Genres Adventure, Comedy, Outlandish, Strange.
- ❖ **2:00pm Indoor/Outdoor Walking Club with Adela**
Meet me in the Library
- ❖ **3:00pm Afternoon Social** * **Library**
- ❖ **3:30pm Balloon tennis** * **Library**
- ❖ **4:30pm Cocktail Hour** * **Bistro**
Featuring themed Cocktail & Wine & Beer

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Thursday, May 8, 2025

- ❖ **10:00am The Great American Trivia** * Library
- ❖ **11:00am Tech Support with Jordan**
 - For all tech support requests, please contact the Concierge at 202-349-3400 between 11 AM and 4 PM.
- ❖ **11:00am Balance and Motion** *Commons
“Michael Rosengart”
NCSF Certified Personal Trainer. Strength Coach, Prehab Specialist
- ❖ **1:30pm Sip and Paint** *Commons
- ❖ **1:30pm Bridge Club** *Bistro
- ❖ **1:30pm Resident Led Book Club** *Commons
Continuation of the discussion on
Pompeii by Robert Harris
- ❖ **2:00pm Dominoes** * Bistro
- ❖ **3:00pm Afternoon Social** *Library
- ❖ **3:30pm Sing Along** * Library
New Mitch Miller Music

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Friday, May 9, 2025

- ❖ **10:00am Trivia Quiz** *Library
- ❖ **11:00am Seated Exercise with Legacy** *Commons
- ❖ **1:00pm Catholic Mass** *Chapel

Father Andy Gonzalo **Our Lady of Victory Catholic Church**

- ❖ **1:30pm Shopping Trip**
Deadline to Sign up with concierge is – (9:00 am on Tuesday)
 - Residents will have 1 hour to shop.
 - Bus Drop off & Pick-Up location- Safeway Grocery Store**Bus Loading & Departure Schedule**
 - 1:10pm - Wheelchair & Transfer residents – Meet in the Bistro @ 1:10pm
 - 1:20pm -Walk on the bus residents - Meet in the Bistro @ 1:20pm
 - 1:30pm - Bus will depart – Arrive 5 minutes before your scheduled loading time

- ❖ **2:00pm Word Find** *Library
- ❖ **3:00pm Afternoon Social** *Library
- ❖ **3:30pm Bingo with Adela** *Commons

- ❖ **7:00pm The Pink Panther** *Commons
Steve Martin is hilarious as the hapless French Inspector Jacques Clouseau in this frantic farce centering on the search for a priceless stolen diamond.

Streaming Amazon Prime Video – 1 hr, 28 min- (G)

- Year 2006
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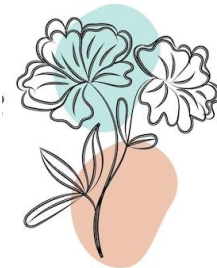
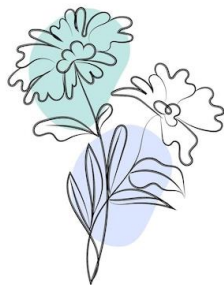
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Saturday, May 10, 2025

- ❖ **10:00am Trivia Quiz** *Library
- ❖ **11:00am Seated Exercise Class with Ash.** *Commons
- ❖ **1:00pm *The Pink Panther*** *Commons
Steve Martin is hilarious as the hapless French Inspector Jacques Clouseau in this frantic farce centering on the search for a priceless stolen diamond.
Streaming Amazon Prime Video – 1 hr, 28 min- (G)
- Year 2006
 - Directors Shawn Levy
 - Starring Steve Martin, Kevin Kline, Jean Reno
 - Genres Adventure, Comedy, Outlandish, Strange.
- ❖ **1:30pm Bridge Club** *Bistro
- ❖ **2:00p Dominoes** *Bistro
- ❖ **3:00pm Afternoon Social** *Library
- ❖ **3:30pm Bingo with Adela** *Commons
- ❖ **4:30pm COCKTAIL HOUR** *Bistro

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Sunday, May 11, 2025

♥ HAPPY ♥

Mothers Day

❖ **11:00am** Presbyterian Worship Service (Streaming) *Commons

11:30am – 1:30pm

Mother's Day Brunch

Location:

Dining Room & Courtyard
Live Music in the Courtyard



❖ **2:30pm** **La Bohème** *Commons

Richard Jones captures the blend of tragedy and comedy in La Bohème, and provides an analysis of Puccini's young would-be artists and their lovers.

Streaming: Amazon Prime Video – 1 hr, 59 min

- Year 2020
- Audio English
- Starring Sonya Yoncheva, Charles Castronovo, Andrzej Filończyk, Simona Mihai, Gyula Nagy, Peter Kellner.

❖ **3:00pm** **Afternoon Social** *Library