



OASIS ACTIVITY SCHEDULE



TODAY IS

MONDAY, FEBRUARY 16, 2026



10:00am **Muffins & Cocoa Morning**

10:30am **Balloon Tennis**

11:00am **Sit & Fit with Legacy**

12:00pm **LUNCH!**

1:30pm **Arts & Crafts:**

Red, White & Blue Abstract Art

2:45pm **Hors d'oeuvres & Frank Sinatra**

3:00pm **BINGO!**

3:30pm **SINGALONG WITH SUSIE Q**

5:00pm **DINNER!**

Daily Activities Schedule Is Subject To Change



OASIS ACTIVITY SCHEDULE



TODAY IS

TUESDAY, FEBRUARY 17, 2026

10:00am **Balance & Motion with Michael**

10:50am **Cool Down & Rehydrate**

11:00am *Reminiscing Talk*

12:00pm **LUNCH!**

1:30pm **WALKING CLUB**

2:30pm **Puzzles Club**

3:00pm **Hors d'oeuvres and Elvis Presley Music**

3:30pm **Movie: (Part 1)**

"The Odd Couple", 1970

One is neat, one is a slob. Both are divorced and need a place to stay. The arguments are endless but funny; it's like watching your parents fight.

5:00pm **DINNER!**

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OASIS ACTIVITY SCHEDULE



TODAY IS

WEDNESDAY, FEBRUARY 18, 2026

10:00am **Muffins & Cocoa Morning**

10:30am **Baking Club**

11:00am **Table Tennis**



12:00pm **LUNCH!**

1:30pm **Spa Session with Hand & Back Massage**

2:30pm **Finish the Expressions**

3:00pm **Hors d'oeuvres & Mozart**

3:30pm **Remembering Great Minds: *Confucius:***

The Real Man Behind the Legendary Ancient Philosopher

5:00pm **DINNER!**

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OASIS ACTIVITY SCHEDULE



TODAY IS

THURSDAY, FEBRUARY 19, 2026

10:00am **Balance & Motion with Michael**

10:50am **Cool Down & Rehydrate**

11:00am *Reminiscence Talk*

12:00pm **LUNCH!**

1:30pm *Scenic Van Ride (Weather Permitting)*
with Popcorn on The Road

3:00pm **Hors d'oeuvres & Music /Care Team**

3:30pm *Concert Screening:*

Giacomo Puccini - Tosca, complete opera

5:00pm **DINNER!**

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OASIS ACTIVITY SCHEDULE



TODAY IS

FRIDAY, FEBRUARY 20, 2026

10:00am **Muffins & Cocoa Morning**

10:30am Seated Exercises

11:00am *Armchair Travel*

12:00pm to 1:00 pm

LUNCH BUNCH AT THE Assisted Living
Dining Room!

1:00pm **Communion and Prayers**



Tea Time

2:00pm **Queen's High Tea**

3:00pm Hors d'oeuvres & Andre Rieu

3:30pm **Movie: (Part 2)**

"The Odd Couple", 1970

5:00pm **DINNER!**

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OASIS ACTIVITY SCHEDULE



TODAY IS

SATURDAY, FEBRUARY 21, 2026

10:00am **Morning Hot Cocoa Time**

10:30am **Seated Morning Stretch**

11:00am **Balloon Tennis**

12:00pm **LUNCH!**

1:30pm **Walking Club**

2:30pm **Jigsaw Puzzles**

3:00pm Hors d'oeuvres with 50s Music

3:30pm **Western Drama TV Show:**

When Calls the Heart “Rules of Engagement”

Season 1, Episode 11 – (49min)

5:00pm **DINNER!**

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OASIS ACTIVITY SCHEDULE



TODAY IS

SUNDAY, FEBRUARY 22, 2026

10:00am Morning Hot Cocoa Time

10:30am Seated Morning Stretch

11:00am Sunday's Mass Live Streaming (National Shrine DC)

12:00pm BRUNCH

1:30pm Crossword: Finish the Proverbs

2:30pm Match the Song's Lyrics w/ Singalong

3:00pm Hors d'oeuvres with Glen Miller

3:30pm BINGO!

5:00pm DINNER!

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