

*Daily Activities Schedule Is Subject to Change. Check with concierge for changes that may occur. Concierge- 202-349-3400,
Jordan Asrat ~ Director of Activities ~ 202- 660-7881 ~ Email- yasrat1@jhmi.edu
(Please ask your Care Manager if you need a mask) Commons (A) = Movie Side &
Commons (B) = Piano Side*

Monday, March 23, 2026

❖ **11:00am Tai Chi** ***Commons**
"Heong Chen" (also known as Chen)
Tai Chi Master Instructor

❖ **1:30pm The Vietnam War** ***Commons**
Ken Burns and Lynn Novick's ten-part documentary series, THE VIETNAM WAR, tells the epic story of one of the most consequential, divisive, and controversial events in American history. Not edited for television.
S1 E4 - Resolve (January 1966-June 1967) 1hr and 55 min.

- Year 2017
- Directors Ken Burns
- Starring Peter Coyote
- Genres Documentary, Historical.

❖ **2:00pm Dominoes** ***Bistro**

❖ **3:00pm Afternoon Social** ***Library**

3:30pm In the Clubroom

Tech Together: A Resident Tech Workshop

A hands-on workshop focused on everyday technology residents use in daily life. In partnership with the Legacy Rehab Team, we provide education and personalized support at all skill levels to build confidence and independence.

“Checking voicemail on your cell phone”

Led By: Jordan Asrat & The Legacy Rehab Team

❖ **4:30pm Cocktail Hour** ***Bistro**

Featuring themed Cocktail & Wine & Beer

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Tuesday, March 24, 2026

❖ **10:00am Trivia Quiz** ***Library**

❖ **11:00am Balance and Motion** ***Commons**

“Michael Rosengart”

NCSF Certified Personal Trainer. Strength Coach, Prehab Specialist

❖ **11:00am Tech Support with Jordan**

- For all tech support requests, please contact the Concierge at 202-349-3400 between 11 AM and 4 PM.

❖ **1:30pm Cherry Blossom Scenic Van Ride**
TIDAL BASIN

- Sign up with Concierge By 12pm on Monday
- Bus Loading & Departure Schedule:
 - 1:10pm - Wheelchair & Transfer residents – Meet in the Bistro @ 1:10pm
 - 1:20pm - Walk-on-the-bus residents - Meet in the Bistro @ 1:20pm
- 1:30pm - Bus Departs-Arrive 5min. before your scheduled loading time.

❖ **3:00pm Afternoon Social** ***Library**

❖ **3:30pm Art Lecture: Streaming** ***Commons**

The Ottoman Empire

Join Professor Kenneth W. Harl for The Ottoman Empire and investigate the nature of Ottoman identity, the achievements and oddities of the sultan’s court, and stories of confrontation and cooperation with the West.

S1 E31 - The Empire at Total War, 1914-1916 31 min.

& S1 E32 - Ottoman Collapse, 1916-1918 31 min.

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Wednesday, March 25, 2026

- ❖ **10:00am Trivia Quiz** ***Library**
- ❖ **11:00am Sit and Fit with** ***Commons**

“Owen Lentz”

Corrective exercise specialist and former pro rugby player. represented USA (2007) and South Africa (2000) in World Cups

- ❖ **1:30pm A Big Hand for the Little Lady** ***Commons**
- Academy Award-winners Henry Fonda, Joanne Woodward, and Jason Robards star in this sly comedy about a fateful poker game in the Old West that results in A Big Hand for the Little Lady.

Streaming Amazon Prime Video 1h 35 min.

- Year 1966
- Directors Fielder Cook
- Starring Henry Fonda, Joanne Woodward, Jason Robards
- Genres Western, Comedy.

- ❖ **1:30pm WATERCOLOR Painting** *** Clubroom**
- Instructor: JANICE NELSON, Grand Oaks Resident*

- ❖ **3:00pm Afternoon Social** ***Library**

- ❖ **3:30pm Bingo** ***Clubroom**

- ❖ **4:30pm Cocktail Hour** ***Bistro**

Featuring themed Cocktail & Wine & Beer

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Thursday, March 26, 2026

❖ **10:00am Trivia Quiz** ***Commons**

❖ **11:00am Tech Support with Jordan**

- For all tech support requests, please contact the Concierge at 202-349-3400 between 11 AM and 4 PM.

❖ **11:00am Balance and Motion** ***Commons**

“Michael Rosengart”

NCSF Certified Personal Trainer. Strength Coach, Prehab Specialist

❖ **1:30pm Dominoes** ***Bistro**

❖ **1:30pm Sip and paint** ***Clubroom**

❖ **2:00pm Resident Forum** ***Bistro**

All residents are invited to attend the Resident Council Forum to share feedback, ask questions, and hear updates from each department manager.

We value your input and look forward to hearing from you!

❖ **3:00pm Afternoon Social** ***Library**

❖ **3:30pm Word Find** ***Library**

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Friday, March 27, 2026

- ❖ **10:00am Trivia Quiz** *Library
- ❖ **11:00am Seated Exercise with Legacy** *Commons
- ❖ **1:00pm Catholic Mass** *Chapel

Father Andy

Our Lady of Victory Catholic Church

- ❖ **2:00pm Shopping Trip (Weather Permitting)**

Deadline to Sign up with concierge is 9:00 am on Friday.

• Residents will have 1 hour to shop. • Bus Drop off & Pick-Up location-Safeway Grocery Store

Bus Loading & Departure Schedule

- 1:10pm - Wheelchair & Transfer residents – Meet in the Bistro @ 1:10pm
- 1:20pm -Walk on the bus residents - Meet in the Bistro @ 1:20pm
- 1:30pm - Bus will depart – Arrive 5 minutes before your scheduled loading time

- ❖ **2:00pm Chain Link – A Race to the Bottom** * Library
- ❖ **3:00pm Afternoon Social** *Library
- ❖ **3:30pm Bingo** *Clubroom
- ❖ **7:30pm A Big Hand for the Little Lady** *Commons

Academy Award-winners Henry Fonda, Joanne Woodward, and Jason Robards star in this sly comedy about a fateful poker game in the Old West that results in A Big Hand for the Little Lady.

Streaming Amazon Prime Video 1h 35 min.

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Saturday, March 28, 2026

- ❖ **10:00am Trivia Quiz** ***Library**
- ❖ **11:00am Seated Strength and Mobility** ***Commons**
Alex: Certified Trainer
- ❖ **1:30pm A Big Hand for the Little Lady** ***Commons**
Academy Award-winners Henry Fonda, Joanne Woodward, and Jason Robards star in this sly comedy about a fateful poker game in the Old West that results in A Big Hand for the Little Lady.
- Streaming Amazon Prime Video 1h 35 min.**
- Year 1966
 - Directors Fielder Cook
 - Starring Henry Fonda, Joanne Woodward, Jason Robards
 - Genres Western, Comedy.
- ❖ **1:30pm Bridge Club** ***Bistro**
- ❖ **3:00pm Afternoon Social** ***Library**
- ❖ **3:30pm Word Find** ***Library**
- ❖ **4:30pm Cocktail Hour** ***Bistro**

Featuring themed Cocktail & Wine & Beer

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Sunday, March 29, 2026

❖ 10:00am Seated Exercise *Commons

❖ 11:00am Presbyterian Worship Service *Commons
(Streaming)

11:30am ~ 1:30pm

Sunday Brunch

Location:

Dining Room



❖ 2:30pm Bingo *Clubroom

❖ 3:00pm Afternoon Social *Library

❖ 3:30pm Jewels *Commons

The world-renowned Mariinsky Ballet presents an unmissable performance of George Balanchine's Jewels.

Streaming: Amazon Prime Video – 1hr, 31 min

- Year 2006
- Audio English
- Starring Mariinsky Ballet
- Genres Arts, Entertainment, and Culture